

List of All Chemicals

P Carum carvi (Apiaceae)

Common name(s)

Carum; Caraway; Kummel (Ger.); Comino de prado (Sp.); Comino (Sp.)

How used

Food

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

| Chemical | Part <input type="button" value="All"/> | Low PPM | High PPM | StdDev | *Reference |
|-----------------------|--|---|-------------|--------|------------|
| (+)-CARVONE | Seed | 9000.0 | 55760.0 | | * |
| Activities (2) | | | | | |
| Antialzheimeran? | | L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase. | | | |
| Anticholinesterase | | L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase. | | | |
| (+)-CARVONE | Seed Essent. Oil | -- | -- | | * |
| Activities (2) | | | | | |
| Antialzheimeran? | | L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase. | | | |
| Anticholinesterase | | L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase. | | | |
| (+)-CARVONE | Plant | -- | -- | | * |
| Activities (2) | | | | | |
| Antialzheimeran? | | L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase. | | | |
| Anticholinesterase | | L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase. | | | |
| (+)-CIS-CARVEOL | Seed Essent. Oil | -- | -- | | * |
| (+)-DIHYDROCARVEOL | Essential Oil | -- | 600.0 | | * |
| (+)-LIMONENE | Seed Essent. Oil | -- | -- | | * |
| (+)-TRANS-CARVEOL | Seed Essent. Oil | -- | -- | | * |
| (-)-CARVONE | Seed Essent. Oil | -- | -- | | * |
| (-)-CIS-CARVEOL | Seed Essent. Oil | -- | -- | | * |
| (-)-DIHYDROCARVONE | Essential Oil | -- | 10.0 | | * |
| (-)-LIMONENE | Seed Essent. Oil | -- | -- | | * |
| (-)-TRANS-CARVEOL | Seed Essent. Oil | -- | -- | | * |
| (E)-BETA-OCIMENE | Seed | -- | -- | | * |

| | | | | | |
|----------------------------|------|----|-----|-------|---|
| (E)-DIHYDROCARVONE | Seed | -- | -- | * | |
| (E)-P-MENTHA-2,8-DIEN-1-OL | Seed | -- | -- | * | |
| (Z)-BETA-OCIMENE | Seed | -- | -- | * | |
| (Z)-DIHYDROCARVONE | Seed | -- | -- | * | |
| (Z)-P-MENTHA-2,8-DIEN-1-OL | Seed | -- | -- | * | |
| 1,8-CINEOLE | Seed | -- | 0.1 | -0.71 | * |

Activities (67)

| | |
|--|--|
| (-)-Chronotropic 87 n/ml | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. |
| (-)-Inotropic 87 n/ml | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. |
| Acaricide LC100=6 uM | |
| Allelopathic | |
| Allergenic | |
| Anesthetic | |
| Anthelmintic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antiacetylcholinesterase IC50=41 ug/ml | |
| Antiallergic | J. Food Hyg. Soc. Jap. 33(6): 569. |
| Antibacterial 50 ppm | |
| Antibronchitic | |
| Anticariogenic | |
| Anticatarrh | Martindale's 29th |
| Anticholinesterase IC50=50-70 | |
| Antifatigue | |
| Antihalitosis | American Health, 12(4): 17, 1993. |
| Antiinflammatory | |
| Antilaryngitic | |
| Antinociceptive | |
| Antipharyngitic | |
| Antiplateau | |
| Antirheumatic | |
| Antirhinic | |
| Antiseptic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antisinusitic | |
| Antispasmodic | |
| Antistaphylococcic 50 ppm | |
| Antitussive | |
| Antiulcer | |
| CNS-Stimulant | |
| Candidicide | |
| Carcinogenic | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |
| Choleretic | |
| Convulsant | |
| Counterirritant | Martindale's 29th |
| Cytochrome-P450-Inducer | |
| Decongestant | |
| Degranulant 0.3 ul/ml | |
| Dentifrice | Martindale's 29th |
| Edemagenic inj | |
| Expectorant | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| FLavor FEMA 1-200 | Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry |
| Fungicide | |
| Gastroprotective | |
| Gram(+)-icide | |
| Gram(-)-icide | |
| Hepatotoxic | |
| Herbicide IC50=78 uM | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Hypotensive | |

| | |
|-------------------------------------|--|
| Inflammatory inj | |
| Insectifuge | |
| Irritant | Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp. |
| Myorelaxant | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp. |
| Nematicide | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. |
| Neurotoxic | |
| P450-Inducer | |
| Pediculicide 2.3 x pyrethrin | |
| Perfume | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Pesticide | |
| Rubefacient | Martindale's 29th |
| Secretogogue | |
| Sedative | |
| Spasmogenic | |
| Surfactant | |
| Testosterone-Hydroxylase-Inducer | |
| Transdermal | |
| Trichomonicide LD100=1,000 ug/ml | |

| | | | | |
|------------------------|------|-------|-------|---|
| 1-P-MENTHENE-6-AN-OL | Seed | 50.0 | 155.0 | * |
| 1-P-MENTHENE-8,9-DIOL | Seed | 40.0 | 125.0 | * |
| 2,4-HEXADIENAL | Seed | -- | -- | * |
| 2,8-P-MENTHADIENE-1-OL | Seed | 120.0 | 365.0 | * |
| 2,8-P-MENTHADIENE-6-OL | Seed | 110.0 | 330.0 | * |
| 2-METHYL-BENZALDEHYDE | Seed | -- | -- | * |
| 4-METHYL-BENZALDEHYDE | Seed | -- | -- | * |
| 5-METHOXY-PSORALEN | Seed | -- | -- | * |

| Activities (10) | | | | |
|---------------------|--|--|--|---|
| Antimutagenic | | | | Economic & Medicinal Plant Research, 6: 235. |
| Antipsoriac | | | | Martindale's 29th |
| Antitumor | | | | Economic & Medicinal Plant Research, 6: 189. |
| Antivitiilgic | | | | Economic & Medicinal Plant Research, 6: 189. |
| Cancer-Preventive | | | | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Carcinogenic? | | | | Martindale's 29th |
| Fungicide | | | | |
| Melaninogenic | | | | Economic & Medicinal Plant Research, 6: 189. |
| Melatoninogenic | | | | Medline (post 1990 searches filed in my computer) |
| Photodermatitigenic | | | | |

| | | | | |
|--------------------|-------|----|----|------------------|
| 5-METHOXY-PSORALEN | Plant | -- | -- | Wealth of India. |
|--------------------|-------|----|----|------------------|

| Activities (10) | | | | |
|---------------------|--|--|--|---|
| Antimutagenic | | | | Economic & Medicinal Plant Research, 6: 235. |
| Antipsoriac | | | | Martindale's 29th |
| Antitumor | | | | Economic & Medicinal Plant Research, 6: 189. |
| Antivitiilgic | | | | Economic & Medicinal Plant Research, 6: 189. |
| Cancer-Preventive | | | | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Carcinogenic? | | | | Martindale's 29th |
| Fungicide | | | | |
| Melaninogenic | | | | Economic & Medicinal Plant Research, 6: 189. |
| Melatoninogenic | | | | Medline (post 1990 searches filed in my computer) |
| Photodermatitigenic | | | | |

| | | | | |
|--------------------|-------|----|-----|------------------|
| 8-CIS-MENTHENE | Seed | -- | 0.1 | * |
| 8-METHOXY-PSORALEN | Plant | -- | -- | Wealth of India. |

| Activities (21) | |
|------------------------------|---|
| Antiallopecic | Martindale's 28th |
| Antibacterial 6-100 ppm | |
| Antilymphomic 0.6 mg/kg orl | |
| Antimycotic 20-50 mg/man/day | Martindale's 28th |
| Antipsoriac 20-50 mg/man/day | Martindale's 28th |
| Antistaphylococcic 100 ppm | |
| Antitumor | Economic & Medicinal Plant Research, 6: 189. |
| Antiviral | |
| Antivittilic | Economic & Medicinal Plant Research, 6: 189. |
| Candidicide 100 ppm | |
| Carcinogenic | |
| Fungicide 100 ppm | |
| Fungicide IC50=300 uM | |
| Immunosuppressant | Economic & Medicinal Plant Research, 6: 189. |
| Lymphocytogenic | Gawron, A., Gorski*, G., Glowniak**, K. 1989. Increased proliferation of phytohaemagglutinin (PHA)-stimulated human leucocytes after 8-methoxypsoralen treatment. J. Pharm. Pharmacol. 42: 194-195, 1990. |
| Melaninogenic | Economic & Medicinal Plant Research, 6: 189. |
| Mitogenic 1 ug/mL | Gawron, A., Gorski*, G., Glowniak**, K. 1989. Increased proliferation of phytohaemagglutinin (PHA)-stimulated human leucocytes after 8-methoxypsoralen treatment. J. Pharm. Pharmacol. 42: 194-195, 1990. |
| Mutagenic | |
| Pesticide | |
| Photodermatitogenic | |
| Phototoxic | |

| | | | | | |
|------------------------------|-------|------|------|-------|---|
| 8-P-MENTHENE-1,2-DIOL | Seed | 30.0 | 85.0 | * | |
| 8-P-MENTHENE-1,2-DIOL-ISOMER | Seed | 30.0 | 85.0 | * | |
| 8-P-MENTHENE-7-AL | Seed | 30.0 | 85.0 | * | |
| ABSCISIC-ACID | Seed | -- | 0.12 | -0.49 | * |
| ACETALDEHYDE | Fruit | -- | -- | | * |

| Activities (6) | |
|------------------------------------|---|
| Addictive 8 ug/kg | Science News, 145: 294. |
| Fungicide | |
| Perfumery FEMA 4-25 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Pesticide | |
| Respirapalytic | |
| Tyrosinase-Inhibitor ID50=43 ug/ml | |

| | | | | | |
|--------------|------|----|----|--|---|
| ACETALDEHYDE | Seed | -- | -- | | * |
|--------------|------|----|----|--|---|

| Activities (6) | |
|------------------------------------|---|
| Addictive 8 ug/kg | Science News, 145: 294. |
| Fungicide | |
| Perfumery FEMA 4-25 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Pesticide | |
| Respirapalytic | |
| Tyrosinase-Inhibitor ID50=43 ug/ml | |

| | | | | | |
|---------|------|--------|---------|------|----------------------------------|
| ALANINE | Seed | 9140.0 | 10150.0 | -0.0 | Revised USDA data received 1993. |
|---------|------|--------|---------|------|----------------------------------|

| Activities (3) | |
|-------------------|--|
| Antioxidant | Larson, R.A. 1987. Review Article Number 30. The Antioxidants of Higher Plants. Phytochemistry. 27: 969-978. |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Oxidant | Larson, R.A. 1987. Review Article Number 30. The Antioxidants of Higher Plants. Phytochemistry. 27: 969-978. |

| | | | | | |
|----------------------|------|--------|--------|------|------------------------------------|
| ALPHA-LINOLENIC-ACID | Seed | 1500.0 | 1664.0 | -0.3 | USDA's Ag Handbook 8 and sequelae) |
|----------------------|------|--------|--------|------|------------------------------------|

Activities (15)
5-Alpha-Reductase-Inhibitor

| | |
|---|--|
| Antianggregant | Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp. |
| Antihypertensive | |
| Antiinflammatory IC50=42 uM | |
| Antileukotriene-D4 IC50=42 uM | |
| Antimenorrhagic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antimetastatic | Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp. |
| Antiprostatic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Hypotensive | Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp. |
| Immunostimulant 0.12 ml/man/day | Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp. |
| Lymphocytogenic 0.5 ug/ml | Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp. |
| Propecic | |
| Prostaglandin-Synthesis-Inhibitor 39.5 g/day/hmn | Ferretti, A., Flanagan, V. P. 1996. Antithromboxane Activity of Dietary Alpha-linolenic Acid: A Pilot Study. Prostaglandins Leukotrienes Essential Fatty Acids, 54(6): 451-455. ARS, USDA. |
| Vasodilator | |

ALPHA-LINOLENIC-ACID Fruit 1500.0 1664.0 -0.4 *

Activities (15)
5-Alpha-Reductase-Inhibitor

| | |
|---|--|
| Antianggregant | Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp. |
| Antihypertensive | |
| Antiinflammatory IC50=42 uM | |
| Antileukotriene-D4 IC50=42 uM | |
| Antimenorrhagic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antimetastatic | Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp. |
| Antiprostatic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Hypotensive | Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp. |
| Immunostimulant 0.12 ml/man/day | Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp. |
| Lymphocytogenic 0.5 ug/ml | Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp. |
| Propecic | |
| Prostaglandin-Synthesis-Inhibitor 39.5 g/day/hmn | Ferretti, A., Flanagan, V. P. 1996. Antithromboxane Activity of Dietary Alpha-linolenic Acid: A Pilot Study. Prostaglandins Leukotrienes Essential Fatty Acids, 54(6): 451-455. ARS, USDA. |
| Vasodilator | |

ALPHA-PHELLANDRENE Seed 3.0 1230.0 -0.53 *

Activities (11)

| | |
|--------------------|---|
| Antibacterial | Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands. |
| Antistaphylococcic | Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands. |
| Dermal | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Emetic | |
| FLavor FEMA 10-130 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Fungicide | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. |
| Insectiphile | Pakistan Encyclopedia Planta Medica. 1986. |
| Irritant | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Laxative | |
| Perfumery | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Pesticide | |

ALPHA-PHELLANDRENE Fruit 3.0 6.0 -0.57 *

Activities (11)

| | |
|--------------------|---|
| Antibacterial | Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands. |
| Antistaphylococcic | Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands. |
| Dermal | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Emetic | |
| FLavor FEMA 10-130 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Fungicide | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. |
| Insectiphile | Pakistan Encyclopedia Planta Medica. 1986. |
| Irritant | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Laxative | |
| Perfumery | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Pesticide | |

ALPHA-PINENE Seed 4.0 540.0 -0.45 *

Activities (28)

| | |
|----------------------------------|--|
| Allelochemic | |
| Allergenic | |
| Antiacne | |
| Antibacterial | |
| Antifeedant | |
| Antiflu | Economic & Medicinal Plant Research, 5: 195. |
| Antiinflammatory 500 mg/kg | |
| Antipneumonic | |
| Antiseptic | |
| Antispasmodic | |
| Antistaphylococcic | |
| Antiviral | Economic & Medicinal Plant Research, 5: 195. |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Coleoptophile | |
| Expectorant | Michael Castleman 1991. The Healing Herbs. Rodale Press, Emmaus, PA 436 pp. |
| FLavor FEMA 15-150 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Herbicide IC50=30 uM | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Insecticide 0.82 uM/fly | |
| Insectifuge 50 ppm | |
| Insectiphile | J. Stored. Prod. Res., 22:141, 1986. |
| Irritant | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| P450-2B1-Inhibitor IC50=0.087 uM | |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Pesticide | |
| Sedative | Lawrence Review of Natural Products, Jun-90. |
| Spasmogenic | |
| Tranquilizer | Lawrence Review of Natural Products, Jun-90. |
| Transdermal | |

ALPHA-PINENE Plant -- 20.0 -0.47 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

Activities (28)

| | |
|-------------------------------------|--|
| Allelochemic | |
| Allergenic | |
| Antiacne | |
| Antibacterial | |
| Antifeedant | |
| Antiflu | Economic & Medicinal Plant Research, 5: 195. |
| Antiinflammatory 500 mg/kg | |
| Antipneumonic | |
| Antiseptic | |
| Antispasmodic | |
| Antistaphylococcic | |
| Antiviral | Economic & Medicinal Plant Research, 5: 195. |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Coleoptophile | |
| Expectorant | Michael Castleman 1991. The Healing Herbs. Rodale Press, Emmaus, PA 436 pp. |
| FLavor FEMA 15-150 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Herbicide IC50=30 uM | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Insecticide 0.82 uM/fly | |
| Insectifuge 50 ppm | |
| Insectiphile | J. Stored. Prod. Res., 22:141, 1986. |
| Irritant | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| P450-2B1-Inhibitor IC50=0.087 uM | |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Pesticide | |
| Sedative | Lawrence Review of Natural Products, Jun-90. |
| Spasmogenic | |
| Tranquilizer | Lawrence Review of Natural Products, Jun-90. |
| Transdermal | |

ALPHA-PINENE Fruit 42.0 540.0 -0.58 *

Activities (28)

| | |
|-------------------------------------|--|
| Allelochemic | |
| Allergenic | |
| Antiacne | |
| Antibacterial | |
| Antifeedant | |
| Antiflu | Economic & Medicinal Plant Research, 5: 195. |
| Antiinflammatory 500 mg/kg | |
| Antipneumonic | |
| Antiseptic | |
| Antispasmodic | |
| Antistaphylococcic | |
| Antiviral | Economic & Medicinal Plant Research, 5: 195. |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Coleoptophile | |
| Expectorant | Michael Castleman 1991. The Healing Herbs. Rodale Press, Emmaus, PA 436 pp. |
| FLavor FEMA 15-150 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Herbicide IC50=30 uM | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Insecticide 0.82 uM/fly | |
| Insectifuge 50 ppm | |
| Insectiphile | J. Stored. Prod. Res., 22:141, 1986. |
| Irritant | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| P450-2B1-Inhibitor IC50=0.087 uM | |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Pesticide | |
| Sedative | Lawrence Review of Natural Products, Jun-90. |
| Spasmogenic | |
| Tranquilizer | Lawrence Review of Natural Products, Jun-90. |
| Transdermal | |

ALPHA-TERPINENE Seed 6.0 12.0 -0.51 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

Activities (13)

ACE-Inhibitor 100 ug/ml (weak activity)
 Acaricide
 Aldose-Reductase-Inhibitor 100 ug/ml Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
 Antiacetylcholinesterase IC50=1.0 mM
 Antinitrosaminic
 Antispasmodic
 FLavor FEMA 1-40 Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
 Insecticide 0.86 uM/fly
 Insectifuge
 P450-2B1-Inhibitor IC50=0.76 uM
 Perfumery Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
 Pesticide
 Spasmogenic

ALPHA-TERPINEOL Seed -- -- *

Activities (23)

ACE-Inhibitor 100 ug/ml (weak activity)
 Aldose-Reductase-Inhibitor 100 ug/ml Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
 Allelopathic Wright, C.W. (Ed) 2002. Medicinal & Aromatic Plants - Industrial Profiles. Artemisia. 344pp. Maffei, M. (Ed) 2002. Vetiveria. The Genus Vetiveria. Taylor & Francis. NY, NY. 191pp. Southwell, J., Lowe, R. (Eds) 1999. Tea Tree. The Genus Melaleuca. Harwood Acad. Pub. Amsterdam, Netherlands.
 Antiacne
 Antibacterial MIC=800-1,600 ug/ml Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
 Anticancer Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
 Anticariogenic MIC=800-1,600 ug/ml Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
 Antiinflammatory
 Antiproliferant
 Antiseptic Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
 Cicatrizant ED50=240 ug/g mus
 FLavor FEMA 5-40 Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
 Insecticide 1.29 uM/fly
 Interleukin-6-Inhibitor
 Mosquitofuge > Deet
 Motor-Depressant Buchbauer et al, e.g. Buchbauer et al, 1993. Therapeutic properties of essential oils and fragrances. Chap. 12 in Teranishi, R., Buttery, R.G. and Sugisawa, H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
 Nematicide MLC=1 mg/ml Shoyakugaku Zasshi, 44: 183.
 Perfumery Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
 Pesticide
 Sedative Buchbauer et al, e.g. Buchbauer et al, 1993. Therapeutic properties of essential oils and fragrances. Chap. 12 in Teranishi, R., Buttery, R.G. and Sugisawa, H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
 Termiticide IC100=5 mg/g
 Transdermal
 Vulnerary ED50=240 ug/g mus

ALPHA-THUJENE Seed -- -- Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

ARABINOSE Seed -- -- Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.

ARGININE Seed 12520.0 13900.0 -0.45 Revised USDA data received 1993.

Activities (14)

| | |
|-------------------------|--|
| Antidiabetic? | Wichtl, M. 1984. Teedrogen. Ein Handbuch für Apotheker und Ärzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp. |
| Antiencephalopathic | Martindale's 29th |
| Antihepatic | Martindale's 29th |
| Antihypertensive | |
| Antiimpotence | |
| Antiinfertility 4 g/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antioxidant? | |
| Aphrodisiac 3 g/day | |
| Diuretic | |
| Hypoammonemic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| NO-Genic | |
| Pituitary-Stimulant | |
| Spermigenic 4 g/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Vasodilator | |

| | | | | | |
|---------------|-------|---------|---------|------|----------------------------------|
| ASH | Fruit | 56460.0 | 67620.0 | 0.28 | * |
| ASH | Seed | 55000.0 | 67620.0 | 0.59 | * |
| ASPARTIC-ACID | Seed | 20840.0 | 23130.0 | 0.05 | Revised USDA data received 1993. |

Activities (3)

| | |
|---------------|--------------------|
| Antimorphinic | Martindale's 28th |
| Neuroexcitant | Martindale's 28th |
| Roborant | Merck 11th Edition |

| | | | | | |
|------------|------|----|----|--|---|
| ASTRAGALIN | Seed | -- | -- | | * |
|------------|------|----|----|--|---|

Activities (7)

| | |
|---|--|
| ACE-Inhibitor ID50=180 ug/ml rat (24 hr.) | |
| Aldose-Reductase-Inhibitor IC30=1 uM | |
| Aldose-Reductase-Inhibitor IC62=10 uM | Shimizu, M., Ito, T., Terashima, S., Hayashi, T., Arisawa, M., Morita, N., Kurokawa, S., Ito, K., and Hashimoto, Y. 1984. Inhibition of Lens Aldose Reductase by Flavonoids. <i>Phytochemistry</i> , 23: 1885-1888. |
| Antileukemic | |
| Expectorant | |
| Hypotensive | Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. <i>Chem. Pharm. Bull.</i> 38(4): 1049-1052, 1990. |
| Immunostimulant | |

| | | | | | |
|-----------------------------------|------|----|------|------|---|
| BENZOIC-ACID-4-O-BETA-D-GLUCOSIDE | Seed | -- | 37.0 | -1.0 | * |
| BETA-CAROTENE | Seed | -- | 2.0 | -0.3 | * |

Activities (53)

| | |
|------------------------------------|--|
| Allergenic | |
| Androgenic? | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| AntiPMS | |
| Antiacne | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiaging | |
| Antiarthritic | |
| Antiasthmatic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Anticancer | Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY. |
| Anticarcinomic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Anticervicaldysplasic | |
| Anticoronary 50 mg/man/2 days | |
| Antihyperkeratotic | |
| Antiichthyotic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antileukoplakic | |
| Antilipoperoxidant IC71=50 ug/ml | |
| Antilupus 150 mg/man/day/2 mos | Martindale's 28th |
| Antimaculitic | |
| Antimastitic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antimutagenic | Economic & Medicinal Plant Research, 6: 235. |
| Antioxidant | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiozenic | |
| Antipapillomic | |
| Antiphotophobic 30-300 mg/man/day | Martindale's 29th |
| Antipityriasic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiporphyrhic 30-300 mg/man/day | Martindale's 28th |
| Antiproliferant | Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY. |
| Antipsoriac | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiradicular | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antirheumatic | |
| Antistress | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antitumor | Simon, P.W. Carrots and Other Horticultural Crops as a Source of Provitamin A Carotenes. HortScience, 25(12): 1495, 1990. |
| Antitumor (Breast) IC45=60 ug/ml | |
| Antitumor (CNS) IC43=45 ug/ml | |
| Antitumor (Colon) IC43=45 ug/ml | |
| Antitumor (Lung) IC30=60 ug/ml | |
| Antitumor (Prostate) | |
| Antitumor (Stomach) IC26=45 ug/ml | |
| Antiulcer 12 mg 3x/day/man/orl | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiulcer 15,000-25,000 IU/day | |
| Antixerophthalmic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| COX-1-Inhibitor IC78=50 ug/ml | |
| COX-2-Inhibitor IC82=50 ug/ml | |
| Cancer-Preventive 22 ppm | Jim Duke's personal files. |
| Chemopreventive | |
| Colorant | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Gastroprotective | |
| Immunostimulant 180 mg/man/day/orl | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Interferon-Synergist | |
| Mucogenic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Phagocytotic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Prooxidant 20 ug/g | |
| Thymoprotective | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Ubiquiot | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |

BETA-CAROTENE Fruit -- 2.0 -0.15 *

Activities (53)

| | |
|------------------------------------|--|
| Allergenic | |
| Androgenic? | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| AntiPMS | |
| Antiacne | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiaging | |
| Antiarthritic | |
| Antiasthmatic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Anticancer | Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY. |
| Anticarcinomic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Anticervicaldysplasic | |
| Anticoronary 50 mg/man/2 days | |
| Antihyperkeratotic | |
| Antiichthyotic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antileukoplakic | |
| Antilipoperoxidant IC71=50 ug/ml | |
| Antilupus 150 mg/man/day/2 mos | Martindale's 28th |
| Antimaculitic | |
| Antimastitic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antimutagenic | Economic & Medicinal Plant Research, 6: 235. |
| Antioxidant | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiozenic | |
| Antipapillomic | |
| Antiphotophobic 30-300 mg/man/day | Martindale's 29th |
| Antipityriasic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiporphyrhic 30-300 mg/man/day | Martindale's 28th |
| Antiproliferant | Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY. |
| Antipsoriac | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiradicular | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antirheumatic | |
| Antistress | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antitumor | Simon, P.W. Carrots and Other Horticultural Crops as a Source of Provitamin A Carotenes. HortScience, 25(12): 1495, 1990. |
| Antitumor (Breast) IC45=60 ug/ml | |
| Antitumor (CNS) IC43=45 ug/ml | |
| Antitumor (Colon) IC43=45 ug/ml | |
| Antitumor (Lung) IC30=60 ug/ml | |
| Antitumor (Prostate) | |
| Antitumor (Stomach) IC26=45 ug/ml | |
| Antiulcer 12 mg 3x/day/man/orl | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiulcer 15,000-25,000 IU/day | |
| Antixerophthalmic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| COX-1-Inhibitor IC78=50 ug/ml | |
| COX-2-Inhibitor IC82=50 ug/ml | |
| Cancer-Preventive 22 ppm | Jim Duke's personal files. |
| Chemopreventive | |
| Colorant | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Gastroprotective | |
| Immunostimulant 180 mg/man/day/orl | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Interferon-Synergist | |
| Mucogenic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Phagocytotic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Prooxidant 20 ug/g | |
| Thymoprotective | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Ubiquiot | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |

BETA-CARYOPHYLLENE Seed 20.0 1320.0 0.92 *

BETA-ELEMENE Seed -- -- *

Essent.

Oil

| Activities (5) | | | | | |
|---------------------|--|--|--|--|--|
| Anticancer (Cervix) | Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987. | | | | |
| Antigliomic | | | | | |
| Antiproliferant | | | | | |
| Antitumor (Cervix) | Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987. | | | | |
| Apoptotic | | | | | |

BETA-ELEMENE Essential Oil -- -- *

| Activities (5) | | | | | |
|---------------------|--|--|--|--|--|
| Anticancer (Cervix) | Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987. | | | | |
| Antigliomic | | | | | |
| Antiproliferant | | | | | |
| Antitumor (Cervix) | Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987. | | | | |
| Apoptotic | | | | | |

BETA-FENCHENE Seed -- -- *

BETA-MYRCENE Seed -- -- *

| Activities (2) | | | | | |
|-------------------|---|--|--|--|--|
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. | | | | |
| Perfumery | Merck 11th Edition | | | | |

BETA-PHELLANDRENE Seed -- -- Wealth of India.

| Activities (3) | | | | | |
|----------------|--|--|--|--|--|
| Expectorant | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Fungicide | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. | | | | |
| Perfumery | Merck 11th Edition | | | | |

BETA-PINENE Plant -- 20.0 -0.41 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

| Activities (13) | | | | | |
|--------------------|--|--|--|--|--|
| Allergenic | | | | | |
| Antiinflammatory | | | | | |
| Antiseptic | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. | | | | |
| Antispasmodic | | | | | |
| Candidicide | | | | | |
| FLavor FEMA 15-600 | Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry | | | | |
| Herbicide | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. | | | | |
| Insectifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. | | | | |
| Irritant | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. | | | | |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry | | | | |
| Pesticide | | | | | |
| Spasmogenic | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp. | | | | |
| Transdermal | | | | | |

BETA-PINENE Fruit 270.0 600.0 -0.28 *

Activities (13)

| | |
|--------------------|--|
| Allergenic | |
| Antiinflammatory | |
| Antiseptic | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
| Antispasmodic | |
| Candidicide | |
| FLavor FEMA 15-600 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Herbicide | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Insectifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Irritant | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Pesticide | |
| Spasmogenic | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp. |
| Transdermal | |

BETA-PINENE Seed 40.0 600.0 -0.62 *

Activities (13)

| | |
|--------------------|--|
| Allergenic | |
| Antiinflammatory | |
| Antiseptic | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
| Antispasmodic | |
| Candidicide | |
| FLavor FEMA 15-600 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Herbicide | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Insectifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Irritant | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Pesticide | |
| Spasmogenic | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp. |
| Transdermal | |

BETA-SITOSTEROL Root -- -- *

Activities (47)

| | |
|--|--|
| Androgenic | |
| Angiogenic | |
| Anorexic | Martindale's 28th |
| Antiadenomic | Merck 11th Edition |
| Antiandrogenic | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990. |
| Antibacterial | Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155. |
| Anticancer (Breast) | Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103. |
| Anticancer (Cervix) | |
| Anticancer (Lung) | |
| Antiedemic IC54=320 mg/kg orl | |
| Antiestrogenic | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990. |
| Antifeedant | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Antifertility | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990. |
| Antigonadotrophic | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990. |
| Antihyperlipoproteinaemic | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp. |
| Antiinflammatory | |
| Antileukemic | |
| Antilymphomic | |
| Antimutagenic 250 ug/ml | |
| Antiphidic 2.3 mg mus | Economic & Medicinal Plant Research, 5: 363. |
| Antioxidant IC44=10 uM | |
| Antiprogestational | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990. |
| Antiprostaglandin 30 mg/day/12 wks | |
| Antiprostataadenomic | Merck 11th Edition |
| Antiprostatic 10-20 mg 3 x/day/orl man | |
| Antipyretic | Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs.</i> Chapman & Hall, New York. 941 pp. |
| Antitumor (Breast) | Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103. |
| Antitumor (Cervix) | |
| Antitumor (Lung) | |
| Antiviral | Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in <i>Artemisia annua</i> . <i>Plant Science</i> , 75: 161-165, 1991. |
| Apoptotic | |
| Artemicide LC50=110 ppm | Jung, J.H., Pummangura, S., Chaichantipyuth, c., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of <i>Melodorum fruticosum</i> . <i>Phytochemistry</i> . 29(5): 1667-1670. 1990. |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Candidicide | Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155. |
| Caspase-8-Inducer | |
| Estrogenic | |
| Febrifuge | Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs.</i> Chapman & Hall, New York. 941 pp. |
| Gonadotrophic | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990. |
| Hepatoprotective | |
| Hypocholesterolemic 2-6 g/man/day/orl | Martindale's 30th |
| Hypocholesterolemic 9-3,330 mg/man/day/orl | Martindale's 28th |
| Hypoglycemic | Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. <i>Journal of Ethnopharmacology</i> , 27: 243-275, 1989. |
| Hypolipidemic 2-6 g/day | |
| Pesticide | |
| Spermicide | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990. |
| Ubiquit | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp. |
| Ulcerogenic 500 mg/kg ipr rat | |

| | | | | | |
|-----------------|------|----|-------|-------|--|
| BETA-SITOSTEROL | Seed | -- | 420.0 | -0.47 | Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) |
|-----------------|------|----|-------|-------|--|

Activities (47)

| | |
|--|---|
| Androgenic | |
| Angiogenic | |
| Anorexic | Martindale's 28th |
| Antiadenomic | Merck 11th Edition |
| Antiandrogenic | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990. |
| Antibacterial | Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155. |
| Anticancer (Breast) | Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from Vaccinium myrtillus (Bilberry) Fruits and Cell Cultures. Plant Sci., 131(1): 95-103. |
| Anticancer (Cervix) | |
| Anticancer (Lung) | |
| Antiedemic IC54=320 mg/kg orl | |
| Antiestrogenic | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990. |
| Antifeedant | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Antifertility | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990. |
| Antigonadotrophic | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990. |
| Antihyperlipoproteinaemic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antiinflammatory | |
| Antileukemic | |
| Antilymphomic | |
| Antimutagenic 250 ug/ml | |
| Antiophidic 2.3 mg mus | Economic & Medicinal Plant Research, 5: 363. |
| Antioxidant IC44=10 uM | |
| Antiprogestational | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990. |
| Antiprostaglandin 30 mg/day/12 wks | |
| Antiprostataadenomic | Merck 11th Edition |
| Antiprostatic 10-20 mg 3 x/day/orl man | |
| Antipyretic | Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp. |
| Antitumor (Breast) | Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from Vaccinium myrtillus (Bilberry) Fruits and Cell Cultures. Plant Sci., 131(1): 95-103. |
| Antitumor (Cervix) | |
| Antitumor (Lung) | |
| Antiviral | Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in Artemisia annua. Plant Science, 75: 161-165, 1991. |
| Apoptotic | |
| Artemicide LC50=110 ppm | Jung, J.H., Pummangura, S., Chaichantipyuth, c., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of Melodorum fruticosum. Phytochemistry. 29(5): 1667-1670. 1990. |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Candidicide | Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155. |
| Caspase-8-Inducer | |
| Estrogenic | |
| Febrifuge | Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp. |
| Gonadotrophic | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990. |
| Hepatoprotective | |
| Hypocholesterolemic 2-6 g/man/day/orl | Martindale's 30th |
| Hypocholesterolemic 9-3,330 mg/man/day/orl | Martindale's 28th |
| Hypoglycemic | Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. Journal of Ethnopharmacology, 27: 243-275, 1989. |
| Hypolipidemic 2-6 g/day | |
| Pesticide | |
| Spermicide | Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990. |
| Ubiquiot | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Ulcerogenic 500 mg/kg ipr rat | |

CADINENE Plant 3720.0 29760.0 1.41 *

Activities (4)

| | |
|-----------------------|--|
| Antifeedant | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| FLavor FEMA 400-4,000 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Perfumery | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Pesticide | |

CAFFEIC-ACID Seed -- 2840.0 1.94 *

Activities (102)

| | |
|--|---|
| Aldose-Reductase-Inhibitor 4 ug/ml (weak activity) | Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. <i>Sankyo Kenkyusho Nempo</i> , 43: 99-110. |
| Allergenic | |
| Analgesic | |
| AntiHIV EC50=200 ug/ml | |
| AntiLegionella | |
| Antiadenoviral | <i>Economic & Medicinal Plant Research</i> , 5: 207. |
| Antiaggregant | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp. |
| Antiaging | |
| Antiatherogenic | |
| Antibacterial | |
| Anticancer | |
| Anticarcinogenic | <i>Economic & Medicinal Plant Research</i> , 6: 189. |
| Antidepressant | |
| Antiedemic | <i>Economic & Medicinal Plant Research</i> , 6: 189. |
| Antielastase IC50=93 um/l | |
| Antielastase IC50=86 ug/ml (475 uM) | |
| Antiescherichic | |
| Antiflu | <i>Economic & Medicinal Plant Research</i> , 5: 207. |
| Antigonadotropic | Jim Duke's personal files. |
| Antihemolytic 25 uM | Ohnishi, M., Morishita, H., Iwahashi, H., Toda, S., Shirataki, Y., Kimura, M., and Kido, R. 1993. Inhibitory Effects of Chlorogenic Acids on Linoleic Acid Peroxidation and Haemolysis. <i>Phytochemistry</i> . 36(3): 579-583. 1994. |
| Antihepatoadenomic 200 ppm diet orl mus | |
| Antihepatotoxic | |
| Antiherpetic 50 ug/ml | |
| Antiherpetic EC50=>50 ug/ml | |
| Antihistaminic | |
| Antihypercholesterolemic | <i>Economic & Medicinal Plant Research</i> , 6: 189. |
| Antihyperthyroid | |
| Antiinflammatory | |
| Antileukemic | Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46. |
| Antileukotriene | |
| Antimelanogenic | |
| Antimutagenic | Ki Soon Rhee. Oilseed Food Ingredients Used To Minimize Oxidative Flavor Deterioration in Meat Products. <i>Phenolic Compounds in Food and Their Effects on Health</i> , Ch.18. |
| Antinitrosaminic | Ki Soon Rhee. Oilseed Food Ingredients Used To Minimize Oxidative Flavor Deterioration in Meat Products. <i>Phenolic Compounds in Food and Their Effects on Health</i> , Ch.18. |
| Antiphidic | |
| Antioxidant 50 uM | |
| Antioxidant IC57=30 ppm | |
| Antioxidant 1/3 quercetin | |
| Antioxidant 30 mM | |
| Antioxidant 1.3 x Vit. E | |
| Antioxidant 1/2 BHA | |
| Antiperoxidant IC50=44 uM | <i>Planta Medica</i> , 57: A54, 1991. |
| Antiperoxidant IC35=200 ug/ml | |
| Antiperoxidant IC85=100 ug/ml | |
| Antiproliferant | Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46. |
| Antiprostaglandin | |
| Antiradicular 10 uM | Ohnishi, M., Morishita, H., Iwahashi, H., Toda, S., Shirataki, Y., Kimura, M., and Kido, R. 1993. Inhibitory Effects of Chlorogenic Acids on Linoleic Acid Peroxidation and Haemolysis. <i>Phytochemistry</i> . 36(3): 579-583. 1994. |
| Antiradicular 1/3 quercetin | |
| Antiradicular 30 mM | |
| Antiradicular IC50=32-35 uM | |
| Antiseptic | |
| Antispasmodic EC50=3.4-15 uM | <i>Phytotherapy Research</i> , 4: 73. |
| Antistaphylococcic | |
| Antistomatitic | <i>Economic & Medicinal Plant Research</i> , 5: 207. |
| Antisunburn | |
| Antithiamin | <i>Phenolic Compounds in Food and Their Effects on Health</i> , 69. |
| Antithyroid | Jim Duke's personal files. |
| Antitumor 200 ppm diet orl mus | |
| Antitumor (Skin) | |
| Antitumor-Promoter IC42=10 uM | <i>Cancer Research</i> , 48: 5941. |
| Antiulcerogenic | |
| Antivaccinia | <i>Economic & Medicinal Plant Research</i> , 5: 207. |

| | |
|---|--|
| Antiviral IC50=62.5 ug/ml | |
| Anxiolytic | |
| CNS-Active | Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp. |
| COX-2-Inhibitor IC32=100 uM | |
| Calcium-Antagonist IC50=1.2 uM rbt | |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Carcinogenic 2% (diet) | |
| Chemopreventive | |
| Cholagogue | Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp. |
| Choleretic | Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989. |
| Clastogenic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Co-carcinogenic | |
| Collagen-Sparing | |
| Cytoprotective | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp. |
| Cytotoxic TC50=200 ug/ml | |
| DNA-Active | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| DNA-Protective | |
| Diuretic | Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp. |
| Fungicide MIC=0.4 mg/ml | |
| Hepatocarcinogenic 400 ppm diet orl mus (in the absence of alcohol) | |
| Hepatoprotective | Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 210. |
| Hepatotropic | |
| Histamine-Inhibitor | |
| Immunostimulant | |
| Insectifuge | Tunon, H., Thorsell, W., and Bohlin, L. 1993. Mosquito Repelling Activity of Compounds Occurring in Achillea millefolium L. (Asteraceae). Economic Botany 48(2): 111-120, 1994. |
| Leukotriene-Inhibitor | |
| Lipoxygenase-Inhibitor IC27=5 mM | Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. J. Agric. Food Chem. 38: 688-690. |
| Lipoxygenase-Inhibitor IC50=62-148 uM | |
| Lyase-Inhibitor IC50=94-164 uM | |
| Metal-Chelator | McEvily, A.J., Iyengar, R., and Gross, A.T. Inhibition of Polyphenol Oxidase by Phenolic Compounds. Phenolic Compounds in Food and Their Effects on Health, Ch.25. |
| Ornithine-Decarboxylase-Inhibitor | Hagerman, A.E. Tannin-Protein Interactions. Phenolic Compounds in Food and Their Effects on Health, Ch.19. |
| Pesticide | |
| Prooxidant | |
| Prostaglandigenic | |
| Sedative 500 mg | |
| Sunscreen IC50=2.5 mg/l | Lazarova*, G., Kostova, I., Neychev, H. 1992. Photodynamic damage prevention by some hydroxycoumarins. Fitoterapia 64(2): 134-136, 1993. |
| Sunscreen IC91=5 mg/l | Lazarova*, G., Kostova, I., Neychev, H. 1992. Photodynamic damage prevention by some hydroxycoumarins. Fitoterapia 64(2): 134-136, 1993. |
| Sunscreen IC98=25 mg/l | Lazarova*, G., Kostova, I., Neychev, H. 1992. Photodynamic damage prevention by some hydroxycoumarins. Fitoterapia 64(2): 134-136, 1993. |
| Tumorigenic | Jim Duke's personal files. |
| Vulnerary | |
| Xanthine-Oxidase-Inhibitor IC50=39.21 uM | Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livinston, Edinburgh. |

CALCIUM Fruit 6426.0 8160.0 0.99 *

Activities (28)

| | |
|------------------------------------|--|
| AntiPMS 1 g/day | |
| Antiallergic 500 mg/day | |
| Antianxiety | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antiarrhythmic 500-1,500 mg | |
| Antiarthritic 1,000 mg/day | |
| Antiatherosclerotic 500 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Anticlimacteric 1,000-1,500 mg/day | |
| Antidepressant | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antidote (Aluminum) | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antidote (Lead) | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antihyperkinetic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antihypertensive | |
| Antiinsomniac | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antimenopausal 1,000-1,500 mg/day | |
| Antiobesity | |
| Antiosteoporotic 500-2,000 mg/day | |
| Antiperiodontitic 750 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antirheumatic 1,000 mg/day | |
| Antistress 500-1,500 mg/day | |
| Antitic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Anxiolytic 500-1,500 mg/day | |
| Calcium-Channel-Blocker | |
| Diuretic | |
| Hypocholesterolemic 500 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Hypotensive 1 g/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Laxative 1,000-1,200 mg | |
| Tranquilizer 500-1,500 mg/day | |
| Vasodilator | |

CALCIUM Seed 1530.0 8160.0 0.74 *

Activities (28)

| | |
|------------------------------------|--|
| AntiPMS 1 g/day | |
| Antiallergic 500 mg/day | |
| Antianxiety | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antiarrhythmic 500-1,500 mg | |
| Antiarthritic 1,000 mg/day | |
| Antiatherosclerotic 500 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Anticlimacteric 1,000-1,500 mg/day | |
| Antidepressant | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antidote (Aluminum) | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antidote (Lead) | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antihyperkinetic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antihypertensive | |
| Antiinsomniac | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antimenopausal 1,000-1,500 mg/day | |
| Antiobesity | |
| Antiosteoporotic 500-2,000 mg/day | |
| Antiperiodontitic 750 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antirheumatic 1,000 mg/day | |
| Antistress 500-1,500 mg/day | |
| Antitic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Anxiolytic 500-1,500 mg/day | |
| Calcium-Channel-Blocker | |
| Diuretic | |
| Hypocholesterolemic 500 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Hypotensive 1 g/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Laxative 1,000-1,200 mg | |
| Tranquilizer 500-1,500 mg/day | |
| Vasodilator | |

CALCIUM-OXALATE Seed -- -- Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.

| Activities (4) | | | | | |
|----------------|--|--|--|--|--|
| Emetic | | | | | |
| Inflammatory | | | | | |
| Laxative | | | | | |
| Lithogenic | | | | | |

CALCIUM-OXALATE Fruit -- -- *

| Activities (4) | | | | | |
|----------------|--|--|--|--|--|
| Emetic | | | | | |
| Inflammatory | | | | | |
| Laxative | | | | | |
| Lithogenic | | | | | |

CAMPESTEROL Seed -- 30.0 -0.56 Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)

| Activities (2) | | | | | |
|---|--|--|--|--|--|
| Antioxidant IC37=10 uM | | | | | |
| Hypocholesterolemic Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705. | | | | | |

CAMPHENE Plant -- 30.0 -0.55 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

| Activities (9) | | | | | |
|----------------------|---|--|--|--|--|
| Allelopathic | Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands. | | | | |
| Antilithic? | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Antioxidant | Jim Duke's personal files. | | | | |
| Expectorant | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. | | | | |
| FLavor FEMA 15-175 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | | | |
| Hypocholesterolemic? | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Insectifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. | | | | |
| Pesticide | | | | | |
| Spasmogenic | Fitoterapia No.59-1984. | | | | |

CAMPHENE Fruit 1.0 900.0 0.02 *

| Activities (9) | | | | | |
|----------------------|---|--|--|--|--|
| Allelopathic | Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands. | | | | |
| Antilithic? | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Antioxidant | Jim Duke's personal files. | | | | |
| Expectorant | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. | | | | |
| FLavor FEMA 15-175 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | | | |
| Hypocholesterolemic? | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Insectifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. | | | | |
| Pesticide | | | | | |
| Spasmogenic | Fitoterapia No.59-1984. | | | | |

CAMPHENE Seed 1.0 900.0 1.52 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

| Activities (9) | | | | | |
|----------------------|---|--|--|--|--|
| Allelopathic | Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands. | | | | |
| Antilithic? | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Antioxidant | Jim Duke's personal files. | | | | |
| Expectorant | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. | | | | |
| FLavor FEMA 15-175 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | | | |
| Hypocholesterolemic? | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Insectifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. | | | | |
| Pesticide | | | | | |
| Spasmogenic | Fitoterapia No.59-1984. | | | | |

| | | | | | |
|-------------|------|-------|-------|-------|------------------------------------|
| CAPRIC-ACID | Seed | 100.0 | 110.0 | -0.52 | USDA's Ag Handbook 8 and sequelae) |
|-------------|------|-------|-------|-------|------------------------------------|

Activities (3)

Fungicide
Irritant
Pesticide

| | | | | | |
|-------------|-------|-------|-------|-------|---|
| CAPRIC-ACID | Fruit | 100.0 | 110.0 | -0.68 | * |
|-------------|-------|-------|-------|-------|---|

Activities (3)

Fungicide
Irritant
Pesticide

| | | | | | |
|---------------|------|----------|----------|------|---|
| CARBOHYDRATES | Seed | 300000.0 | 554000.0 | 0.12 | * |
|---------------|------|----------|----------|------|---|

| | | | | | |
|---------------|-------|----------|----------|-------|---|
| CARBOHYDRATES | Fruit | 499000.0 | 554000.0 | -1.22 | * |
|---------------|-------|----------|----------|-------|---|

| | | | | | |
|-----------|------------------------|----|----------|--|---|
| CARVACROL | Seed Essent. Oil | -- | 595300.0 | | * |
|-----------|------------------------|----|----------|--|---|

Activities (37)

| | |
|-------------------------------------|--|
| Allergenic | |
| Anesthetic | |
| Anthelmintic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antialzheimeran? | L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase. |
| Antiatherosclerotic IC50=5.53 uM | |
| Antibacterial MIC 170-290 | Chalchat, J.C. et Garry, R.P.*, Bastide, P., Fabre, F. et Malhuret, R. Correlation Composition Chimique/Activite Antimicrobienne: V - Contribution a la Comparaison de 2 Methodes de Determination Des Cml. Plantes medicinales et phytotherapie, 25: 184-193. |
| Antibacterial MIC=39-625 | Russell, G. B., Phytochemical resources for crop protection, N. Z. J. Technol., 2, 1986, 127-134. |
| Anticholinesterase? | L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase. |
| Antidiuretic | Lawrence Review of Natural Products, Mar-92. |
| Antiinflammatory IC50=4 uM | |
| Antimelanomic IC50=120 uM/l | |
| Antioxidant | Jimenez, J., Navarro, M.C., Montilla, M.P., Martin, A. and Martinez, A. 1993. Thymus zygis Oil: Its Effects on CCl4-Induced Hepatotoxicity and Free Radical Scavenger Activity. JE05: 153-8. |
| Antioxidant (LDL) IC50=5.53 uM | |
| Antiplateau MIC=39-625 ug/ml | Osawa, K., Matsumoto, T., Maruyama, T., Takiguchi, T., Okuda, K., and Takazoe, I., Studies of the antibacterial activity of plant extracts and their constituents against periodontopathic bacteria, Bull Tokyo Dent. Coll., 31 (1), 1990, 17-21 |
| Antiprostaglandin | |
| Antiradicular 600 x thymol | Jimenez, J., Navarro, M.C., Montilla, M.P., Martin, A. and Martinez, A. 1993. Thymus zygis Oil: Its Effects on CCl4-Induced Hepatotoxicity and Free Radical Scavenger Activity. JE05: 153-8. |
| Antiseptic 1.5 x phenol | |
| Antispasmodic | |
| Antistaphylococcic | |
| Antistreptococcic | |
| Antitussive | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp. |
| Candidicide MIC<0.1 ug/ml | |
| Candidicide 100- 150 ug/ml | |
| Carminative | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
| Cyclooxygenase- Inhibitor #NAME? | |
| Enterorelaxant | J. Aromatherapy 4: 22. |
| Expectorant | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
| FLavor FEMA 10- 125 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Fungicide | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Insectifuge | |
| Irritant | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
| Nematicide MLC=1 mg/ml | |
| Pesticide | |
| Prostaglandin- Inhibitor | |
| Tracheorelaxant | |
| Trichomonicide LD100=150 ug/ml | |
| Vermifuge | |

CARVACROL Plant -- -- *

Activities (37)

| | |
|-------------------------------------|--|
| Allergenic | |
| Anesthetic | |
| Anthelmintic | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp. |
| Antialzheimeran? | L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase. |
| Antiatherosclerotic IC50=5.53 uM | |
| Antibacterial MIC 170-290 | Chalchat, J.C. et Garry, R.P.*, Bastide, P., Fabre, F. et Malhuret, R. Correlation Composition Chimique/Activite Antimicrobienne: V - Contribution a la Comparaison de 2 Methodes de Determination Des Cml. <i>Plantes medicinales et phytotherapie</i> , 25: 184-193. |
| Antibacterial MIC=39-625 | Russell, G. B., <i>Phytochemical resources for crop protection</i> , N. Z. J. Technol., 2, 1986, 127-134. |
| Anticholinesterase? | L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase. |
| Antidiuretic | Lawrence Review of Natural Products, Mar-92. |
| Antiinflammatory IC50=4 uM | |
| Antimelanomic IC50=120 uM/l | |
| Antioxidant | Jimenez, J., Navarro, M.C., Montilla, M.P., Martin, A. and Martinez, A. 1993. Thymus zygis Oil: Its Effects on CCl4-Induced Hepatotoxicity and Free Radical Scavenger Activity. <i>JEO5</i> : 153-8. |
| Antioxidant (LDL) IC50=5.53 uM | |
| Antiplateau MIC=39-625 ug/ml | Osawa, K., Matsumoto, T., Maruyama, T., Takiguchi, T., Okuda, K., and Takazoe, I., Studies of the antibacterial activity of plant extracts and their constituents against periodontopathic bacteria, <i>Bull Tokyo Dent. Coll.</i> , 31 (1), 1990, 17-21 |
| Antiprostaglandin | |
| Antiradicular 600 x thymol | Jimenez, J., Navarro, M.C., Montilla, M.P., Martin, A. and Martinez, A. 1993. Thymus zygis Oil: Its Effects on CCl4-Induced Hepatotoxicity and Free Radical Scavenger Activity. <i>JEO5</i> : 153-8. |
| Antiseptic 1.5 x phenol | |
| Antispasmodic | |
| Antistaphylococcic | |
| Antistreptococcic | |
| Antitussive | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals.</i> The Pharmaceutical Press, London. 296pp. |
| Candidicide MIC<0.1 ug/ml | |
| Candidicide 100- 150 ug/ml | |
| Carminative | Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients 2nd Ed.</i> John Wiley & Sons, New York. 649 pp. |
| Cyclooxygenase- Inhibitor #NAME? | |
| Enterorelaxant | J. Aromatherapy 4: 22. |
| Expectorant | Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients 2nd Ed.</i> John Wiley & Sons, New York. 649 pp. |
| FLavor FEMA 10- 125 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Fungicide | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp. |
| Insectifuge | |
| Irritant | Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients 2nd Ed.</i> John Wiley & Sons, New York. 649 pp. |
| Nematicide MLC=1 mg/ml | |
| Pesticide | |
| Prostaglandin- Inhibitor | |
| Tracheorelaxant | |
| Trichomonicide LD100=150 ug/ml | |
| Vermifuge | |

| | | | | |
|-----------|------|----|----|--|
| CARVACROL | Seed | -- | -- | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. <i>Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D)</i> , 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. |
|-----------|------|----|----|--|

Activities (37)

| | |
|-------------------------------------|--|
| Allergenic | |
| Anesthetic | |
| Anthelmintic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antialzheimeran? | L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase. |
| Antiatherosclerotic IC50=5.53 uM | |
| Antibacterial MIC 170-290 | Chalchat, J.C. et Garry, R.P.*, Bastide, P., Fabre, F. et Malhuret, R. Correlation Composition Chimique/Activite Antimicrobienne: V - Contribution a la Comparaison de 2 Methodes de Determination Des Cml. Plantes medicinales et phytotherapie, 25: 184-193. |
| Antibacterial MIC=39-625 | Russell, G. B., Phytochemical resources for crop protection, N. Z. J. Technol., 2, 1986, 127-134. |
| Anticholinesterase? | L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase. |
| Antidiuretic | Lawrence Review of Natural Products, Mar-92. |
| Antiinflammatory IC50=4 uM | |
| Antimelanomic IC50=120 uM/l | |
| Antioxidant | Jimenez, J., Navarro, M.C., Montilla, M.P., Martin, A. and Martinez, A. 1993. Thymus zygis Oil: Its Effects on CCl4-Induced Hepatotoxicity and Free Radical Scavenger Activity. JEO5: 153-8. |
| Antioxidant (LDL) IC50=5.53 uM | |
| Anti plaque MIC=39-625 ug/ml | Osawa, K., Matsumoto, T., Maruyama, T., Takiguchi, T., Okuda, K., and Takazoe, I., Studies of the antibacterial activity of plant extracts and their constituents against periodontopathic bacteria, Bull Tokyo Dent. Coll., 31 (1), 1990, 17-21 |
| Antiprostaglandin | |
| Antiradicular 600 x thymol | Jimenez, J., Navarro, M.C., Montilla, M.P., Martin, A. and Martinez, A. 1993. Thymus zygis Oil: Its Effects on CCl4-Induced Hepatotoxicity and Free Radical Scavenger Activity. JEO5: 153-8. |
| Antiseptic 1.5 x phenol | |
| Antispasmodic | |
| Antistaphylococcic | |
| Antistreptococcic | |
| Antitussive | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp. |
| Candidicide MIC<0.1 ug/ml | |
| Candidicide 100- 150 ug/ml | |
| Carminative | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
| Cyclooxygenase- Inhibitor #NAME? | |
| Enterorelaxant | J. Aromatherapy 4: 22. |
| Expectorant | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
| FLavor FEMA 10- 125 | Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry |
| Fungicide | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Insectifuge | |
| Irritant | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
| Nematicide MLC=1 mg/ml | |
| Pesticide | |
| Prostaglandin- Inhibitor | |
| Tracheorelaxant | |
| Trichomonicide LD100=150 ug/ml | |
| Vermifuge | |

CARVEOL Essential Oil -- -- *

Activities (1)

CNS-Stimulant

CARVEOL Seed 120.0 3240.0 1.0 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

Activities (1)

CNS-Stimulant

CARVEOL Plant -- 430.0 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

Activities (1)

CNS-Stimulant

CARVONE Plant -- 3120.0 0.12 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

Activities (19)

Allergenic
 Antiacetylcholinesterase
 IC50=1.4-1.8 mM
 Antiproliferative
 Antiseptic 1.5 x phenol Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
 CNS-Stimulant
 Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
 Candidistat
 Carminative Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
 FLavor FEMA 80-3,000 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
 Fungistat
 Insecticide Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
 Insectifuge Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
 Motor-Depressant Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
 Nematicide MLC=1 mg/ml Shoyakugaku Zasshi, 44: 183.
 Perfumery Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
 Pesticide
 Sedative Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
 Trichomonicide LD100=300 ug/ml
 Vermicide

CARVONE Fruit 9000.0 44310.0 2.0 *

Activities (19)

Allergenic
 Antiacetylcholinesterase
 IC50=1.4-1.8 mM
 Antiproliferative
 Antiseptic 1.5 x phenol Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
 CNS-Stimulant
 Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
 Candidistat
 Carminative Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
 FLavor FEMA 80-3,000 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
 Fungistat
 Insecticide Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
 Insectifuge Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
 Motor-Depressant Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
 Nematicide MLC=1 mg/ml Shoyakugaku Zasshi, 44: 183.
 Perfumery Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
 Pesticide
 Sedative Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
 Trichomonicide LD100=300 ug/ml
 Vermicide

CARVONE Seed 10880.0 32640.0 0.58 *

Activities (19)

| | |
|---|---|
| Allergenic | |
| Antiacetylcholinesterase IC50=1.4-1.8 mM | |
| Antiproliferative | |
| Antiseptic 1.5 x phenol | Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176) |
| CNS-Stimulant | |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Candidistat | |
| Carminative | Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994. |
| FLavor FEMA 80-3,000 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Fungistat | |
| Insecticide | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Insectifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Motor-Depressant | Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC |
| Nematicide MLC=1 mg/ml | Shoyakugaku Zasshi, 44: 183. |
| Perfumery | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Pesticide | |
| Sedative | Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC |
| Trichomonicide LD100=300 ug/ml | |
| Vermicide | |

CARVONE Seed 595300.0 900000.0 1.39 *

 Essent.

 Oil

Activities (19)

| | |
|---|---|
| Allergenic | |
| Antiacetylcholinesterase IC50=1.4-1.8 mM | |
| Antiproliferative | |
| Antiseptic 1.5 x phenol | Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176) |
| CNS-Stimulant | |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Candidistat | |
| Carminative | Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994. |
| FLavor FEMA 80-3,000 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Fungistat | |
| Insecticide | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Insectifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Motor-Depressant | Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC |
| Nematicide MLC=1 mg/ml | Shoyakugaku Zasshi, 44: 183. |
| Perfumery | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Pesticide | |
| Sedative | Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC |
| Trichomonicide LD100=300 ug/ml | |
| Vermicide | |

CARVONE Essential 264000.0 580000.0 1.46 *

 Oil

| Activities (19) | | | | | |
|---|--|--|--|--|---|
| Allergenic | | | | | |
| Antiacetylcholinesterase IC50=1.4-1.8 mM | | | | | |
| Antiproliferative | | | | | |
| Antiseptic 1.5 x phenol | | | | | Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176) |
| CNS-Stimulant | | | | | |
| Cancer-Preventive | | | | | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Candidistat | | | | | |
| Carminative | | | | | Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994. |
| FLavor FEMA 80-3,000 | | | | | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Fungistat | | | | | |
| Insecticide | | | | | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Insectifuge | | | | | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Motor-Depressant | | | | | Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC |
| Nematicide MLC=1 mg/ml | | | | | Shoyakugaku Zasshi, 44: 183. |
| Perfumery | | | | | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Pesticide | | | | | |
| Sedative | | | | | Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC |
| Trichomonicide LD100=300 ug/ml | | | | | |
| Vermicide | | | | | |

| | | | | | |
|----------------------|-------|------|-------|------|--|
| CARVONE-EPOXIDE(8,9) | Seed | 25.0 | 80.0 | | * |
| CARVYL-ACETATE | Seed | 45.0 | 455.0 | | * |
| CARVYL-ACETATE | Plant | -- | 55.0 | | Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980. |
| CHROMIUM | Fruit | -- | 15.5 | 1.67 | * |

| Activities (24) | | | | | |
|----------------------------------|------|----|------|------|--|
| Amphiglycemic? | | | | | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| AntiAGE 200-1,000 ug | | | | | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| AntiCFS 200 ug | | | | | |
| Antiacne | | | | | |
| Antiaging 200-1,000 ug | | | | | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antiatherosclerotic 20 ug/day | | | | | |
| Anticorneotic | | | | | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antidiabetic 200-1,000 ug | | | | | |
| Antidote (Lead) | | | | | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antifatigue 200 ug | | | | | |
| Antiglycosuric 200-1,000 ug | | | | | |
| Antiobesity 200-1,000 ug | | | | | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antisyndrome-X 200-800 ug | | | | | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antitriglyceride 20 ug/day | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antitriglyceride 200-1,000 ug | | | | | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Cardioprotective | | | | | |
| Energizer | | | | | |
| Hypocholesterolemic 20 ug/day | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Hypocholesterolemic 200-1,000 ug | | | | | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Hypoglycemic 200-1,000 ug | | | | | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Hypotensive 200-1,000 ug | | | | | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Immunomodulator | | | | | |
| Insulinogenic | | | | | |
| Memorigenic | | | | | |
| CHROMIUM | Seed | -- | 15.5 | 1.58 | * |

Activities (24)

| | |
|----------------------------------|--|
| Amphiglycemic? | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| AntiAGE 200-1,000 ug | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| AntiCFS 200 ug | |
| Antiacne | |
| Antiaging 200-1,000 ug | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antiatherosclerotic 20 ug/day | |
| Anticorneotic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antidiabetic 200-1,000 ug | |
| Antidote (Lead) | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antifatigue 200 ug | |
| Antiglycosuric 200-1,000 ug | |
| Antiobesity 200-1,000 ug | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antisyndrome-X 200-800 ug | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antitriglyceride 20 ug/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antitriglyceride 200-1,000 ug | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Cardioprotective | |
| Energizer | |
| Hypocholesterolemic 20 ug/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Hypocholesterolemic 200-1,000 ug | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Hypoglycemic 200-1,000 ug | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Hypotensive 200-1,000 ug | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Immunomodulator | |
| Insulinogenic | |
| Memorigenic | |

| | | | | | |
|------------------------|--------------------|-------|-------|------|--|
| CIS-2-CARVEOL | Seed | 75.0 | 230.0 | | * |
| CIS-BETA-OCIMENE | Seed | -- | -- | | * |
| CIS-CARVEOL | Seed | 21.0 | 42.0 | | Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980. |
| CIS-CARVEOL | Flower Essent. Oil | -- | -- | | * |
| CIS-DIHYDROCARVONE | Seed | 15.0 | 50.0 | -0.7 | * |
| CIS-LIMONENE-DIEPOXIDE | Seed | 55.0 | 160.0 | | * |
| CIS-LIMONENE-EPOXIDE | Seed | 300.0 | 900.0 | | * |
| CIS-P-MENTH-8-EN-1-OL | Plant | -- | -- | | * |
| CITRONELLOL | Seed | -- | 0.1 | | * |

Activities (15)

| | |
|--------------------------------|--|
| Allergenic | |
| Antibacterial | |
| Antiseptic | |
| Antistaphylococcic | |
| Antistreptococcic | |
| Candidicide | |
| FLavor FEMA 1-50 | Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry |
| Fungicide | HerbalGram No. 17. |
| Herbicide IC50=160 uM | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Irritant | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |
| Nematicide MLC=100 ug/ml | Shoyakugaku Zasshi, 44: 183. |
| Perfumery | Merck 11th Edition |
| Pesticide | |
| Sedative | Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176) |
| Trichomonicide LD100=300 ug/ml | |

COBALT Seed -- 1.0 -0.16 *

Activities (2)

| | |
|---------------------|--|
| Cardiomyopathogenic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Erythrocytogenic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |

COBALT Fruit -- 1.0 -0.41 *

Activities (2)

| | |
|---------------------|--|
| Cardiomyopathogenic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Erythrocytogenic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |

COPPER Fruit 9.0 13.8 0.08 *

Activities (12)

| | |
|-------------------------|--|
| Antianemic | |
| Antiarthritic | |
| Antidiabetic 2-4 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antifatigue | |
| Antiinflammatory | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antinociceptive | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiosteoporotic | |
| Cardioprotective | |
| Contraceptive | Martindale's 28th |
| Hypocholesterolemic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Immunomodulator | |
| Schizophrenigenic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |

COPPER Seed 9.0 18.0 0.29 *

Activities (12)

| | |
|-------------------------|--|
| Antianemic | |
| Antiarthritic | |
| Antidiabetic 2-4 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antifatigue | |
| Antiinflammatory | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antinociceptive | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiosteoporotic | |
| Cardioprotective | |
| Contraceptive | Martindale's 28th |
| Hypocholesterolemic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Immunomodulator | |
| Schizophrenigenic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |

CUMINALDEHYDE Essential Oil -- 370000.0 1.0 *

| Activities (10) | | | | | |
|--------------------------------------|--|--|--|--|--|
| Antibacterial | | | | | |
| FLavor FEMA <1 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | | | |
| Fungicide | Singh*, G., Upadhyay, R.K. 1990. Fungitoxic Activity of Cumaldehyde, Main Constituent of the Cuminum cyminum Oil. <i>Fitoterapia</i> 62(1): 86, 1991. | | | | |
| Irritant | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. <i>Compendium of Safety Data Sheets for Research and Industrial Chemicals</i> . VCH Publishers, New York. 3560-4253. | | | | |
| Larvicide | Leung, A.Y., <i>Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics</i> , John Wiley & Sons, New York, 1980. | | | | |
| Perfumery | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp. | | | | |
| Pesticide | | | | | |
| Sedative | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. <i>Compendium of Safety Data Sheets for Research and Industrial Chemicals</i> . VCH Publishers, New York. 3560-4253. | | | | |
| Tyrosinase-Inhibitor ID50=0.05 mM | | | | | |
| Ulcerogenic | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. <i>Compendium of Safety Data Sheets for Research and Industrial Chemicals</i> . VCH Publishers, New York. 3560-4253. | | | | |

| | | | | | |
|---------------|-------|----|----|--|--|
| CUMINALDEHYDE | Plant | -- | -- | | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp. |
|---------------|-------|----|----|--|--|

| Activities (10) | | | | | |
|--------------------------------------|--|--|--|--|--|
| Antibacterial | | | | | |
| FLavor FEMA <1 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | | | |
| Fungicide | Singh*, G., Upadhyay, R.K. 1990. Fungitoxic Activity of Cumaldehyde, Main Constituent of the Cuminum cyminum Oil. <i>Fitoterapia</i> 62(1): 86, 1991. | | | | |
| Irritant | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. <i>Compendium of Safety Data Sheets for Research and Industrial Chemicals</i> . VCH Publishers, New York. 3560-4253. | | | | |
| Larvicide | Leung, A.Y., <i>Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics</i> , John Wiley & Sons, New York, 1980. | | | | |
| Perfumery | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp. | | | | |
| Pesticide | | | | | |
| Sedative | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. <i>Compendium of Safety Data Sheets for Research and Industrial Chemicals</i> . VCH Publishers, New York. 3560-4253. | | | | |
| Tyrosinase-Inhibitor ID50=0.05 mM | | | | | |
| Ulcerogenic | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. <i>Compendium of Safety Data Sheets for Research and Industrial Chemicals</i> . VCH Publishers, New York. 3560-4253. | | | | |

| | | | | | |
|---------|------|--------|--------|------|----------------------------------|
| CYSTINE | Seed | 3290.0 | 3650.0 | 0.35 | Revised USDA data received 1993. |
|---------|------|--------|--------|------|----------------------------------|

| Activities (2) | | | | | |
|--------------------|-------|----|----|--|--|
| Adjuvant | | | | | Merck 11th Edition |
| Antihomocystinuric | | | | | Martindale's 29th |
| D-DIHYDROPINOL | Seed | -- | -- | | * |
| D-PERILLALDEHYDE | Fruit | -- | -- | | * |
| D-PERILLALDEHYDE | Seed | -- | -- | | List, P.H. and Horhammer, L., <i>Hager's Handbuch der Pharmazeutischen Praxis</i> , Vols. 2-6, Springer-Verlag, Berlin, 1969-1979. |
| DECAN-1-AL | Seed | -- | -- | | * |

| Activities (1) | | | | | |
|-------------------|---|----|-------|------|--|
| Cancer-Preventive | Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp. | | | | |
| DECANAL | Seed | -- | -- | | * |
| DELTA-3-CARENE | Plant | -- | 100.0 | -0.3 | Lawrence, B.M., <i>Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980</i> . |

| Activities (8) | | | | | |
|----------------------|--|------|-------|-------|---|
| Allergenic? | | | | | |
| Antibacterial | Revista Itiliana Eppos, 12: 5, 1994. | | | | |
| Antiinflammatory ipr | Internat. J. Oriental Med. 15(4): 194, 1990+ | | | | |
| Dermatitigenic | | | | | |
| FLavor FEMA | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | | | |
| Insectifuge | Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990. | | | | |
| Irritant | | | | | |
| Pesticide | | | | | |
| DELTA-3-CARENE | Seed | 90.0 | 180.0 | -0.16 | * |

| Activities (8) | | | | | |
|----------------------|--|--|--|--|--|
| Allergenic? | | | | | |
| Antibacterial | | Revista Itiliana Eppos, 12: 5, 1994. | | | |
| Antiinflammatory ipr | | Internat. J. Oriental Med. 15(4): 194, 1990+ | | | |
| Dermatitogenic | | | | | |
| FLavor FEMA | | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | | |
| Insectifuge | | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. | | | |
| Irritant | | | | | |
| Pesticide | | | | | |

DELTA-3-CARENE Fruit 90.0 180.0 -0.31 *

| Activities (8) | | | | | |
|----------------------|--|--|--|--|--|
| Allergenic? | | | | | |
| Antibacterial | | Revista Itiliana Eppos, 12: 5, 1994. | | | |
| Antiinflammatory ipr | | Internat. J. Oriental Med. 15(4): 194, 1990+ | | | |
| Dermatitogenic | | | | | |
| FLavor FEMA | | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | | |
| Insectifuge | | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. | | | |
| Irritant | | | | | |
| Pesticide | | | | | |

DELTA-3-CARENE-EPOXIDE Seed 5.0 20.0 *

DIACETYL Seed -- -- *

| Activities (2) | |
|------------------|--|
| FLavor FEMA 3-50 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Irritant | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |

DIACETYL Fruit -- -- *

| Activities (2) | |
|------------------|--|
| FLavor FEMA 3-50 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Irritant | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |

DIHYDROCARVEOL Plant -- 950.0 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

| Activities (2) | |
|-------------------|--|
| FLavor FEMA 5-500 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Irritant | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |

DIHYDROCARVEOL Fruit 360.0 720.0 *

| Activities (2) | |
|-------------------|--|
| FLavor FEMA 5-500 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Irritant | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |

DIHYDROCARVEOL Seed 200.0 780.0 *

| Activities (2) | |
|-------------------|--|
| FLavor FEMA 5-500 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Irritant | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |

DIHYDROCARVEOL Essential Oil -- -- *

| Activities (2) | | | | | |
|--------------------------------|--|---------|---------|-------|--|
| FLavor FEMA 5-500 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | | | |
| Irritant | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. | | | | |
| DIHYDROCARVONE | Fruit | 240.0 | 1500.0 | | * |
| DIHYDROCARVONE | Essential Oil | -- | 5000.0 | -0.51 | * |
| DIHYDROCARVONE | Seed | 240.0 | 1890.0 | 1.22 | * |
| DIHYDROCARVONE | Plant | -- | 230.0 | | Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980. |
| DIHYDROCARVYL-ACETATE | Seed | 45.0 | 455.0 | | * |
| Activities (1) | | | | | |
| FLavor FEMA 5-500 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | | | |
| DIHYDROCARVYL-ACETATE | Plant | -- | 55.0 | -0.62 | Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980. |
| Activities (1) | | | | | |
| FLavor FEMA 5-500 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | | | |
| DIHYDROCARVYL-ACETATE | Fruit | 45.0 | 90.0 | | * |
| Activities (1) | | | | | |
| FLavor FEMA 5-500 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | | | |
| DIHYDROPINOL | Essential Oil | -- | 2800.0 | | * |
| EICOSENOIC-ACID | Seed | 1000.0 | 1800.0 | -1.31 | * |
| EO | Plant | -- | 10000.0 | 0.02 | Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980. |
| EO | Fruit | 30000.0 | 70000.0 | 0.54 | * |
| EO | Seed | 20000.0 | 82000.0 | 0.49 | * |
| FALCARINDIOL | Root | -- | 290.0 | 1.35 | * |
| Activities (13) | | | | | |
| Analgesic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Antiaggregant | | | | | |
| Antibacterial | Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp. | | | | |
| Antimutagenic ID50=0.096 uM/ml | | | | | |
| Antiseptic | | | | | |
| Antitubercular | | | | | |
| Cytotoxic | | | | | |
| Ferulosys-genic | | | | | |
| Fungicide 0.5 ug/ml | Recio, M. C., Rios, J. L., and Villar, A., A review of some antimicrobial compounds isolated from medicinal plants reported in the literature 1978-1988, Phytotherapy Research, 3(4), 1989, 117-125. | | | | |
| Mycobactericide | | | | | |
| Nematicide | | | | | |
| Pesticide | | | | | |
| Phytoalexin | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. | | | | |
| FALCARINDION | Root | -- | -- | | * |
| FALCARINOL-ONE | Root | -- | -- | | * |
| FALCARINONE | Plant | -- | -- | | Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705. |

Activities (3)

- Fungicide Wichtl, M. 1984. Teedrogen. Ein Handbuch für Apotheker und Ärzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
- Pesticide
- Phytoalexin Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

| | | | | | |
|-------|-------|----------|----------|-------|---|
| FAT | Seed | 100000.0 | 180000.0 | -0.45 | * |
| FAT | Fruit | 127000.0 | 176826.0 | 0.71 | * |
| FIBER | Fruit | 112730.0 | 155640.0 | 0.13 | * |

Activities (15)

- Angiotensin-Receptor-Blocker
- Antidiabetic
- Antihypertensive
- Antiobesity
- Antitumor Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
- Antiulcer Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
- Beta-Blocker
- Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
- Cardioprotective
- Diuretic
- Hypocholesterolemic
- Hypotensive 10 g/man/day/orl Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
- Hypouricemic
- Laxative
- Vasodilator

| | | | | | |
|-------|------|----------|----------|-----|---|
| FIBER | Seed | 112730.0 | 223000.0 | 0.7 | * |
|-------|------|----------|----------|-----|---|

Activities (15)

- Angiotensin-Receptor-Blocker
- Antidiabetic
- Antihypertensive
- Antiobesity
- Antitumor Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
- Antiulcer Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
- Beta-Blocker
- Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
- Cardioprotective
- Diuretic
- Hypocholesterolemic
- Hypotensive 10 g/man/day/orl Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
- Hypouricemic
- Laxative
- Vasodilator

| | | | | | |
|--------|------|----|----|--|--|
| FUCOSE | Seed | -- | -- | | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. |
|--------|------|----|----|--|--|

| | | | | | |
|----------|-------|----|----|--|---|
| FURFURAL | Fruit | -- | -- | | * |
|----------|-------|----|----|--|---|

Activities (6)

- Antiseptic Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
- FLavor FEMA 1-30 Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
- Fungicide
- Insecticide
- Irritant Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
- Pesticide

| | | | | | |
|----------|------|----|----|--|---|
| FURFURAL | Seed | -- | -- | | * |
|----------|------|----|----|--|---|

| Activities (6) | | | | | |
|------------------|--|--|--|--|--|
| Antiseptic | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. | | | | |
| FLavor FEMA 1-30 | Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry | | | | |
| Fungicide | | | | | |
| Insecticide | | | | | |
| Irritant | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp. | | | | |
| Pesticide | | | | | |

| | | | | | |
|-----------|------|----|----|--|--|
| GALACTOSE | Seed | -- | -- | | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. |
|-----------|------|----|----|--|--|

| Activities (1) | | | | | |
|--------------------------|-------------------|--|--|--|--|
| Sweetener 0.32 x sucrose | Martindale's 28th | | | | |

| | | | | | |
|---------------|------|----|----|--|---|
| GAMMA-ELEMENE | Seed | -- | -- | | * |
|---------------|------|----|----|--|---|

| | | | | | |
|-----------------|------|------|---------|------|--|
| GAMMA-TERPINENE | Seed | 12.0 | 14160.0 | 1.73 | Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980. |
|-----------------|------|------|---------|------|--|

| Activities (11) | | | | | |
|---|--|--|--|--|--|
| ACE-Inhibitor 100 ug/ml (weak activity) | | | | | |
| Acaricide | | | | | |
| Aldose-Reductase-Inhibitor 100 ug/ml | Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101. | | | | |
| Antiacetylcholinesterase IC23=1.2 mM | | | | | |
| Antifeedant | Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin. | | | | |
| Antioxidant | Jim Duke's personal files. | | | | |
| FLavor FEMA 1-40 | Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry | | | | |
| Insectifuge | Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin. | | | | |
| Irritant | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. | | | | |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry | | | | |
| Pesticide | | | | | |

| | | | | | |
|-----------------|-------|-------|--------|------|---|
| GAMMA-TERPINENE | Plant | 270.0 | 2215.0 | 0.37 | * |
|-----------------|-------|-------|--------|------|---|

| Activities (11) | | | | | |
|---|--|--|--|--|--|
| ACE-Inhibitor 100 ug/ml (weak activity) | | | | | |
| Acaricide | | | | | |
| Aldose-Reductase-Inhibitor 100 ug/ml | Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101. | | | | |
| Antiacetylcholinesterase IC23=1.2 mM | | | | | |
| Antifeedant | Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin. | | | | |
| Antioxidant | Jim Duke's personal files. | | | | |
| FLavor FEMA 1-40 | Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry | | | | |
| Insectifuge | Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin. | | | | |
| Irritant | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. | | | | |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry | | | | |
| Pesticide | | | | | |

| | | | | | |
|-----------------|-------|------|---------|------|---|
| GAMMA-TERPINENE | Fruit | 12.0 | 14160.0 | 1.95 | * |
|-----------------|-------|------|---------|------|---|

| Activities (11) | | | | | |
|---|--|--|--|--|--|
| ACE-Inhibitor 100 ug/ml (weak activity) | | | | | |
| Acaricide | | | | | |
| Aldose-Reductase-Inhibitor 100 ug/ml | Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101. | | | | |
| Antiacetylcholinesterase IC23=1.2 mM | | | | | |
| Antifeedant | Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin. | | | | |
| Antioxidant | Jim Duke's personal files. | | | | |
| FLavor FEMA 1-40 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | | | |
| Insectifuge | Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin. | | | | |
| Irritant | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. | | | | |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | | | |
| Pesticide | | | | | |

GERANIAL Seed -- -- *

| Activities (13) | | | | | |
|----------------------|---|--|--|--|--|
| AntiEBV IC50=16 uM | | | | | |
| Antiaflatoxin | | | | | |
| Antibacterial | Onawunmi, G.O., Yisak, W-A., Ogunlana,* E.O. 1984. Antibacterial Constituents In The Essential Oil Of Cymbopogon citratus (DC.) Stapf. Journal of Ethnopharmacology, 12: 279-286, 1984. | | | | |
| Antitumor (Colon) | | | | | |
| Antitumor (Skin) | | | | | |
| Antiviral IC50=16 uM | | | | | |
| Antiyeast | | | | | |
| Chemopreventive | | | | | |
| Estrogenic | | | | | |
| Fungicide | | | | | |
| Glutathionigenic | | | | | |
| Pesticide | | | | | |
| Spasmolytic | | | | | |

GERMACRENE-D Seed -- -- *
Essent.
Oil

| Activities (2) | | | | | |
|----------------|--|--|--|--|--|
| Pesticide | | | | | |
| Pheromone | | | | | |

GERMACRENE-D Essential -- -- *
Oil

| Activities (2) | | | | | |
|----------------|--|--|--|--|--|
| Pesticide | | | | | |
| Pheromone | | | | | |

GLUCOSE Seed -- -- Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.

| Activities (7) | | | | | |
|-------------------|--|--|--|--|--|
| Acetylcholinergic | | | | | |
| Antiedemic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Antihepatotoxic | Merck 11th Edition | | | | |
| Antiketotic | Merck 11th Edition | | | | |
| Antivaricose | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Hyperglycemic | Merck 11th Edition | | | | |
| Memory-Enhancer | Science News, 138: 189, 1990. | | | | |

GLUTAMIC-ACID Seed 31690.0 35175.0 -0.28 Revised USDA data received 1993.

| Activities (8) | | | | | |
|--------------------------------------|--|--|--|--|--|
| Antialkali? 500-1,000 mg/day/orl/man | | | | | Martindale's 29th |
| Antiepileptic | | | | | |
| Antihyperammonemic | | | | | Martindale's 29th |
| Antilithic | | | | | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiprostatic 125-250 mg 3 x/day | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiretardation | | | | | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Anxiolytic | | | | | Merck 11th Edition |
| Neurotoxic | | | | | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |

GLYCINE Seed 13220.0 14675.0 0.54 Revised USDA data received 1993.

| Activities (12) | | | | | |
|----------------------------------|--|--|--|--|---|
| Antiacid | | | | | Martindale's 29th |
| Antialdosteronic | | | | | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antidote (Hypoglycin-A) | | | | | Martindale's 29th |
| Antiencephalopathic | | | | | Martindale's 29th |
| Antigastric | | | | | Martindale's 29th |
| Antiprostatic 125-250 mg 3 x/day | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antipruritic | | | | | Merck 11th Edition |
| Antisickling | | | | | Ekeke, G.I. and Shode, F.O. 1988. Phenylalanine is the Predominant Antisickling Agent in <i>Cajanus cajan</i> Seed Extract. <i>Planta Medica</i> 56(1): 41, 1990. |
| Antiulcer | | | | | Martindale's 29th |
| Cancer-Preventive | | | | | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Neuroinhibitor | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Uricosuric | | | | | |

HERNIARIN Plant -- -- Wealth of India.

| Activities (12) | | | | | |
|---|--|--|--|--|--|
| Aldose-Reductase-Inhibitor 10 ug/ml cow (weak activity) | | | | | Okada, Y. et al. 1995. Search for Naturally Occurring Substances to Prevent the Complications of Diabetes. II. Inhibitory Effect of Coumarin and Flavonoid Derivatives on Bovine Lens Aldose Reductase and Rabbit Platelet Aggregation. <i>Chem Pharm Bull</i> 43(8):1385-1387 |
| Allergenic | | | | | Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp. |
| Antiallergic | | | | | Lawrence Review of Natural Products, Mar-91. |
| Antibacterial 100 ppm | | | | | |
| Antispasmodic | | | | | |
| Antistaphylococcic | | | | | |
| Candidicide 100 ppm | | | | | |
| Cholagogue | | | | | Fitoterapia No.5-1986. |
| Fungicide 100 ppm | | | | | |
| Hepatoprotective | | | | | Yakhak Hoeji, 37: 182, 1993. |
| Pesticide | | | | | |
| Photoactive | | | | | |

HEXA-2,4-DIEN-1-AL Seed -- -- *

HEXADECENIC-ACID Seed -- 1000.0 Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.

HISTIDINE Seed 5500.0 6105.0 -0.01 Revised USDA data received 1993.

| Activities (7) | | | | | |
|----------------------|--|--|--|--|--|
| Antiarteriosclerotic | | | | | |
| Antinephritic | | | | | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antioxidant | | | | | |
| Antiulcer | | | | | |
| Antiremic | | | | | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Essential | | | | | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Oxidant | | | | | |

| | | | | | |
|------------------|------|----|----|--|--|
| HYDROXYCOUMARINS | Seed | -- | -- | | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. |
|------------------|------|----|----|--|--|

| | | | | | |
|------------|------|----|----|---|--|
| HYPEROSIDE | Seed | -- | -- | * | |
|------------|------|----|----|---|--|

Activities (30)

| | |
|--|--|
| Aldose-Reductase-Inhibitor | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Analgesic | |
| Antiaging | |
| Antibacterial MIC=250-500 ug/ml | Planta Medica, 57: A43, 1991. |
| Anticancer | |
| Anticapillary-Fragility | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Antidermatitic | |
| Antielastase IC50=0.15 ug/ml | |
| Antiflu | Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980. |
| Antihepatotoxic | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Antiinflammatory 1/4 indomethacin | Planta Medica, 57: A131, 1991. |
| Antiischemic | |
| Antinociceptive | |
| Antioxidant IC50=4.6 uM | |
| Antiradicular | |
| Antitussive | |
| Antiviral | |
| Antiwrinkle | |
| Calcium-Antagonist | |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Capillarifortificant | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Capillarigenic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Cyclooxygenase-Activator 100 uM | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. |
| Diuretic | |
| Hepatoprotective IC80=30 ug/ml | Mayumi Ito (nee Someya), et al. 1990. Hepatoprotective Compounds from Canarium album and Euphorbia nematocypa. Chem. Pharm. Bull. 38(8): 2201-2203, 1990. |
| Hypotensive ivn dog | |
| Pesticide | |
| Tissue-Thromboplastin-Inhibitor IC50=20.8 uM | |
| Xanthine-Oxidase-Inhibitor | |
| cAMP-Inhibitor IC50=0.14 mg/ml | Schussler, M., Fricke, U., Nikolov, N., and Holzl, J. 1991. Comparison of the Flavonoids Occurring in Crataegus species and Inhibition of 3',5'-Cyclic Adenosine Monophosphate Phosphodiesterase. Plant Medica 57: Suppl Issue 2. p.A-133. |

| | | | | | |
|------|------|-------|--------|------|---|
| IRON | Seed | 123.0 | 1200.0 | 4.87 | * |
|------|------|-------|--------|------|---|

Activities (6)

| | |
|------------------------------------|--|
| Antiakathisic | Martindale's 29th |
| Antianemic | Martindale's 29th |
| Anticanker | |
| Anticheilitic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antimenorrhagic 100 mg/day/wmn/orl | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Prooxidant | |

| | | | | | |
|------|-------|-------|-------|------|---|
| IRON | Fruit | 123.0 | 286.0 | 0.61 | * |
|------|-------|-------|-------|------|---|

Activities (6)

| | |
|------------------------------------|--|
| Antiakathisic | Martindale's 29th |
| Antianemic | Martindale's 29th |
| Anticanker | |
| Anticheilitic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antimenorrhagic 100 mg/day/wmn/orl | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Prooxidant | |

| | | | | | |
|--------------------|------|----|----|--|--|
| ISO-DIHYDROCARVEOL | Seed | -- | -- | | Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980. |
|--------------------|------|----|----|--|--|

| | | | | |
|--------------------|-------|--------|--------|--|
| ISO-DIHYDROCARVEOL | Fruit | -- | -- | * |
| ISODIHYDROCARVONE | Fruit | -- | -- | * |
| ISODIHYDROCARVONE | Seed | -- | -- | Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980. |
| ISOLEUCINE | Seed | 8260.0 | 9170.0 | -0.17 Revised USDA data received 1993. |

Activities (3)

| | |
|----------------------|--|
| Antiencephalopathic? | Martindale's 29th |
| Antipellagic | Martindale's 28th |
| Essential | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |

| | | | | |
|---------------|-------|----|----|---|
| ISOQUERCITRIN | Shoot | -- | -- | * |
|---------------|-------|----|----|---|

Activities (22)

| | |
|---|---|
| ACE-Inhibitor ID50=300 ug/ml rat (24 hr.) | |
| Aldose-Reductase-Inhibitor | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antibacterial | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Anticancer | |
| Anti-elastase IC50=0.7 ug/ml | |
| Antifeedant | Russell, G. B., Phytochemical resources for crop protection, N. Z. J. Technol., 2, 1986, 127-134. |
| Anti-inflammatory | |
| Antinociceptive | |
| Antioxidant 1/4 quercetin | |
| Antioxidant IC50=9.0 uM | |
| Antiradicular 1/4 quercetin | |
| Antitumor | |
| Antitumor-Promoter | |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Capillarigenic | |
| Diaphoretic | |
| Diuretic 10 ppm | List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979. |
| Hypotensive | Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990. |
| Insectiphile | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Pesticide | |
| TNF-alpha-Inhibitor | |
| Topoisomerase-II-Inhibitor 550 ug/ml | Bernard, F. X., Sable, S., Cameron, B., Provost, J., Desnottes, J. F., Crouzet, J., Blanche, F. 1997. Glycosylated Flavones as Selective Inhibitors of Topoisomerase IV. Antimicrobial Agents & Chemotherapy, 41: 992-998. |

| | | | | |
|---------------|------|----|----|---|
| ISOQUERCITRIN | Seed | -- | -- | * |
|---------------|------|----|----|---|

Activities (22)

ACE-Inhibitor ID50=300 ug/ml rat (24 hr.)

Aldose-Reductase-Inhibitor Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Antibacterial Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Anticancer

Antielastase IC50=0.7 ug/ml

Antifeedant Russell, G. B., Phytochemical resources for crop protection, N. Z. J. Technol., 2, 1986, 127-134.

Antiinflammatory

Antinociceptive

Antioxidant 1/4 quercetin

Antioxidant IC50=9.0 uM

Antiradicular 1/4 quercetin

Antitumor

Antitumor-Promoter

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Capillarigenic

Diaphoretic

Diuretic 10 ppm List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

Hypotensive Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990.

Insectiphile Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Pesticide

TNF-alpha-Inhibitor

Topoisomerase-II-Inhibitor 550 ug/ml Bernard, F. X., Sable, S., Cameron, B., Provost, J., Desnottes, J. F., Crouzet, J., Blanche, F. 1997. Glycosylated Flavones as Selective Inhibitors of Topoisomerase IV. Antimicrobial Agents & Chemotherapy, 41: 992-998.

ISORHAMNETIN-3- GALACTOSIDE Seed -- -- Wealth of India.

Activities (1)

Hepatoprotective Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 210.

ISORHAMNETIN-3- GLUCOSIDE Seed -- -- Wealth of India.

Activities (1)

Hepatoprotective Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 210.

KAEMPFEROL Seed -- -- *

Activities (75)

11B-HSD-Inhibitor

5-Lipoxygenase-Inhibitor IC50 (uM)=20

Aldose-Reductase-Inhibitor 100 uM Oliveira, T. T., Nagem, T. J., Miranda, L. C. G., Paula, V. F., Teixeira, M. A. 1997. Inhibitory Action on Aldose Reductase by Soybean Flavonoids. J Braz Chem Soc, 8(3): 211-213.

Antiaflatoxin IC50=8.73 uM

Antiaflatoxin IC50=3.28 ppm

Antiaggregant 30 uM

Antiallergic

Antibacterial 20 ug/ml

Anticancer

Antifertility 250 mg/kg/day/60 days/orl rat Kumar, P., Dixit*, V.P., and Khanna, P. Antifertility Studies of Kaempferol: Isolation and Identification from Tissue Culture of some Medicinally Important Plant Species. Plantes medicinales et phytotherapie, 23: 193-201, 1989.

Antingivitic 20 ug/ml

Antiherpetic 23-92 ug/ml Amoros, M., Simoes, C.M.O., Girre, L., et al. Synergistic Effect Of Flavones And Flavonols Against Herpes Simplex Virus Type 1 In Cell Culture. Comparison With The Antiviral Activity Of Propolis. J. of Natural Products 55(12):1732-1740, 1992.

Antihistaminic Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.

Antiimplantation

Antiinflammatory 20 mg/kg

Antiinflammatory 200 mg/kg ipr rat

| | |
|---|---|
| Antileukemic IC50=3.1 ug/ml | Life Sciences 55: 1061. |
| Antilymphocytic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antimutagenic ID50=10-40 nM | Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp. |
| Antioxidant IC50=40 uM | |
| Antioxidant 3/4 quercetin | |
| Antioxidant IC50=1.2 ug/ml | |
| Antiperiodontic 20 ug/ml | |
| Antiplatelet 20 ug/ml | |
| Antiradicular 7 x quercetin | |
| Antiseptic 20 ug/ml | |
| Antiserotonin 200 mg/kg ipr rat | |
| Antispasmodic | Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989. |
| Antistaphylococccic | |
| Antitumor | |
| Antitumor-Promoter | Yasukawa, K., Takido, M., Takeuchi, M., Sato, Y., Nitta, K., and Nakagawa, S. 1989. Inhibitory Effects of Flavonol Glycosides on 12-O-Tetradecanoylphorbol-13-acetate-Induced Tumor Promotion. Chem. Pharm. Bull. 38(3): 774-776, 1990. |
| Antiulcer 50-200 mg/kg ipr rat | |
| Antiviral 23-92 ug/ml | |
| Apoptotic 60 uM | |
| Aromatase-Inhibitor IC12=1 uM/l | Journal of Medicinal Food 2: 235.1999. |
| COX-2-Inhibitor | |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Carcinogenic | Hutchings, A, Scott, AH, Lewis, G, and Cunningham, A. 1996. Zulu Medicinal Plants. An inventory. University of Natal Press, Pietermaritzburg. 450 pp. |
| Choleretic | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
| Copper-Chelator | |
| Cyclooxygenase-Inhibitor IC50 (uM) =20 | |
| Cytotoxic | |
| Diaphoretic? | Lawrence Review of Natural Products, Dec-90. |
| Diuretic | |
| Estrogenic EC50=0.1-25 uM/l | Journal of Medicinal Food 2: 227.1999. |
| Estrogenic EC50=0.56 uM | |
| Fungicide 20 ug/ml | Father Nature's Farmacy: The aggregate of all these three-letter citations. |
| HIV-RT-Inhibitor IC50=50-150 ug/ml | Garcia, J., Morin,* C., Nyasse, B., Sondengam, B-L., Tchouankeu, J-C., and Tsamo, E. Complete Structural Assignments Of An Ergosterol Derivative From Entandrophragma utile. Journal of Natural Products, 54(1): 136-142, 1991. |
| Hepatoprotective IC50=5.46 uM | |
| Hepatoprotective IC50=1.30 ppm | |
| Hypotensive | |
| ICAM-1-Inhibitor | |
| Inotropic | |
| Iodothyronine-Deiodinase-Inhibitor | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| JNK-Inhibitor | |
| Lipoxygenase-Inhibitor | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| MAO-Inhibitor | |
| Mutagenic | |
| NO-Inhibitor IC50=13.9 uM | |
| Natriuretic | |
| Neuroprotective | |
| PAF-Inhibitor | |
| Pesticide | |
| Protisticide | Meckes, M., Calzada, F., Tapia-Contreras, A., Cedillo-Rivera, R. 1999. Antiprotozoal Properties of Helianthemum glomeratum. Phytotherapy Research, 13(2): 102-105. |
| Quinone-Reductase-Inducer 3 uM | |
| TNF-alpha-Inhibitor IC50=3.99 uM | |
| Teratologic | |
| Topoisomerase-I-Inhibitor | Santti, R., Makela, S., Strauss, L., Korman, J., Kostian, M. L. 1998. Phytoestrogens: Potential Endocrine Disruptors in Males. Toxicol Ind Health, 14: 223-237. |
| Topoisomerase-II-Inhibitor IC50=8.1 ug/ml | Constantinou, A., Mehta, R., Runyan, C., Rao, K., Vaughan, A., Moon, R. 1995. Flavonoids as DNA Topoisomerase Antagonists and Poisons: Structure-Activity Relationships. J Natural Products, 58: 217-225. |

Tyrosinase-Inhibitor
ID50=230 uM

Uterotrophic EC50=0.1-25 uM/l Journal of Medicinal Food 2: 227.1999.

Vasodilator

cAMP-Phosphodiesterase-Inhibitor

iNOS-Inhibitor IC50=<15 uM

iNOS-Inhibitor IC50=13.9 uM

KAEMPFEROL Flower -- -- *

Activities (75)

11B-HSD-Inhibitor

5-Lipoxygenase-Inhibitor IC50 (uM)=20

Aldose-Reductase-Inhibitor 100 uM Oliveira, T. T., Nagem, T. J., Miranda, L. C. G., Paula, V. F., Teixeira, M. A. 1997. Inhibitory Action on Aldose Reductase by Soybean Flavonoids. J Braz Chem Soc, 8(3): 211-213.

Antiaflatoxin IC50=8.73 uM

Antiaflatoxin IC50=3.28 ppm

Antiaggregant 30 uM

Antiallergic

Antibacterial 20 ug/ml

Anticancer

Antifertility 250 mg/kg/day/60 days/orl rat Kumar, P., Dixit*, V.P., and Khanna, P. Antifertility Studies of Kaempferol: Isolation and Identification from Tissue Culture of some Medicinally Important Plant Species. Plantes medicinales et phytotherapie, 23: 193-201, 1989.

Antigingivitic 20 ug/ml

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Antihistaminic Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.

Antiimplantation

Antiinflammatory 20 mg/kg

Antiinflammatory 200 mg/kg ipr rat

Antileukemic IC50=3.1 ug/ml Life Sciences 55: 1061.

Antilymphocytic Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Antimutagenic ID50=10-40 nM Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.

Antioxidant IC50=40 uM

Antioxidant 3/4 quercetin

Antioxidant IC50=1.2 ug/ml

Antiperiodontic 20 ug/ml

Antiplaque 20 ug/ml

Antiradicular 7 x quercetin

Antiseptic 20 ug/ml

Antiserotonin 200 mg/kg ipr rat

Antispasmodic Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.

Antistaphylococcic

Antitumor

Antitumor-Promoter Yasukawa, K., Takido, M., Takeuchi, M., Sato, Y., Nitta, K., and Nakagawa, S. 1989. Inhibitory Effects of Flavonol Glycosides on 12-O-Tetradecanoylphorbol-13-acetate-Induced Tumor Promotion. Chem. Pharm. Bull. 38(3): 774-776, 1990.

Antiulcer 50-200 mg/kg ipr rat

Antiviral 23-92 ug/ml

Apoptotic 60 uM

Aromatase-Inhibitor IC12=1 uM/l Journal of Medicinal Food 2: 235.1999.

COX-2-Inhibitor

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Carcinogenic Hutchings, A, Scott, AH, Lewis, G, and Cunningham, A. 1996. Zulu Medicinal Plants. An inventory. University of Natal Press, Pietermaritzburg. 450 pp.

Choleretic Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

Copper-Chelator

Cyclooxygenase-Inhibitor IC50 (uM) =20

| | |
|---|---|
| Cytotoxic | |
| Diaphoretic? | Lawrence Review of Natural Products, Dec-90. |
| Diuretic | |
| Estrogenic EC50=0.1-25 uM/l | Journal of Medicinal Food 2: 227.1999. |
| Estrogenic EC50=0.56 uM | |
| Fungicide 20 ug/ml | Father Nature's Farmacy: The aggregate of all these three-letter citations. |
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| Hepatoprotective IC50=5.46 uM | |
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| Hypotensive | |
| ICAM-1-Inhibitor | |
| Inotropic | |
| Iodothyronine-Deiodinase-Inhibitor | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| JNK-Inhibitor | |
| Lipoxygenase-Inhibitor | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| MAO-Inhibitor | |
| Mutagenic | |
| NO-Inhibitor IC50=13.9 uM | |
| Natriuretic | |
| Neuroprotective | |
| PAF-Inhibitor | |
| Pesticide | |
| Protisticide | Meckes, M., Calzada, F., Tapia-Contreras, A., Cedillo-Rivera, R. 1999. Antiprotozoal Properties of Helianthemum glomeratum. Phytotherapy Research, 13(2): 102-105. |
| Quinone-Reductase-Inducer 3 uM | |
| TNF-alpha-Inhibitor IC50=3.99 uM | |
| Teratologic | |
| Topoisomerase-I-Inhibitor | Santti, R., Makela, S., Strauss, L., Korman, J., Kostian, M. L. 1998. Phytoestrogens: Potential Endocrine Disruptors in Males. Toxicol Ind Health, 14: 223-237. |
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| Tyrosinase-Inhibitor ID50=230 uM | |
| Uterotrophic EC50=0.1-25 uM/l | Journal of Medicinal Food 2: 227.1999. |
| Vasodilator | |
| cAMP-Phosphodiesterase-Inhibitor | |
| iNOS-Inhibitor IC50=<15 uM | |
| iNOS-Inhibitor IC50=13.9 uM | |

KAEMPFEROL Leaf -- -- *

Activities (75)

| | |
|---|--|
| 11B-HSD-Inhibitor | |
| 5-Lipoxygenase-Inhibitor IC50 (uM)=20 | |
| Aldose-Reductase-Inhibitor 100 uM | Oliveira, T. T., Nagem, T. J., Miranda, L. C. G., Paula, V. F., Teixeira, M. A. 1997. Inhibitory Action on Aldose Reductase by Soybean Flavonoids. J Braz Chem Soc, 8(3): 211-213. |
| Antiaflatoxin IC50=8.73 uM | |
| Antiaflatoxin IC50=3.28 ppm | |
| Antiaggregant 30 uM | |
| Antiallergic | |
| Antibacterial 20 ug/ml | |
| Anticancer | |
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| Antihistaminic | Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989. |
| Antiimplantation | |

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| Antiinflammatory 20 mg/kg | |
| Antiinflammatory 200 mg/kg ipr rat | |
| Antileukemic IC50=3.1 ug/ml | Life Sciences 55: 1061. |
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| Antiplateau 20 ug/ml | |
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| Choleretic | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
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| Diaphoretic? | Lawrence Review of Natural Products, Dec-90. |
| Diuretic | |
| Estrogenic EC50=0.1-25 uM/l | Journal of Medicinal Food 2: 227.1999. |
| Estrogenic EC50=0.56 uM | |
| Fungicide 20 ug/ml | Father Nature's Farmacy: The aggregate of all these three-letter citations. |
| HIV-RT-Inhibitor IC50=50-150 ug/ml | Garcia, J., Morin,* C., Nyasse, B., Sondengam, B-L., Tchouankeu, J-C., and Tsamo, E. Complete Structural Assignments Of An Ergosterol Derivative From Entandrophragma utile. Journal of Natural Products, 54(1): 136-142, 1991. |
| Hepatoprotective IC50=5.46 uM | |
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| ICAM-1-Inhibitor | |
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| JNK-Inhibitor | |
| Lipoxygenase-Inhibitor | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| MAO-Inhibitor | |
| Mutagenic | |
| NO-Inhibitor IC50=13.9 uM | |
| Natriuretic | |
| Neuroprotective | |
| PAF-Inhibitor | |
| Pesticide | |
| Protisticide | Meckes, M., Calzada, F., Tapia-Contreras, A., Cedillo-Rivera, R. 1999. Antiprotozoal Properties of Helianthemum glomeratum. Phytotherapy Research, 13(2): 102-105. |
| Quinone-Reductase-Inducer 3 uM | |
| TNF-alpha-Inhibitor IC50=3.99 uM | |
| Teratologic | |

| | | | | | |
|---|---|--|--|--|--|
| Topoisomerase-I-Inhibitor | Santti, R., Makela, S., Strauss, L., Korman, J., Kostian, M. L. 1998. Phytoestrogens: Potential Endocrine Disruptors in Males. Toxicol Ind Health, 14: 223-237. | | | | |
| Topoisomerase-II-Inhibitor IC50=8.1 ug/ml | Constantinou, A., Mehta, R., Runyan, C., Rao, K., Vaughan, A., Moon, R. 1995. Flavonoids as DNA Topoisomerase Antagonists and Poisons: Structure-Activity Relationships. J Natural Products, 58: 217-225. | | | | |
| Tyrosinase-Inhibitor ID50=230 uM | | | | | |
| Uterotrophic EC50=0.1-25 uM/l | Journal of Medicinal Food 2: 227.1999. | | | | |
| Vasodilator | | | | | |
| cAMP-Phosphodiesterase-Inhibitor | | | | | |
| iNOS-Inhibitor IC50=<15 uM | | | | | |
| iNOS-Inhibitor IC50=13.9 uM | | | | | |

| | | | | | |
|----------------------------|------|----|----|--|------------------|
| KAEMPFEROL-3-O-GALACTOSIDE | Seed | -- | -- | | Wealth of India. |
|----------------------------|------|----|----|--|------------------|

| | | | | | |
|--------------------------|------|----|----|--|------------------|
| KAEMPFEROL-3-O-GLUCOSIDE | Seed | -- | -- | | Wealth of India. |
|--------------------------|------|----|----|--|------------------|

| | | | | | |
|--------------|------|--------|--------|-------|----------------------------------|
| KILOCALORIES | Seed | 3330.0 | 3700.0 | -0.91 | Revised USDA data received 1993. |
|--------------|------|--------|--------|-------|----------------------------------|

| | | | | | |
|-------------|------|-------|-------|-------|------------------------------------|
| LAURIC-ACID | Seed | 100.0 | 110.0 | -0.51 | USDA's Ag Handbook 8 and sequelae) |
|-------------|------|-------|-------|-------|------------------------------------|

| Activities (7) | | | | | |
|--------------------------|--|--|--|--|--|
| Antibacterial | | | | | |
| Antioxidant IC71=60 | | | | | |
| Antiviral | | | | | |
| COX-1-Inhibitor IC40=100 | | | | | |
| COX-2-Inhibitor IC20=100 | | | | | |
| Candidicide | | | | | |
| Hypercholesterolemic | Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) | | | | |

| | | | | | |
|-------------|-------|-------|-------|-------|---|
| LAURIC-ACID | Fruit | 100.0 | 110.0 | -0.44 | * |
|-------------|-------|-------|-------|-------|---|

| Activities (7) | | | | | |
|--------------------------|--|--|--|--|--|
| Antibacterial | | | | | |
| Antioxidant IC71=60 | | | | | |
| Antiviral | | | | | |
| COX-1-Inhibitor IC40=100 | | | | | |
| COX-2-Inhibitor IC20=100 | | | | | |
| Candidicide | | | | | |
| Hypercholesterolemic | Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) | | | | |

| | | | | | |
|---------|------|---------|---------|-------|----------------------------------|
| LEUCINE | Seed | 12180.0 | 13520.0 | -0.34 | Revised USDA data received 1993. |
|---------|------|---------|---------|-------|----------------------------------|

| Activities (2) | | | | | |
|---------------------|--|--|--|--|--|
| Antiencephalopathic | Martindale's 29th | | | | |
| Essential | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |

| | | | | | |
|----------|-------|--------|---------|------|---|
| LIMONENE | Fruit | 7860.0 | 30180.0 | 3.58 | * |
|----------|-------|--------|---------|------|---|

Activities (60)

| | |
|---|--|
| AChE-Inhibitor | Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. & Physiol.</i> , 23, 1985, 383-8. |
| Acaricide LC100=8 uM | |
| Allelochemic | |
| Allergenic 1/20th carene | |
| Antiacetylcholinesterase IC22-26=1.2 mM | |
| Antiadenomic | |
| Antialzheimeran? | Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. & Physiol.</i> , 23, 1985, 383-8. |
| Antiasthmatic | |
| Antibacterial | Revista Itiliana Eppos, 12: 5, 1994. |
| Anticancer | |
| Antiesophagitic | |
| Antifeedant | |
| Antiflu | Economic & Medicinal Plant Research, 5: 195. |
| Antiinflammatory | |
| Antilithic | |
| Antilymphomic | |
| Antimetastatic (Stomach) | |
| Antimutagenic | Economic & Medicinal Plant Research, 6: 235. |
| Antiobesity | |
| Antiseptic | |
| Antispasmodic ED50=0.197 mg/ml | Fitoterapia No.59-1984. |
| Antitumor | |
| Antitumor (Breast) | |
| Antitumor (Colon) | |
| Antitumor (Pancreas) | |
| Antitumor (Prostate) | |
| Antitumor (Stomach) | |
| Antiviral | |
| Apoptotic | |
| Bronchoprotectant | |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Candidistat | |
| Chemopreventive | |
| Cholesterolytic | |
| Detoxicant | |
| Enterocontractant | J. Aromatherapy 4: 22. |
| Expectorant | |
| FLavor | |
| Fungiphilic | J. Agric. Food Chem. 43: 2283. |
| Fungistat | |
| GST-Inducer | |
| Herbicide IC50=45 uM | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Histaminic | |
| Immunomodulator | |
| Insecticide 0.37 uM/fly | |
| Insectifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Interleukin-6-Inhibitor | |
| Irritant | |
| Lipolytic | |
| Myorelaxant 50 mg/kg | |
| NO-Genic | |
| Nematicide IC=100 ug/ml | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. |
| Ornithine-Decarboxylase-Inhibitor ~750 mg/kg (diet) | |
| Ozone-Scavenger | |
| P450-Inducer | |
| Peristaltic | |
| Pesticide | |
| Photosensitizer | Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp. |
| Sedative ED=1-32 mg/kg | Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176) |
| Transdermal | |

LIMONENE

Seed

3000.0

42000.0

2.25

*

Activities (60)

| | |
|---|--|
| AChE-Inhibitor | Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. & Physiol.</i> , 23, 1985, 383-8. |
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| Allergenic 1/20th carene | |
| Antiacetylcholinesterase IC22-26=1.2 mM | |
| Antiadenomic | |
| Antialzheimeran? | Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. & Physiol.</i> , 23, 1985, 383-8. |
| Antiasthmatic | |
| Antibacterial | Revista Itiliana Eppos, 12: 5, 1994. |
| Anticancer | |
| Antiesophagitic | |
| Antifeedant | |
| Antiflu | Economic & Medicinal Plant Research, 5: 195. |
| Antiinflammatory | |
| Antilithic | |
| Antilymphomic | |
| Antimetastatic (Stomach) | |
| Antimutagenic | Economic & Medicinal Plant Research, 6: 235. |
| Antiobesity | |
| Antiseptic | |
| Antispasmodic ED50=0.197 mg/ml | Fitoterapia No.59-1984. |
| Antitumor | |
| Antitumor (Breast) | |
| Antitumor (Colon) | |
| Antitumor (Pancreas) | |
| Antitumor (Prostate) | |
| Antitumor (Stomach) | |
| Antiviral | |
| Apoptotic | |
| Bronchoprotectant | |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Candidistat | |
| Chemopreventive | |
| Cholesterolytic | |
| Detoxicant | |
| Enterocontractant | J. Aromatherapy 4: 22. |
| Expectorant | |
| FLavor | |
| Fungiphilic | J. Agric. Food Chem. 43: 2283. |
| Fungistat | |
| GST-Inducer | |
| Herbicide IC50=45 uM | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Histaminic | |
| Immunomodulator | |
| Insecticide 0.37 uM/fly | |
| Insectifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Interleukin-6-Inhibitor | |
| Irritant | |
| Lipolytic | |
| Myorelaxant 50 mg/kg | |
| NO-Genic | |
| Nematicide IC=100 ug/ml | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. |
| Ornithine-Decarboxylase-Inhibitor ~750 mg/kg (diet) | |
| Ozone-Scavenger | |
| P450-Inducer | |
| Peristaltic | |
| Pesticide | |
| Photosensitizer | Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp. |
| Sedative ED=1-32 mg/kg | Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176) |
| Transdermal | |

| | | | | | |
|----------|------------------------|----|----------|------|---|
| LIMONENE | Seed Essent. Oil | -- | 381600.0 | 0.72 | * |
|----------|------------------------|----|----------|------|---|

Activities (60)

| | |
|---|--|
| AChE-Inhibitor | Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. & Physiol.</i> , 23, 1985, 383-8. |
| Acaricide LC100=8 uM | |
| Allelochemic | |
| Allergenic 1/20th carene | |
| Antiacetylcholinesterase IC22-26=1.2 mM | |
| Antiadenomic | |
| Antialzheimeran? | Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. & Physiol.</i> , 23, 1985, 383-8. |
| Antiasthmatic | |
| Antibacterial | Revista Itiliana Eppos, 12: 5, 1994. |
| Anticancer | |
| Antiesophagitic | |
| Antifeedant | |
| Antiflu | Economic & Medicinal Plant Research, 5: 195. |
| Antiinflammatory | |
| Antilithic | |
| Antilymphomic | |
| Antimetastatic (Stomach) | |
| Antimutagenic | Economic & Medicinal Plant Research, 6: 235. |
| Antiobesity | |
| Antiseptic | |
| Antispasmodic ED50=0.197 mg/ml | Fitoterapia No.59-1984. |
| Antitumor | |
| Antitumor (Breast) | |
| Antitumor (Colon) | |
| Antitumor (Pancreas) | |
| Antitumor (Prostate) | |
| Antitumor (Stomach) | |
| Antiviral | |
| Apoptotic | |
| Bronchoprotectant | |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Candidistat | |
| Chemopreventive | |
| Cholesterolytic | |
| Detoxicant | |
| Enterocontractant | J. Aromatherapy 4: 22. |
| Expectorant | |
| FLavor | |
| Fungiphilic | J. Agric. Food Chem. 43: 2283. |
| Fungistat | |
| GST-Inducer | |
| Herbicide IC50=45 uM | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Histaminic | |
| Immunomodulator | |
| Insecticide 0.37 uM/fly | |
| Insectifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Interleukin-6-Inhibitor | |
| Irritant | |
| Lipolytic | |
| Myorelaxant 50 mg/kg | |
| NO-Genic | |
| Nematicide IC=100 ug/ml | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. |
| Ornithine-Decarboxylase-Inhibitor ~750 mg/kg (diet) | |
| Ozone-Scavenger | |
| P450-Inducer | |
| Peristaltic | |
| Pesticide | |
| Photosensitizer | Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp. |
| Sedative ED=1-32 mg/kg | Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176) |
| Transdermal | |

LIMONENE

Essential 250000.0 500000.0 2.14 *

Activities (60)

| | |
|---|--|
| AChE-Inhibitor | Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. & Physiol.</i> , 23, 1985, 383-8. |
| Acaricide LC100=8 uM | |
| Allelochemic | |
| Allergenic 1/20th carene | |
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| Antiasthmatic | |
| Antibacterial | Revista Itiliana Eppos, 12: 5, 1994. |
| Anticancer | |
| Antiesophagitic | |
| Antifeedant | |
| Antiflu | Economic & Medicinal Plant Research, 5: 195. |
| Antiinflammatory | |
| Antilithic | |
| Antilymphomic | |
| Antimetastatic (Stomach) | |
| Antimutagenic | Economic & Medicinal Plant Research, 6: 235. |
| Antiobesity | |
| Antiseptic | |
| Antispasmodic ED50=0.197 mg/ml | Fitoterapia No.59-1984. |
| Antitumor | |
| Antitumor (Breast) | |
| Antitumor (Colon) | |
| Antitumor (Pancreas) | |
| Antitumor (Prostate) | |
| Antitumor (Stomach) | |
| Antiviral | |
| Apoptotic | |
| Bronchoprotectant | |
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| Candidistat | |
| Chemopreventive | |
| Cholesterolytic | |
| Detoxicant | |
| Enterocontractant | J. Aromatherapy 4: 22. |
| Expectorant | |
| FLavor | |
| Fungiphilic | J. Agric. Food Chem. 43: 2283. |
| Fungistat | |
| GST-Inducer | |
| Herbicide IC50=45 uM | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Histaminic | |
| Immunomodulator | |
| Insecticide 0.37 uM/fly | |
| Insectifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Interleukin-6-Inhibitor | |
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| Lipolytic | |
| Myorelaxant 50 mg/kg | |
| NO-Genic | |
| Nematicide IC=100 ug/ml | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. |
| Ornithine-Decarboxylase-Inhibitor ~750 mg/kg (diet) | |
| Ozone-Scavenger | |
| P450-Inducer | |
| Peristaltic | |
| Pesticide | |
| Photosensitizer | Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp. |
| Sedative ED=1-32 mg/kg | Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176) |
| Transdermal | |

LIMONENE Plant -- 420.0 -0.23 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

Activities (60)

| | |
|---|--|
| AChE-Inhibitor | Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, Oest. Biochem. & Physiol., 23, 1985, 383-8. |
| Acaricide LC100=8 uM | |
| Allelochemic | |
| Allergenic 1/20th carene | |
| Antiacetylcholinesterase IC22-26=1.2 mM | |
| Antiadenomic | |
| Antialzheimeran? | Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, Oest. Biochem. & Physiol., 23, 1985, 383-8. |
| Antiasthmatic | |
| Antibacterial | Revista Itiliana Eppos, 12: 5, 1994. |
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| Antiesophagitic | |
| Antifeedant | |
| Antiflu | Economic & Medicinal Plant Research, 5: 195. |
| Antiinflammatory | |
| Antilithic | |
| Antilymphomic | |
| Antimetastatic (Stomach) | |
| Antimutagenic | Economic & Medicinal Plant Research, 6: 235. |
| Antiobesity | |
| Antiseptic | |
| Antispasmodic ED50=0.197 mg/ml | Fitoterapia No.59-1984. |
| Antitumor | |
| Antitumor (Breast) | |
| Antitumor (Colon) | |
| Antitumor (Pancreas) | |
| Antitumor (Prostate) | |
| Antitumor (Stomach) | |
| Antiviral | |
| Apoptotic | |
| Bronchoprotectant | |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Candidistat | |
| Chemopreventive | |
| Cholesterolytic | |
| Detoxicant | |
| Enterocontractant | J. Aromatherapy 4: 22. |
| Expectorant | |
| FLavor | |
| Fungiphilic | J. Agric. Food Chem. 43: 2283. |
| Fungistat | |
| GST-Inducer | |
| Herbicide IC50=45 uM | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Histaminic | |
| Immunomodulator | |
| Insecticide 0.37 uM/fly | |
| Insectifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Interleukin-6-Inhibitor | |
| Irritant | |
| Lipolytic | |
| Myorelaxant 50 mg/kg | |
| NO-Genic | |
| Nematicide IC=100 ug/ml | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. |
| Ornithine-Decarboxylase-Inhibitor ~750 mg/kg (diet) | |
| Ozone-Scavenger | |
| P450-Inducer | |
| Peristaltic | |
| Pesticide | |
| Photosensitizer | Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp. |
| Sedative ED=1-32 mg/kg | Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176) |
| Transdermal | |

LIMONENE-4-OL Seed 20.0 55.0 *

| | | | | | |
|----------|-------|------|------|-------|---|
| LINALOL | Fruit | 48.0 | 96.0 | -0.62 | * |
| LINALOOL | Seed | 5.0 | 96.0 | -0.46 | * |

Activities (53)

| | |
|---|---|
| Acaricide C90=<15 ul/l (= <15 ppm) | |
| Allergenic | |
| Analgesic | |
| Anesthetic 0.01-1 ug/ml | |
| Antiacetylcholinesterase | |
| Antiallergic | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp. |
| Antianaphylactic | |
| Antibacterial MIC=1,600 ug/ml | |
| Anticariogenic MIC=1,600 ug/ml | Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105. |
| Anticolic | |
| Anticonvulsant 200 mg/kg ipr mus | |
| Antiedemic | |
| Antiglutamaergic | |
| Antihistaminic | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp. |
| Antiinflammatory | |
| Antileukemic IC50=3.5-4.2 ug/ml | Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46. |
| Antilymphomic IC50=3.5-4.2 ug/ml | Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46. |
| Antimange | |
| Antimite | |
| Antimutagenic | |
| Antiseptic 5 x phenol | Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176) |
| Antishock | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp. |
| Antispasmodic | Buchbauer, G., Jirovetz*, L., Nikiforov, A., Remberg, G., Raverdino, V. 1989. Headspace-Analysis and Aroma Compounds of Austrian Hay-Blossoms (Flores Graminis, Graminis Flos) used in Aromatherapy. J. Ess. Oil Res., 2: 185-191, 1990. |
| Antiviral | |
| Barbituate-Synergist | |
| Bronchorelaxant | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp. |
| CNS-Depressant | |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Candidistat | |
| Carminative | |
| Culicide LC50=156-194 mg/l | |
| Cytotoxic | |
| Expectorant | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp. |
| Flavor FEMA 2-40 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Fungicide | Acta Botanica Sinica, 32: 49. |
| GABA-nergic | |
| Hypnotic | |
| Hypothermic | |
| Insecticide LC50=156-194 mg/l | |
| Insectifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Irritant | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |
| Larvicide LC50=156-194 mg/l | |
| Mosquitofuge > Deet | |
| Motor-Depressant | Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC |
| Nematicide MLC=1 mg/ml | Shoyakugaku Zasshi, 44: 183. |
| Perfumery | Merck 11th Edition |
| Pesticide | |
| Prooxidant | Charalambous, G. (Ed.). 1994. Spices, Herbs and Edible Fungi. Elsevier Science B. V. Amsterdam. 764 pp. |
| Sedative ED=1-32 mg/kg | Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176) |
| Sedative 200 mg/kg ipr mus (1% as active as diazepam) | |
| Termitifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Trichomonicide LD100=600 ug/ml | |
| Tumor-Promoter | |

LINOLEIC-ACID Fruit 20300.0 46714.0 0.3 *

Activities (27)

5-Alpha-Reductase-Inhibitor

| | |
|-------------------------------|--|
| AntiMS | Economic & Medicinal Plant Research, 6: 189. |
| Antiacne | |
| Antiallopecic | |
| Antianaphylactic | Economic & Medicinal Plant Research, 6: 189. |
| Antiandrogenic | |
| Antiartherosclerotic | |
| Antiarthritic | Economic & Medicinal Plant Research, 6: 189. |
| Anticoronary | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antieczemic | Economic & Medicinal Plant Research, 6: 189. |
| Antifibrinolytic | Economic & Medicinal Plant Research, 1: 53. |
| Antigranular | |
| Antihistaminic | Economic & Medicinal Plant Research, 6: 189. |
| Antiinflammatory IC50=31 uM | |
| Antileukotriene-D4 IC50=31 uM | |
| Antimenorrhagic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiprostatic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Carcinogenic | Science News, 146: 421. |
| Comedolytic | |
| Hepatoprotective | |
| Hypocholesterolemic | Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) |
| Immunomodulator | Economic & Medicinal Plant Research, 6: 189. |
| Insectifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Metastatic | Science News, 146: 421. |
| Nematicide | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. |
| Propepic | |

LINOLEIC-ACID Seed 19600.0 46714.0 -0.52 *

Activities (27)

5-Alpha-Reductase-Inhibitor

| | |
|-------------------------------|--|
| AntiMS | Economic & Medicinal Plant Research, 6: 189. |
| Antiacne | |
| Antiallopecic | |
| Antianaphylactic | Economic & Medicinal Plant Research, 6: 189. |
| Antiandrogenic | |
| Antiartherosclerotic | |
| Antiarthritic | Economic & Medicinal Plant Research, 6: 189. |
| Anticoronary | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antieczemic | Economic & Medicinal Plant Research, 6: 189. |
| Antifibrinolytic | Economic & Medicinal Plant Research, 1: 53. |
| Antigranular | |
| Antihistaminic | Economic & Medicinal Plant Research, 6: 189. |
| Antiinflammatory IC50=31 uM | |
| Antileukotriene-D4 IC50=31 uM | |
| Antimenorrhagic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiprostatic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
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| Comedolytic | |
| Hepatoprotective | |
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| Immunomodulator | Economic & Medicinal Plant Research, 6: 189. |
| Insectifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Metastatic | Science News, 146: 421. |
| Nematicide | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. |
| Propepic | |

| | | | | | |
|----------------|------|-------|--------|-------|--|
| LINOLENIC-ACID | Seed | 600.0 | 4140.0 | -0.51 | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. |
|----------------|------|-------|--------|-------|--|

| | | | | | |
|--------|------|---------|---------|-------|----------------------------------|
| LYSINE | Seed | 10310.0 | 11445.0 | -0.09 | Revised USDA data received 1993. |
|--------|------|---------|---------|-------|----------------------------------|

Activities (4)

| | |
|---------------------------|--|
| Antialkalotic | Martindale's 29th |
| Antiherpetic 0.5-3 g/day | |
| Essential | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Hypoarginanemic 250 mg/kg | Martindale's 29th |

| | | | | | |
|-----------|------|--------|--------|-----|---|
| MAGNESIUM | Seed | 2070.0 | 2950.0 | 0.0 | * |
|-----------|------|--------|--------|-----|---|

Activities (65)

| | |
|---|--|
| AntiCFS | |
| AntiLyme 400-1,000 mg | |
| AntiMS | |
| AntiPMS 400-800 mg/day/wmn/orl | |
| AntiPMS 400-800 mg/day/wmn orl | |
| AntiRaynaud's 280-350 mg/day | |
| Antiaggregant 400 mg/day | |
| Antialcoholic | |
| Antianginal 400 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antianorectic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antianxiety 400 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiarrhythmic 400 mg/day | |
| Antiarthritic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antiasthmatic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiatherosclerotic 400 mg/day | |
| Anticephalagic | |
| Anticlimacteric 500-750 mg/day | |
| Anticonvulsant | Facciola, S. 1998. Cornucopia - A Source Book of Edible Plants. Kampong Publications, Vista CA. 713 pp. |
| Anticoronary 400 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antidepressant | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antidiabetic 400-800 mg/man/day | |
| Antidysmenorrheic 100 mg 4 x/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiendometriotic 500 mg/day | |
| Antienterotic | |
| Antiepileptic 450 mg/day | |
| Antifatigue | |
| Antifibromyalgic 200-300 mg 3x/day | |
| Antigastric | |
| Antiglaucomic | |
| Antihyperkinetic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antihypertensive | |
| Antihypoglycemic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antiinflammatory 100 mg 4 x/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiinsomniac | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antilithic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antimastalgic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antimenopausal 500-750 mg/day | |
| Antimigraine 200 mg/day/man | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antimitral-valve-prolapse | |
| Antinephrolytic | |
| Antineurotic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antiosteoporotic 500-1,000 mg/day/wmn/orl | |
| Antiplaque 500-1,000 mg/day | |
| Antiretinopathic 400 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |

| | |
|--------------------------------|--|
| Antispasmodic | |
| Antispasmodic 500 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antistress 500-750 mg/day | |
| Antistroke 400 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antisyndrome-X 400 mg/man/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Anxiolytic 500-750 mg/day | |
| CNS-Depressant | Facciola, S. 1998. Cornucopia - A Source Book of Edible Plants. Kampong Publications, Vista CA. 713 pp. |
| Calcium-Antagonist | |
| Cardioprotective | |
| Diuretic | |
| Hypocholesterolemic 400 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Hypotensive 260-500 mg/day | |
| Immunomodulator | |
| Insulinogenic 400 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Laxative 300-500 mg/day | |
| Litholytic | |
| Myorelaxant 100 mg 4 x/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Neurotransmitter | |
| Tranquilizer 500-750 mg/day | |
| Uterorelaxant 100 mg 4 x/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Vasodilator | |

MAGNESIUM Fruit 2580.0 2863.0 0.34 *

Activities (65)

| | |
|------------------------------------|--|
| AntiCFS | |
| AntiLyme 400-1,000 mg | |
| AntiMS | |
| AntiPMS 400-800 mg/day/wmn/orl | |
| AntiPMS 400-800 mg/day/wmn orl | |
| AntiRaynaud's 280-350 mg/day | |
| Antiaggregant 400 mg/day | |
| Antialcoholic | |
| Antianginal 400 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antianorectic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antianxiety 400 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiarrhythmic 400 mg/day | |
| Antiarthritic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antiasthmatic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiatherosclerotic 400 mg/day | |
| Anticephalagic | |
| Anticlimacteric 500-750 mg/day | |
| Anticonvulsant | Facciola, S. 1998. Cornucopia - A Source Book of Edible Plants. Kampong Publications, Vista CA. 713 pp. |
| Anticoronary 400 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antidepressant | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antidiabetic 400-800 mg/man/day | |
| Antidysmenorrheic 100 mg 4 x/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antidometriotic 500 mg/day | |
| Antienterotic | |
| Antiepileptic 450 mg/day | |
| Antifatigue | |
| Antifibromyalgic 200-300 mg 3x/day | |
| Antigastroic | |
| Antiglaucomic | |
| Antihyperkinetic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antihypertensive | |
| Antihypoglycemic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antiinflammatory 100 mg 4 x/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |

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|---|--|
| Antiinsomniac | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antilithic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antimastalgic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antimenopausal 500-750 mg/day | |
| Antimigraine 200 mg/day/man | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antimitral-valve-prolapse | |
| Antinephrolytic | |
| Antineurotic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antiosteoporotic 500-1,000 mg/day/wmn/orl | |
| Antiplateau 500-1,000 mg/day | |
| Antiretinopathic 400 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antispasmodic | |
| Antispasmophilic 500 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antistress 500-750 mg/day | |
| Antistroke 400 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antisyndrome-X 400 mg/man/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Anxiolytic 500-750 mg/day | |
| CNS-Depressant | Facciola, S. 1998. Cornucopia - A Source Book of Edible Plants. Kampong Publications, Vista CA. 713 pp. |
| Calcium-Antagonist | |
| Cardioprotective | |
| Diuretic | |
| Hypocholesterolemic 400 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Hypotensive 260-500 mg/day | |
| Immunomodulator | |
| Insulinogenic 400 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Laxative 300-500 mg/day | |
| Litholytic | |
| Myorelaxant 100 mg 4 x/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Neurotransmitter | |
| Tranquilizer 500-750 mg/day | |
| Uterorelaxant 100 mg 4 x/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Vasodilator | |

MANGANESE Seed 13.0 34.0 -0.24 *

Activities (14)

| | |
|---------------------------------|--|
| AntiPMS | |
| Antialcoholic | Forest H. Nielsen, USDA, Grand Forks, various publications. |
| Antianemic | Martindale's 28th |
| Antiarthritic | |
| Antidiabetic 3-5 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antidiabetic 10-30 mg/man/day | |
| Antidiscotic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antidykinetic | Martindale's 28th |
| Antiepileptic 450 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiosteoporotic | |
| Antiototic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antioxidant | |
| Antisyndrome-X 10-30 mg/man/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Hypoglycemic 10-30 mg/man/day | |

MANGANESE Fruit 13.0 34.0 -0.18 *

| Activities (14) | | | | | |
|---------------------------------|--|--|--|--|--|
| AntiPMS | | | | | |
| Antialcoholic | | | | | Forest H. Nielsen, USDA, Grand Forks, various publications. |
| Antianemic | | | | | Martindale's 28th |
| Antiarthritic | | | | | |
| Antidiabetic 3-5 mg/day | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antidiabetic 10-30 mg/man/day | | | | | |
| Antidiscotic | | | | | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antidyskinetic | | | | | Martindale's 28th |
| Antiepileptic 450 mg/day | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiosteoporotic | | | | | |
| Antiototic | | | | | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antioxidant | | | | | |
| Antisyndrome-X 10-30 mg/man/day | | | | | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Hypoglycemic 10-30 mg/man/day | | | | | |

| | | | | | |
|---------|------|----|----|--|--|
| MANNANS | Seed | -- | -- | | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. |
|---------|------|----|----|--|--|

| | | | | | |
|---------|------|----|----|--|--|
| MANNOSE | Seed | -- | -- | | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. |
|---------|------|----|----|--|--|

| Activities (3) | | | | | |
|---|--|--|--|--|--|
| AntiUTI | | | | | |
| Antiadhesive | | | | | |
| Anticystitic 0.25-1 tsp 3-4 x/day orl man | | | | | |

| | | | | | |
|----------|------|----|----|---|--|
| METHANOL | Seed | -- | -- | * | |
|----------|------|----|----|---|--|

| Activities (2) | | | | | |
|------------------------|--|--|--|--|-------------------|
| AntiHIV EC50=<20 ug/ml | | | | | |
| Antidote #NAME? | | | | | Martindale's 29th |

| | | | | | |
|----------|-------|----|----|---|--|
| METHANOL | Fruit | -- | -- | * | |
|----------|-------|----|----|---|--|

| Activities (2) | | | | | |
|------------------------|--|--|--|--|-------------------|
| AntiHIV EC50=<20 ug/ml | | | | | |
| Antidote #NAME? | | | | | Martindale's 29th |

| | | | | | |
|------------|------|--------|--------|-------|----------------------------------|
| METHIONINE | Seed | 3610.0 | 4005.0 | -0.08 | Revised USDA data received 1993. |
|------------|------|--------|--------|-------|----------------------------------|

| Activities (15) | | | | | |
|--|--|--|--|--|--|
| Anticataract | | | | | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antidote (Acetaminophen) 10 g/16hr/man/orl | | | | | Martindale's 29th |
| Antidote (Paracetamol) 10 g/16hr/man/orl | | | | | Martindale's 29th |
| Antieczemic | | | | | |
| Antihepatotic | | | | | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antioxidant | | | | | |
| Antiparkinsonian 1-5 g/day | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Cancer-Preventive | | | | | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Emetic | | | | | Martindale's 29th |
| Essential | | | | | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Glutathionigenic | | | | | Martindale's 29th |
| Hepatoprotective | | | | | |
| Lipotropic | | | | | Merck 11th Edition |
| Urine-Acidifier 200 mg/3x/day/man/orl | | | | | Martindale's 28th |
| Urine-Deodorant | | | | | Martindale's 29th |

| | | | | | |
|--------------------------------------|------|----|----|---|--|
| METHYL-3,7-DIMETHYL-2,6-OCTADIENOATE | Seed | -- | -- | * | |
|--------------------------------------|------|----|----|---|--|

Activities (13)

| | |
|----------------------------------|---|
| Allergenic | |
| Anemiagenic | |
| Antiinflammatory IC50=21 uM | |
| Antileukotriene-D4 IC50=21 uM | |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Choleretic 5 ml/man | |
| Dermatitigenic | |
| FLavor FEMA 1-30 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Hypocholesterolemic | Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) |
| Insectifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Irritant | Merck 11th Edition |
| Percutaneostimulant | Seki, T., Toeda, C., Kawaguchi, T., Juni, K., Sugibayashi, K., and Morimoto, Y. 1990. Enhanced Transdermal Delivery of Zidovudine in Rats and Human Skin. Chem. Pharm. Bull. 38(11): 3086-3089, 1990. |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |

MYRCENE Seed 12.0 1560.0 -0.18 *

Activities (22)

| | |
|--------------------------------------|--|
| ACE-Inhibitor 100 ug/ml | |
| Aldose-Reductase-Inhibitor 100 ug/ml | Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101. |
| Allergenic | |
| Analgesic | Kauderer, B., Zamith, H., Paumgarten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991. |
| Antibacterial | |
| Anticonvulsant | |
| Antimutagenic | Kauderer, B., Zamith, H., Paumgarten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991. |
| Antinitrosaminic | |
| Antinociceptive 10-20 mg/kg ipr mus | Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990. |
| Antinociceptive 20-40 mg/kg scu mus | Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990. |
| Antioxidant | Jim Duke's personal files. |
| Antispasmodic | Jim Duke's personal files. |
| Chemopreventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| FLavor FEMA 0.5-9 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Fungicide | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Hypothermic | |
| Insectifuge | |
| Irritant | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |
| Myorelaxant 100-200 mg/kg | |
| P450-2B1-Inhibitor IC50=0.14 uM | |
| Perfumery | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Pesticide | |

MYRCENE Plant -- 150.0 -0.31 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

Activities (22)

ACE-Inhibitor 100 ug/ml

Aldose-Reductase-Inhibitor 100 ug/ml Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.

Allergenic

Analgesic Kauderer, B., Zamith, H., Paumgartten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.

Antibacterial

Anticonvulsant

Antimutagenic Kauderer, B., Zamith, H., Paumgartten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.

Antinitrosaminic

Antinociceptive 10-20 mg/kg ipr mus Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.

Antinociceptive 20-40 mg/kg scu mus Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.

Antioxidant Jim Duke's personal files.

Antispasmodic Jim Duke's personal files.

Chemopreventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

FLavor FEMA 0.5-9 Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry

Fungicide Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.

Hypothermic

Insectifuge

Irritant Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

Myorelaxant 100-200 mg/kg

P450-2B1-Inhibitor IC50=0.14 uM

Perfumery Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Pesticide

MYRCENE Fruit 180.0 1560.0 -0.14 *

Activities (22)

ACE-Inhibitor 100 ug/ml

Aldose-Reductase-Inhibitor 100 ug/ml Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.

Allergenic

Analgesic Kauderer, B., Zamith, H., Paumgartten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.

Antibacterial

Anticonvulsant

Antimutagenic Kauderer, B., Zamith, H., Paumgartten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.

Antinitrosaminic

Antinociceptive 10-20 mg/kg ipr mus Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.

Antinociceptive 20-40 mg/kg scu mus Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.

Antioxidant Jim Duke's personal files.

Antispasmodic Jim Duke's personal files.

Chemopreventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

FLavor FEMA 0.5-9 Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry

Fungicide Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.

Hypothermic

Insectifuge

Irritant Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

Myorelaxant 100-200 mg/kg

P450-2B1-Inhibitor IC50=0.14 uM

Perfumery Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Pesticide

MYRISTIC-ACID Fruit 400.0 444.0 -0.25 *

| Activities (6) | | | | | |
|----------------------|--|--|--|--|--|
| Antioxidant IC71=60 | | | | | |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. | | | | |
| Cosmetic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Hypercholesterolemic | Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) | | | | |
| Lubricant | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Nematicide | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. | | | | |

MYRISTIC-ACID Seed 400.0 444.0 -0.29 USDA's Ag Handbook 8 and sequelae)

| Activities (6) | | | | | |
|----------------------|--|--|--|--|--|
| Antioxidant IC71=60 | | | | | |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. | | | | |
| Cosmetic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Hypercholesterolemic | Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) | | | | |
| Lubricant | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Nematicide | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. | | | | |

MYRISTICIN Seed 60.0 985.0 -0.91 *

| Activities (31) | | | | | |
|--|--|--|--|--|--|
| Amphetaminagenic | | | | | |
| Anesthetic | | | | | |
| Antiaggregant IC50=250 uM | Janssens, J., Laekeman, G.M., Pieters, L.A.C., Totte, J., Herman, A.G., and Vlietinck, A.J. 1990. Nutmeg Oil: Identification and Quantitation of its Most Active Constituents as Inhibitors of Platelet Aggregation. J.of Ethnopharmacology, 29: 179-188, 1990. | | | | |
| Antidepressant | Jim Duke's personal files. | | | | |
| Antiinflammatory | Jim Duke's personal files. | | | | |
| Antioxidant 25-100 mg/kg/orl | Jim Duke's personal files. | | | | |
| Antispasmodic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Antistress ihl | Jim Duke's personal files. | | | | |
| Calcium-Antagonist IC50=88 uM | | | | | |
| Calcium-Antagonist IC50=63.1 gpg (weak activity) | | | | | |
| Cancer-Preventive 10 mg/mus/orl/day | Jim Duke's personal files. | | | | |
| Diuretic | Tyler, V.E.. 1982. The Honest Herbal. George F. Stickley Co., Philadelphia PA. 263 pp. | | | | |
| FLavor FEMA 0.1-10 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | | | |
| Fungicide MIC=20 ug | | | | | |
| Hallucinogenic | Cooper-Driver, G. A., Chemical substances in plants toxic to animals, pp. 213-47 in Rechcigl, M., Jr., ed. CRC Handbook of Naturally Occurring Food Toxicants, CRC Press, Boca Raton, 1983, 339 pp. | | | | |
| Hepatotoxic | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp. | | | | |
| Hypnotic | Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp. | | | | |
| Hypotensive ihl | Jim Duke's personal files. | | | | |
| Insecticide 25 ppm | Hostettmann, K., Marston, A., Maillard, M. and Hamburger, M., eds. 1995. Phytochemistry of Plants Used in Traditional Medicine. (Proc. Phytochem. Soc. Eur. 37) Oxford Science Publications. New York. 408 pp. | | | | |
| Insecticide-Synergist | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Larvicide 25 ppm | | | | | |
| MAO-Inhibitor | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Neurotoxic | R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That:The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benificent Nature. The Risk of Herbal Preparations. Anns. Intern. Med. 117(2):165-6; Huxtable, R. | | | | |
| Oxytotic | Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp. | | | | |
| Paralytic | Oriental Materia Medica (three volumes by Dr. Hsu and collaborators) | | | | |
| Pesticide | | | | | |
| Psychoactive | R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That:The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benificent Nature. The Risk of Herbal Preparations. Anns. Intern. Med. 117(2):165-6; Huxtable, R. | | | | |
| Sedative 300 mg/kg ipr | Jim Duke's personal files. | | | | |
| Serotonergic 1,000 ppm orl | Jim Duke's personal files. | | | | |
| Tachycardic | Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989. | | | | |
| Uterotonic | Tyler, V.E.. 1982. The Honest Herbal. George F. Stickley Co., Philadelphia PA. 263 pp. | | | | |

MYRISTICIN Plant -- 120.0 -1.0 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

Activities (31)

| | |
|--|--|
| Amphetaminagenic | |
| Anesthetic | |
| Antiaggregant IC50=250 uM | Janssens, J., Laekeman, G.M., Pieters, L.A.C., Totte, J., Herman, A.G., and Vlietinck, A.J. 1990. Nutmeg Oil: Identification and Quantitation of its Most Active Constituents as Inhibitors of Platelet Aggregation. <i>J.of Ethnopharmacology</i> , 29: 179-188, 1990. |
| Antidepressant | Jim Duke's personal files. |
| Antiinflammatory | Jim Duke's personal files. |
| Antioxidant 25-100 mg/kg/orl | Jim Duke's personal files. |
| Antispasmodic | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp. |
| Antistress ihl | Jim Duke's personal files. |
| Calcium-Antagonist IC50=88 uM | |
| Calcium-Antagonist IC50=63.1 gpg (weak activity) | |
| Cancer-Preventive 10 mg/mus/orl/day | Jim Duke's personal files. |
| Diuretic | Tyler, V.E.. 1982. <i>The Honest Herbal.</i> George F. Stickley Co., Philadelphia PA. 263 pp. |
| FLavor FEMA 0.1-10 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Fungicide MIC=20 ug | |
| Hallucinogenic | Cooper-Driver, G. A., Chemical substances in plants toxic to animals, pp. 213-47 in Rechcigl, M., Jr., ed. <i>CRC Handbook of Naturally Occurring Food Toxicants</i> , CRC Press, Boca Raton, 1983, 339 pp. |
| Hepatotoxic | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals.</i> The Pharmaceutical Press, London. 296pp. |
| Hypnotic | Iwu, M.M. 1993. <i>Handbook of African Medicinal Plants.</i> CRC Press, Boca Raton, FL 435 pp. |
| Hypotensive ihl | Jim Duke's personal files. |
| Insecticide 25 ppm | Hostettmann, K., Marston, A., Maillard, M. and Hamburger, M., eds. 1995. <i>Phytochemistry of Plants Used in Traditional Medicine.</i> (Proc. Phytochem. Soc. Eur. 37) Oxford Science Publications. New York. 408 pp. |
| Insecticide-Synergist | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp. |
| Larvicide 25 ppm | |
| MAO-Inhibitor | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp. |
| Neurotoxic | R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That: The Essential Pharmacology of Herbs and Spices. <i>Tips 13:15-20</i> Huxtable, R.J. 1992b. The Myth of Benficent Nature. The Risk of Herbal Preparations. <i>Anns. Intern. Med.</i> 117(2):165-6; Huxtable, R. |
| Oxytotic | Wichtl, M. 1984. <i>Teedrogen. Ein Handbuch fur Apotheker und Arzte.</i> Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp. |
| Paralytic | <i>Oriental Materia Medica</i> (three volumes by Dr. Hsu and collaborators) |
| Pesticide | |
| Psychoactive | R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That: The Essential Pharmacology of Herbs and Spices. <i>Tips 13:15-20</i> Huxtable, R.J. 1992b. The Myth of Benficent Nature. The Risk of Herbal Preparations. <i>Anns. Intern. Med.</i> 117(2):165-6; Huxtable, R. |
| Sedative 300 mg/kg ipr | Jim Duke's personal files. |
| Serotoninerbic 1,000 ppm orl | Jim Duke's personal files. |
| Tachycardic | Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989. |
| Uterotonic | Tyler, V.E.. 1982. <i>The Honest Herbal.</i> George F. Stickley Co., Philadelphia PA. 263 pp. |

MYRISTICIN Fruit 60.0 420.0 *

Activities (31)

Amphetaminagenic

Anesthetic

Antiaaggregant IC50=250 uM Janssens, J., Laekeman, G.M., Pieters, L.A.C., Totte, J., Herman, A.G., and Vlietinck, A.J. 1990. Nutmeg Oil: Identification and Quantitation of its Most Active Constituents as Inhibitors of Platelet Aggregation. *J.of Ethnopharmacology*, 29: 179-188, 1990.

Antidepressant Jim Duke's personal files.

Antiinflammatory Jim Duke's personal files.

Antioxidant 25-100 mg/kg/orl Jim Duke's personal files.

Antispasmodic Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

Antistress ihl Jim Duke's personal files.

Calcium-Antagonist IC50=88 uM

Calcium-Antagonist IC50=63.1 gpg (weak activity)

Cancer-Preventive 10 mg/mus/orl/day Jim Duke's personal files.

Diuretic Tyler, V.E.. 1982. *The Honest Herbal*. George F. Stickley Co., Philadelphia PA. 263 pp.

FLavor FEMA 0.1-10 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Fungicide MIC=20 ug

Hallucinogenic Cooper-Driver, G. A., *Chemical substances in plants toxic to animals*, pp. 213-47 in Rechcigl, M., Jr., ed. *CRC Handbook of Naturally Occurring Food Toxicants*, CRC Press, Boca Raton, 1983, 339 pp.

Hepatotoxic Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. *Herbal Medicine - A Guide for Health-care Professionals*. The Pharmaceutical Press, London. 296pp.

Hypnotic Iwu, M.M. 1993. *Handbook of African Medicinal Plants*. CRC Press, Boca Raton, FL 435 pp.

Hypotensive ihl Jim Duke's personal files.

Insecticide 25 ppm Hostettmann, K., Marston, A., Maillard, M. and Hamburger, M., eds. 1995. *Phytochemistry of Plants Used in Traditional Medicine*. (Proc. Phytochem. Soc. Eur. 37) Oxford Science Publications. New York. 408 pp.

Insecticide-Synergist Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

Larvicide 25 ppm

MAO-Inhibitor Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

Neurotoxic R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. *This and That: The Essential Pharmacology of Herbs and Spices*. *Tips* 13:15-20 Huxtable, R.J. 1992b. *The Myth of Benificent Nature. The Risk of Herbal Preparations*. *Anns. Intern. Med.* 117(2):165-6; Huxtable, R.

Oxytotic Wichtl, M. 1984. *Teedrogen. Ein Handbuch fur Apotheker und Arzte*. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.

Paralytic *Oriental Materia Medica* (three volumes by Dr. Hsu and collaborators)

Pesticide

Psychoactive R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. *This and That: The Essential Pharmacology of Herbs and Spices*. *Tips* 13:15-20 Huxtable, R.J. 1992b. *The Myth of Benificent Nature. The Risk of Herbal Preparations*. *Anns. Intern. Med.* 117(2):165-6; Huxtable, R.

Sedative 300 mg/kg ipr Jim Duke's personal files.

Serotonergic 1,000 ppm orl Jim Duke's personal files.

Tachycardic Williamson, E. M. and Evans, F. J., *Potter's New Cyclopaedia of Botanical Drugs and Preparations*, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.

Uterotonic Tyler, V.E.. 1982. *The Honest Herbal*. George F. Stickley Co., Philadelphia PA. 263 pp.

N-NONANAL Fruit 6.0 12.0 *

Activities (5)

Antiseptic

FLavor FEMA 0.2-6 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Irritant Zebovitz, T. C. Ed. 1989. Part VII. *Flavor and Fragrance Substances*, in Keith L. H. and Walters, D.B., eds. *Compendium of Safety Data Sheets for Research and Industrial Chemicals*. VCH Publishers, New York. 3560-4253.

Perfumery Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Pesticide

N-NONANAL Seed 6.0 12.0 Lawrence, B.M., *Essential Oils 1976-1977*, *Essential Oils 1978*, *Essential Oils 1979-1980*.

Activities (5)

Antiseptic

FLavor FEMA 0.2-6 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Irritant Zebovitz, T. C. Ed. 1989. Part VII. *Flavor and Fragrance Substances*, in Keith L. H. and Walters, D.B., eds. *Compendium of Safety Data Sheets for Research and Industrial Chemicals*. VCH Publishers, New York. 3560-4253.

Perfumery Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Pesticide

N-OCTANAL Fruit 24.0 48.0 *

| Activities (2) | | | | | |
|--------------------------------------|-------|------|------|-------|--|
| FLavor FEMA 0.1-5 | | | | | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Perfumery | | | | | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| N-OCTANAL | Seed | 24.0 | 48.0 | | Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980. |
| Activities (2) | | | | | |
| FLavor FEMA 0.1-5 | | | | | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Perfumery | | | | | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| NEODIHYDROCARVEOL | Fruit | -- | -- | | * |
| NEODIHYDROCARVEOL | Seed | -- | -- | | Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980. |
| NEOISODIHYDROCARVEOL | Seed | -- | -- | | Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980. |
| NEOISODIHYDROCARVEOL | Fruit | -- | -- | | * |
| NIACIN | Fruit | 21.0 | 56.0 | -0.06 | * |
| Activities (39) | | | | | |
| Allergenic | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| AntiLyme 50 mg/day | | | | | |
| AntiMeniere's | | | | | Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705. |
| AntiRaynaud's 1,500-4,000 mg/day | | | | | |
| Antiacrodynic | | | | | |
| Antiallergic 50 mg/2x/day | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antialzheimeran | | | | | |
| Antiamblyopic | | | | | |
| Antianginal | | | | | |
| Anticataract | | | | | |
| Antichilblain | | | | | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Anticonvulsant 3 g/day | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antidementia | | | | | |
| Antidermatitic | | | | | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antidiabetic | | | | | |
| Antidysphagic | | | | | |
| Antiepileptic 3 g/day | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antihangover 50 mg | | | | | |
| Antihistaminic 50 mg 2x/day | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antihyperactivity 1.5-6 g/day | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiinsomnic 1 g/day | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antineuralgic | | | | | |
| Antiparkinsonian 100 mg/day | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antipellagric | | | | | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antiscotomic | | | | | |
| Antispasmodic 100 mg 2x/day | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antivertigo | | | | | |
| Cancer-Preventive | | | | | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Cardioprotective | | | | | |
| Circulotonic | | | | | |
| Fibrinolytic | | | | | |
| Hepatoprotective | | | | | |
| Hepatotoxic | | | | | |
| Hypocholesterolemic 50-100 mg 3x/day | | | | | |
| Hypoglycemic | | | | | |
| Hypolipidemic | | | | | |
| Sedative | | | | | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Serotoninerigic | | | | | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Vasodilator | | | | | Martindale's 29th |
| NIACIN | Seed | 21.0 | 56.0 | 0.39 | USDA's Ag Handbook 8 and sequelae) |

Activities (39)

| | |
|--------------------------------------|--|
| Allergenic | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| AntiLyme 50 mg/day | |
| AntiMeniere's | Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705. |
| AntiRaynaud's 1,500-4,000 mg/day | |
| Antiacrodynic | |
| Antiallergic 50 mg/2x/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antialzheimeran | |
| Antiamblyopic | |
| Antianginal | |
| Anticataract | |
| Antichilblain | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Anticonvulsant 3 g/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antidementia | |
| Antidermatitic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antidiabetic | |
| Antidysphagic | |
| Antiepileptic 3 g/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antihangover 50 mg | |
| Antihistaminic 50 mg 2x/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antihyperactivity 1.5-6 g/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiinsomnic 1 g/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antineuralgic | |
| Antiparkinsonian 100 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antipellagric | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antiscotomic | |
| Antispasmodic 100 mg 2x/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antivertigo | |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Cardioprotective | |
| Circulotonic | |
| Fibrinolytic | |
| Hepatoprotective | |
| Hepatotoxic | |
| Hypocholesterolemic 50-100 mg 3x/day | |
| Hypoglycemic | |
| Hypolipidemic | |
| Sedative | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Serotonergic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Vasodilator | Martindale's 29th |

NICKEL Seed 7.0 10.0 1.0 *

Activities (3)

| | |
|-----------------|--|
| Antiadrenalinic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Anticirrhotic? | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Insulin-Sparing | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |

NICKEL Fruit -- 7.0 1.35 *

Activities (3)

| | |
|-----------------|--|
| Antiadrenalinic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Anticirrhotic? | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Insulin-Sparing | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |

OLEIC-ACID Seed 29000.0 241000.0 1.0 *

Activities (18)

| | |
|----------------------------------|---|
| 5-Alpha-Reductase-Inhibitor | |
| Allergenic | |
| Alpha-Reductase-Inhibitor | |
| Anemiagenic | |
| Antialopecic | |
| Antiandrogenic | |
| Antiinflammatory IC50=21 uM | |
| Antileukotriene-D4 IC50=21 uM | |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Choleretic 5 ml/man | |
| Dermatitigenic | |
| FLavor FEMA 1-30 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Hypocholesterolemic | Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) |
| Insectifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Irritant | Merck 11th Edition |
| Percutaneostimulant | Seki, T., Toeda, C., Kawaguchi, T., Juni, K., Sugibayashi, K., and Morimoto, Y. 1990. Enhanced Transdermal Delivery of Zidovudine in Rats and Human Skin. Chem. Pharm. Bull. 38(11): 3086-3089, 1990. |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Propecic | |

OLEIC-ACID Fruit 54400.0 95648.0 0.26 *

Activities (18)

| | |
|----------------------------------|---|
| 5-Alpha-Reductase-Inhibitor | |
| Allergenic | |
| Alpha-Reductase-Inhibitor | |
| Anemiagenic | |
| Antialopecic | |
| Antiandrogenic | |
| Antiinflammatory IC50=21 uM | |
| Antileukotriene-D4 IC50=21 uM | |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Choleretic 5 ml/man | |
| Dermatitigenic | |
| FLavor FEMA 1-30 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Hypocholesterolemic | Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) |
| Insectifuge | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Irritant | Merck 11th Edition |
| Percutaneostimulant | Seki, T., Toeda, C., Kawaguchi, T., Juni, K., Sugibayashi, K., and Morimoto, Y. 1990. Enhanced Transdermal Delivery of Zidovudine in Rats and Human Skin. Chem. Pharm. Bull. 38(11): 3086-3089, 1990. |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Propecic | |

P-1(7),8-MENTHADIENE-6-OL Seed 10.0 25.0 *

P-COUMARIC-ACID Seed -- 86.0 -0.29 *

Activities (25)

| | |
|--|---|
| Aldose-Reductase-Inhibitor 4 ug/ml (weak activity) | Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. Sankyo Kenkyusho Nempo, 43: 99-110. |
| Allelopathic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antibacterial | Pharmazie, 46: 156, 1991. |
| Anticlastogen | |
| Antifertility | |
| Antihepatotoxic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antileukemic IC50=25-56 ug/ml | Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46. |
| Antinitrosaminic | Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY. |
| Antioxidant IC24=30 ppm | |
| Antioxidant 1/3 BHA | |
| Antiperoxidant IC50=>100 uM | Planta Medica, 57: A54, 1991. |
| Antiseptic | |
| Antispasmodic | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp. |
| Antitumor | |
| Cancer-Preventive | |
| Chemopreventive | |
| Choleretic | |
| Cytotoxic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Diaphoretic? | Lawrence Review of Natural Products, Dec-90. |
| Fungicide | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. |
| Lipoxygenase-Inhibitor IC11=5 mM | Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. J. Agric. Food Chem. 38: 688-690. |
| Pesticide | |
| Prostaglandigenic | |
| Prostaglandin-Synthesis-Inhibitor | |
| Tyrosinase-Inhibitor ID50=3,650 uM | |

P-CYMENE Seed 0.1 1320.0 -0.39 *

Activities (16)

| | |
|--------------------------------------|--|
| Analgesic | Martindale's 28th |
| Antiacetylcholinesterase IC40=1.2 mM | |
| Antibacillary | |
| Antibacterial | |
| Antiflu | |
| Antirheumatalgic | Martindale's 28th |
| Antiviral | |
| FLavor FEMA 12-250 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Fungicide | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Herbicide IC50=50 uM | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Insectifuge | Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin. |
| Irritant | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |
| Laxative | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |
| Pesticide | |
| Sedative | Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253. |
| Trichomonidic LD100=50 ug/ml | |

P-MENTHA-2,8-DIEN-1-OL Seed -- -- *

PALMITIC-ACID Fruit 2000.0 6658.0 -0.26 *

| Activities (13) | | | | | |
|-----------------------------|--|--|--|--|--|
| 5-Alpha-Reductase-Inhibitor | | | | | |
| Antiallopecic | | | | | |
| Antiandrogenic | | | | | |
| Antifibrinolytic | | | Economic & Medicinal Plant Research, 1: 53. | | |
| Antioxidant IC40=60 | | | | | |
| FLavor FEMA 1 | | | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | |
| Hemolytic | | | Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp. | | |
| Hypercholesterolemic | | | Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) | | |
| Lubricant | | | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | |
| Nematicide | | | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. | | |
| Pesticide | | | | | |
| Propepic | | | | | |
| Soap | | | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | |

PALMITIC-ACID Seed 2000.0 9000.0 -0.51 *

| Activities (13) | | | | | |
|-----------------------------|--|--|--|--|--|
| 5-Alpha-Reductase-Inhibitor | | | | | |
| Antiallopecic | | | | | |
| Antiandrogenic | | | | | |
| Antifibrinolytic | | | Economic & Medicinal Plant Research, 1: 53. | | |
| Antioxidant IC40=60 | | | | | |
| FLavor FEMA 1 | | | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | |
| Hemolytic | | | Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp. | | |
| Hypercholesterolemic | | | Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) | | |
| Lubricant | | | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | |
| Nematicide | | | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. | | |
| Pesticide | | | | | |
| Propepic | | | | | |
| Soap | | | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | |

PALMITOLEIC-ACID Fruit 900.0 999.0 -0.16 *

| Activities (2) | | | | | |
|-----------------------------|--|--|--|--|--|
| 5-Alpha-Reductase-Inhibitor | | | | | |
| Soap | | | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | |

PALMITOLEIC-ACID Seed 900.0 999.0 -0.27 USDA's Ag Handbook 8 and sequelae)

| Activities (2) | | | | | |
|-----------------------------|--|--|--|--|--|
| 5-Alpha-Reductase-Inhibitor | | | | | |
| Soap | | | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | |

PERILLALDEHYDE Seed 20.0 60.0 -0.5 *

| Activities (7) | | | | | |
|--------------------------------------|--|--|--|--|--|
| AntiADD 587 mg/day/orl | | | | | Martindale's 29th |
| Antidepressant 50-4,000 mg/day/man | | | | | |
| Antiparkinsonian 200-500 mg/day/man | | | | | Martindale's 28th |
| Antisickling 690 ug/ml | | | | | |
| Antivilitigic 100 mg/kg/day/orl/man | | | | | Martindale's 29th |
| Monoamine-Precursor | | | | | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Tremorigenic 1,600-12,600 mg/man/day | | | | | Martindale's 28th |

PHOSPHORUS Fruit 5680.0 6302.0 0.94 *

| Activities (4) | | | | | |
|------------------|--|--|--|--|--|
| Antiosteoporotic | | | | | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Anxiolytic | | | | | |
| Immunostimulant | | | | | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Osteogenic | | | | | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |

PHOSPHORUS Seed 5650.0 6580.0 0.32 *

| Activities (4) | | | | | |
|------------------|--|--|--|--|--|
| Antiosteoporotic | | | | | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Anxiolytic | | | | | |
| Immunostimulant | | | | | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Osteogenic | | | | | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |

PHYTATE Seed 10190.0 10900.0 -0.19 *

PHYTOFLUENE Plant -- -- Wealth of India.

PHYTOSTEROLS Fruit -- 760.0 -0.24 *

| Activities (2) | | | | | |
|---------------------|--|--|--|--|--|
| Antiprostatotic | | | | | |
| Hypocholesterolemic | | | | | |

PHYTOSTEROLS Seed -- 760.0 -0.44 USDA's Ag Handbook 8 and sequelae)

| Activities (2) | | | | | |
|---------------------|--|--|--|--|--|
| Antiprostatotic | | | | | |
| Hypocholesterolemic | | | | | |

POLYACETYLENES Root -- -- Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.

POLYSACCHARIDES Seed -- 130000.0 -0.64 Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.

POTASSIUM Seed 10810.0 15670.0 0.27 *

Activities (14)

| | |
|---------------------------------|--|
| Angiotensin-Receptor-Blocker | |
| Antiarrhythmic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antidepressant | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antifatigue | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antihypertensive | |
| Antispasmodic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antistroke | |
| Anxiolytic | |
| Beta-Blocker | |
| Cardioprotective 3,000-5,000 mg | |
| Cardiotoxic 18,000 mg/man/day | |
| Diuretic | |
| Hypotensive | |
| Vasodilator | |

POTASSIUM Fruit 12902.0 15665.0 -0.2 *

Activities (14)

| | |
|---------------------------------|--|
| Angiotensin-Receptor-Blocker | |
| Antiarrhythmic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antidepressant | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antifatigue | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antihypertensive | |
| Antispasmodic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antistroke | |
| Anxiolytic | |
| Beta-Blocker | |
| Cardioprotective 3,000-5,000 mg | |
| Cardiotoxic 18,000 mg/man/day | |
| Diuretic | |
| Hypotensive | |
| Vasodilator | |

PROLINE Seed 9170.0 10180.0 -0.23 Revised USDA data received 1993.

PROTEIN Seed 190521.0 400000.0 1.48 *

PROTEIN Fruit 190521.0 220000.0 1.48 *

PUFA Seed 32720.0 36320.0 -0.53 Revised USDA data received 1993.

Activities (4)

| | |
|------------------|-------------------|
| AntiMS | Martindale's 28th |
| Antiacne | Martindale's 28th |
| Antieczemic | Martindale's 28th |
| Antipolyneuritic | Martindale's 28th |

QUERCETIN Seed -- -- *

Activities (176)

| | |
|--|---|
| 11B-HSD-Inhibitor | |
| 5-Lipoxygenase-Inhibitor IC50 (uM)=4 | |
| ATPase-Inhibitor | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. |
| Aldehyde-Oxidase-Inhibitor IC70-96=10 uM | |
| Aldose-Reductase-Inhibitor 100 uM | |
| Aldose-Reductase-Inhibitor IC50=0.84 ug/ml cow | Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. Sankyo Kenkyusho Nempo, 43: 99-110. |
| Aldose-Reductase-Inhibitor IC50=0.344 uM | Okada, Y. et al. 1995. Search for Naturally Occurring Substances to Prevent the Complications of Diabetes. II. Inhibitory Effect of Coumarin and Flavonoid Derivatives on Bovine Lens Aldose Reductase and Rabbit Platelet Aggregation. Chem Pharm Bull 43(8):1385-1387 |
| Allelochemic IC82=1 mM | Mao, X. M., Zhang, J. Q. 1993. Inhibition of Aldose Reductase by Extracts of Chinese Herbal Medicine. Zhongguo Zhongyao Zazhi, 18(10): 623-624. |
| Allergenic | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Analgesic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |

| | |
|-------------------------------------|--|
| AntiCrohn's 400 mg/man/3x/day | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| AntiGTF ID50=120 ug/ml | |
| AntiHIV | |
| AntiPMS 500 mg/2x/day/wmn | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiaflatoxin IC50=25 uM | |
| Antiaflatoxin IC50=7.5 ppm | |
| Antiaggregant IC50=55 uM | Economic & Medicinal Plant Research, 5: 333. |
| Antiaggregant 30 uM | |
| Antiaging | |
| Antiallergic IC50=14 uM | Jim Duke's personal files. |
| Antialzheimeran | |
| Antianaphylactic | Meli, R., Autore, G., Di Carlo, G., Capasso, F. Inhibitory Action of Quercetin on Intestinal Transit in Mice. <i>Phytotherapy Research</i> 4(5): 201, 1990. |
| Antiangiogenic | |
| Antiarthritic | |
| Antiasthmatic IC50=14 uM | |
| Antiatherosclerotic | |
| Antibacterial | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp. |
| Anticarcinomic (Breast) IC50=1.5 uM | Medline (post 1990 searches filed in my computer) |
| Anticariogenic ID50=120 ug/ml | |
| Anticataract | |
| Anticolitic 400 mg/man/3x/day | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Anticomplementary | |
| Anticystitic 1,000 mg/day/4 weeks | |
| Antidepressant | |
| Antidermatitic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antidiabetic | |
| Antielastase IC50=0.8 ug/ml | |
| Antiencephalitic | Economic & Medicinal Plant Research, 5: 199. |
| Antiescherichic | |
| Antiestrogenic | |
| Antifeedant IC52=<1,000 ppm diet | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Antifibrosarcomic | |
| Antiflu | Vlietinck, A.J. and Dommissse, R.A. eds. 1985. <i>Advances in Medicinal Plant Research.</i> Wiss. Verlag. Stuttgart. |
| Antigastric | Rastitel'nye Resursy, 21: 85. |
| Antigonadotropic | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp. |
| Antihepatotoxic | Joyeux, M., Rolland, A., Fleurentin, J., Mortier, F., and Dorfman, P. 1989. Tert-Butyl Hydroperoxide-Induced Injury in Isolated Rat Hepatocytes: A Model for Studying Anti-Hepatotoxic Crude Drugs. <i>Planta Medica</i> 56(2): 171-173, 1990. |
| Antiherpetic 48-150 ug/ml | |
| Antihistaminic IC50=<10 uM | |
| Antihydrophobic | Vlietinck, A.J. and Dommissse, R.A. eds. 1985. <i>Advances in Medicinal Plant Research.</i> Wiss. Verlag. Stuttgart. |
| Antihypertensive | Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs.</i> CRC Press, Boca Raton, FL 388 pp. |
| Antiinflammatory 20-150 mg/kg | Fitoterapia No.5-1990. |
| Antileishmanic IC50=64 uM | |
| Antileukemic IC50=10 uM | Economic & Medicinal Plant Research, 5: 225. |
| Antileukemic IC50=>10 ug/ml | Life Sciences 55: 1061. |
| Antileukemic 5.5-60 uM | |
| Antileukotriene | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antilipoperoxidant IC67=50 | |
| Antimalarial IC50=1-6.4 ug/ml | Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987. |
| Antimelanomic | |
| Antimetastatic | |
| Antimutagenic ID50=2-5 nM | Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp. |
| Antimutagenic ID50=0.62 ug/ml | |
| Antimyocarditic | Economic & Medicinal Plant Research, 5: 199. |
| Antinitrosaminic | |

| | |
|---|---|
| Antinociceptive | |
| Antioxidant IC96=300 ppm | Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp. |
| Antioxidant ED50=2.3 uM | Seidel, V., Verholle, M., Malard, Y., Tilleguin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. Phenylpropanoids from <i>Ballota nigra</i> L. Inhibit in vitro LDL Peroxidation. <i>Phytotherapy Research</i> , 14(2): 93-98. |
| Antioxidant 4.7 x Vit. E | |
| Antioxidant IC47=10 uM | |
| Antipancreatic | Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY. |
| Antiperiodontal | Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiperistaltic | |
| Antipermeability | |
| Antiperoxidant | <i>Planta Medica</i> , 57: A110, 1991. |
| Antipharyngitic | Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiplaque | Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiplasmodial IC50=13-64 | |
| Antipodriac | |
| Antipolio | Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiproliferant 10 nM | |
| Antiprostanoid | |
| Antiprostatic | Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY. |
| Antipsoriac | Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiradicular IC50=4.6 uM | <i>Planta Medica</i> , 56(6): 695, 1990. |
| Antispasmodic | |
| Antistreptococcic ID50=120 ug/ml | |
| Antithiamin | Phenolic Compounds in Food and Their Effects on Health, 69. |
| Antithrombic | |
| Antitrypanosomic IC50=13 | |
| Antitumor 10 uM | |
| Antitumor (Bladder) | |
| Antitumor (Breast) | |
| Antitumor (Colon) | |
| Antitumor (Lung) | |
| Antitumor (Ovary) | |
| Antitumor (Skin) 20 uM | |
| Antitumor-Promoter | Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiulcer | |
| Antiviral IC50=10 uM | <i>Economic & Medicinal Plant Research</i> , 5: 225. |
| Antiviral 48-150 ug/ml | Amoros, M., Simoes, C.M.O., Girre, L., et al. Synergistic Effect Of Flavones And Flavonols Against Herpes Simplex Virus Type 1 In Cell Culture. Comparison With The Antiviral Activity Of Propolis. <i>J. of Natural Products</i> 55(12):1732-1740, 1992. |
| Apoptotic 20-60 uM | |
| Bacteristat 10 mg/ml | |
| Bradycardiac | Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp. |
| COMT-Inhibitor | |
| COX-2-Inhibitor <40 uM | |
| Calmodulin-Antagonist | Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Cancer-Preventive | Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Candidicide | |
| Capillariprotective | Merck 11th Edition |
| Carcinogenic 40,000 ppm (diet) mus | Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp. |
| Catabolic | |
| Copper-Chelator | |
| Cyclooxygenase-Inhibitor | |
| Cytochrome-P450-1A2-Inhibitor | |
| Cytotoxic ED50=70 ug/ml | Matsukawa, Y., et al. The Effect of Quercetin and Other Flavonoids on Cell Cycle Progresssion and Growth of Human Gastric Cancer Cells. <i>Planta Medica</i> , 56(6): 677, 1990. |
| Cytotoxic IC82=100 ug/ml | <i>Planta Medica</i> , 57: A113, 1991. |
| Deiodinase-Inhibitor | Jim Duke's personal files. |
| Diaphoretic? | Lawrence Review of Natural Products, Dec-90. |
| Differentiator 5.5 uM | |
| Estrogenic 10% genistein | |
| Fungicide | |
| Glucosyl-Transferase-Inhibitor ID50=120 ug/ml | |
| HIV-RT-Inhibitor IC50=<1 ug/ml | Nakane, H., Fukushima, M., and Ono*, K. Differential Inhibition Of Reverse Transcriptase And Various DNA Polymerases By Digallic Acid And Its Derivatives. <i>Journal of Natural Products</i> , 53(5): 1234-1240, 1990. |
| Hemostat | Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp. |

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|---|--|
| Hepatomagenic 5,000 ppm (diet) rat | Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp. |
| Hepatoprotective | |
| Hypoglycemic 100 mg/kg orl rat | Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. Journal of Ethnopharmacology, 27: 243-275, 1989. |
| Inotropic | |
| Insulinogenic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Juvabional | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Larvostat 8,000 ppm diet | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Lipoxygenase-Inhibitor IC11=1.25 mM | Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. J. Agric. Food Chem. 38: 688-690. |
| Lipoxygenase-Inhibitor IC50=0.1-5 uM | |
| MAO-A-Inhibitor | |
| MMP-9-Inhibitor 20 uM | |
| Mast-Cell-Stabilizer | |
| Metal-Chelator (Copper) | Seidel, V., Verholle, M., Malard, Y., Tilleguin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. Phenylpropanoids from <i>Ballota nigra</i> L. Inhibit in vitro LDL Peroxidation. Phytotherapy Research, 14(2): 93-98. |
| Metalloproteinase-Inhibitor IC50=>42 uM | |
| Mutagenic | |
| NADH-Oxidase-Inhibitor | |
| NEP-Inhibitor IC50=>42 uM | |
| NF-kB-Inhibitor | |
| NO-Inhibitor IC>50=125 uM | |
| NO-Inhibitor IC50=20 uM | |
| NO-Synthase-Inhibitor 5-50 uM | |
| Neuroprotective 5-25 uM | |
| Ornithine-Decarboxylase-Inhibitor <10 uM | |
| P450-Inducer 5 uM | Father Nature's Farmacy: The aggregate of all these three-letter citations. |
| P450-Inhibitor 50-100 uM | Father Nature's Farmacy: The aggregate of all these three-letter citations. |
| PGE2-Inhibitor | |
| PTK-Inhibitor 0.4-24 uM | |
| Pesticide | |
| Phospholipase-Inhibitor | |
| Plasmodicide | Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp. |
| Proliferant | |
| Prostaglandin-Synthesis-Inhibitor 40 ug/ml | Ibewuiké, J. C., Ogunbamila, F. O., Ogundaini, A. O., Okeke, I. N., Bohlin, L. 1997. Antiinflammatory and Antibacterial Activities of C-methylflavonol from <i>Piliostigma thonningii</i> . Phytotherapy Research, 11(4): 281-284. |
| Protein-Kinase-C-Inhibitor | Naim, M., Zehavi, U., Nagy, S., and Rouseff, R.L. Hydroxycinnamic Acids as Off-Flavor Precursors in Citrus Fruits and Their Products. Phenolic Compounds in Food and Their Effects on Health, Ch.14. |
| Quinone-Reductase-Inducer 6 uM | Uda, Y., Price, K. R., Williamson, G., Rhodes, M. J. C. 1997. Induction of the Anticarcinogenic Marker Enzyme, Quinone Reductase, in Murine Hepatoma Cells In Vitro by Flavonoids. Cancer Lett., 120 (2): 213-216. |
| Quinone-Reductase-Inducer 13 uM | |
| TNF-alpha-Inhibitor IC50=3.11 uM | |
| Teratologic | |
| Topoisomerase-I-Inhibitor IC50=12.8 ug/ml | |
| Topoisomerase-I-Inhibitor IC50=42 uM | |
| Topoisomerase-II-Inhibitor IC50=1-6.9 ug/ml | |
| Topoisomerase-II-Inhibitor IC50=23-40 uM | |
| Tumorigenic 0.1% diet orl rat/yr | Jim Duke's personal files. |
| Tyrosinase-Inhibitor ID50=70 uM | |
| Tyrosine-Kinase-Inhibitor | Economic & Medicinal Plant Research, 6: 170. |
| VEGF-Inhibitor | |
| Vasodilator | |
| Xanthine-Oxidase-Inhibitor IC50=>0.4 ug/ml | Chem. & Pharm. Bull. 38: 1772. |
| Xanthine-Oxidase-Inhibitor IC50=10.6 ug/ml | |
| Xanthine-Oxidase-Inhibitor 3.1 uM | |
| cAMP-Phosphodiesterase-Inhibitor | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |

| iNOS-Inhibitor IC50=20 uM | Fruit | -- | -- | * |
|--|---|----|----|---|
| QUERCETIN | | | | |
| Activities (176) | | | | |
| 11B-HSD-Inhibitor | | | | |
| 5-Lipoxygenase-Inhibitor IC50 (uM)=4 | | | | |
| ATPase-Inhibitor | Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp. | | | |
| Aldehyde-Oxidase-Inhibitor IC70-96=10 uM | | | | |
| Aldose-Reductase-Inhibitor 100 uM | | | | |
| Aldose-Reductase-Inhibitor 4 ug/ml | Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. <i>Sankyo Kenkyusho Nempo</i> , 43: 99-110. | | | |
| Aldose-Reductase-Inhibitor IC50=0.84 ug/ml cow | Okada, Y., et al. 1995. Search for Naturally Occurring Substances to Prevent the Complications of Diabetes. II. Inhibitory Effect of Coumarin and Flavonoid Derivatives on Bovine Lens Aldose Reductase and Rabbit Platelet Aggregation. <i>Chem Pharm Bull</i> 43(8):1385-1387 | | | |
| Aldose-Reductase-Inhibitor IC50=0.344 uM | Mao, X. M., Zhang, J. Q. 1993. Inhibition of Aldose Reductase by Extracts of Chinese Herbal Medicine. <i>Zhongguo Zhongyao Zazhi</i> , 18(10): 623-624. | | | |
| Allelochemic IC82=1 mM | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp. | | | |
| Allergenic | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp. | | | |
| Analgesic | | | | |
| AntiCrohn's 400 mg/man/3x/day | Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf). | | | |
| AntiGTF ID50=120 ug/ml | | | | |
| AntiHIV | | | | |
| AntiPMS 500 mg/2x/day/wmn | Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf). | | | |
| Antiaflatoxin IC50=25 uM | | | | |
| Antiaflatoxin IC50=7.5 ppm | | | | |
| Antiaggregant IC50=55 uM | <i>Economic & Medicinal Plant Research</i> , 5: 333. | | | |
| Antiaggregant 30 uM | | | | |
| Antiaging | | | | |
| Antiallergic IC50=14 uM | Jim Duke's personal files. | | | |
| Antialzheimeran | | | | |
| Antianaphylactic | Meli, R., Autore, G., Di Carlo, G., Capasso, F. Inhibitory Action of Quercetin on Intestinal Transit in Mice. <i>Phytotherapy Research</i> 4(5): 201, 1990. | | | |
| Antiangiogenic | | | | |
| Antiarthritic | | | | |
| Antiasthmatic IC50=14 uM | | | | |
| Antiatherosclerotic | | | | |
| Antibacterial | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp. | | | |
| Anticarcinomic (Breast) IC50=1.5 uM | Medline (post 1990 searches filed in my computer) | | | |
| Anticariogenic ID50=120 ug/ml | | | | |
| Anticataract | | | | |
| Anticolitic 400 mg/man/3x/day | Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf). | | | |
| Anticomplementary | | | | |
| Anticystitic 1,000 mg/day/4 weeks | | | | |
| Antidepressant | | | | |
| Antidermatitic | Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf). | | | |
| Antidiabetic | | | | |
| Antielastase IC50=0.8 ug/ml | | | | |
| Antiencephalitic | <i>Economic & Medicinal Plant Research</i> , 5: 199. | | | |
| Antiescherichic | | | | |
| Antiestrogenic | | | | |
| Antifeedant IC52=<1,000 ppm diet | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp. | | | |
| Antifibrosarcomic | | | | |
| Antiflu | Vlietinck, A.J. and Dommissie, R.A. eds. 1985. <i>Advances in Medicinal Plant Research</i> . Wiss. Verlag. Stuttgart. | | | |
| Antigastric | <i>Rastitel'nye Resursy</i> , 21: 85. | | | |
| Antigonadotropic | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp. | | | |
| Antihepatotoxic | Joyeux, M., Rolland, A., Fleurentin, J., Mœrtier, F., and Dorfman, P. 1989. Tert-Butyl Hydroperoxide-Induced Injury in Isolated Rat Hepatocytes: A Model for Studying Anti-Hepatotoxic Crude Drugs. <i>Planta Medica</i> 56(2): 171-173, 1990. | | | |
| Antiherpetic 48-150 ug/ml | | | | |
| Antihistaminic IC50=<10 uM | | | | |

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|----------------------------------|---|
| Antihydrophobic | Vlietinck, A.J. and Dommissie, R.A. eds. 1985. <i>Advances in Medicinal Plant Research</i> . Wiss. Verlag. Stuttgart. |
| Antihypertensive | Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp. |
| Antiinflammatory 20-150 mg/kg | Fitoterapia No.5-1990. |
| Antileishmanic IC50=64 | |
| Antileukemic IC50=10 uM | Economic & Medicinal Plant Research, 5: 225. |
| Antileukemic IC50=>10 ug/ml | Life Sciences 55: 1061. |
| Antileukemic 5.5-60 uM | |
| Antileukotriene | Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antilipoperoxidant IC67=50 | |
| Antimalarial IC50=1-6.4 ug/ml | Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987. |
| Antimelanomic | |
| Antimetastatic | |
| Antimutagenic ID50=2-5 nM | Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp. |
| Antimutagenic ID50=0.62 ug/ml | |
| Antimyocarditic | Economic & Medicinal Plant Research, 5: 199. |
| Antinitrosaminic | |
| Antinociceptive | |
| Antioxidant IC96=300 ppm | Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp. |
| Antioxidant ED50=2.3 uM | Seidel, V., Verholle, M., Malard, Y., Tilleguin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. Phenylpropanoids from <i>Ballota nigra</i> L. Inhibit in vitro LDL Peroxidation. <i>Phytotherapy Research</i> , 14(2): 93-98. |
| Antioxidant 4.7 x Vit. E | |
| Antioxidant IC47=10 uM | |
| Antipancreatic | Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY. |
| Antiperiodontal | Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiperistaltic | |
| Antipermeability | |
| Antiperoxidant | Planta Medica, 57: A110, 1991. |
| Antipharyngitic | Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiplaque | Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiplasmodial IC50=13-64 | |
| Antipodriac | |
| Antipolio | Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiproliferant 10 nM | |
| Antiprostanoïd | |
| Antiprostatic | Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY. |
| Antipsoriac | Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiradicular IC50=4.6 uM | Planta Medica, 56(6): 695, 1990. |
| Antispasmodic | |
| Antistreptococcic ID50=120 ug/ml | |
| Antithiamin | Phenolic Compounds in Food and Their Effects on Health, 69. |
| Antithrombic | |
| Antitrypanosomic IC50=13 | |
| Antitumor 10 uM | |
| Antitumor (Bladder) | |
| Antitumor (Breast) | |
| Antitumor (Colon) | |
| Antitumor (Lung) | |
| Antitumor (Ovary) | |
| Antitumor (Skin) 20 uM | |
| Antitumor-Promoter | Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiulcer | |
| Antiviral IC50=10 uM | Economic & Medicinal Plant Research, 5: 225. |
| Antiviral 48-150 ug/ml | Amoros, M., Simoes, C.M.O., Girre, L., et al. Synergistic Effect Of Flavones And Flavonols Against Herpes Simplex Virus Type 1 In Cell Culture. Comparison With The Antiviral Activity Of Propolis. <i>J. of Natural Products</i> 55(12):1732-1740, 1992. |
| Apoptotic 20-60 uM | |
| Bacteristat 10 mg/ml | |
| Bradycardiac | Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp. |
| COMT-Inhibitor | |
| COX-2-Inhibitor <40 uM | |
| Calmodulin-Antagonist | Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Cancer-Preventive | Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp. |

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|---|---|
| Candidicide | |
| Capillariprotective | Merck 11th Edition |
| Carcinogenic 40,000 ppm (diet) mus | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. |
| Catabolic | |
| Copper-Chelator | |
| Cyclooxygenase-Inhibitor | |
| Cytochrome-P450-1A2-Inhibitor | |
| Cytotoxic ED50=70 ug/ml | Matsukawa, Y., et al. The Effect of Quercetin and Other Flavonoids on Cell Cycle Progression and Growth of Human Gastric Cancer Cells. <i>Planta Medica</i> , 56(6): 677, 1990. |
| Cytotoxic IC82=100 ug/ml | <i>Planta Medica</i> , 57: A113, 1991. |
| Deiodinase-Inhibitor | Jim Duke's personal files. |
| Diaphoretic? | Lawrence Review of Natural Products, Dec-90. |
| Differentiator 5.5 uM | |
| Estrogenic 10% genistein | |
| Fungicide | |
| Glucosyl-Transferase-Inhibitor ID50=120 ug/ml | |
| HIV-RT-Inhibitor IC50=<1 ug/ml | Nakane, H., Fukushima, M., and Ono*, K. Differential Inhibition Of Reverse Transcriptase And Various DNA Polymerases By Digallic Acid And Its Derivatives. <i>Journal of Natural Products</i> , 53(5): 1234-1240, 1990. |
| Hemostat | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp. |
| Hepatomagenic 5,000 ppm (diet) rat | Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp. |
| Hepatoprotective | |
| Hypoglycemic 100 mg/kg orl rat | Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. <i>Journal of Ethnopharmacology</i> , 27: 243-275, 1989. |
| Inotropic | |
| Insulinogenic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Juvabional | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Larvostat 8,000 ppm diet | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Lipoxygenase-Inhibitor IC11=1.25 mM | Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. <i>J. Agric. Food Chem.</i> 38: 688-690. |
| Lipoxygenase-Inhibitor IC50=0.1-5 uM | |
| MAO-A-Inhibitor | |
| MMP-9-Inhibitor 20 uM | |
| Mast-Cell-Stabilizer | |
| Metal-Chelator (Copper) | Seidel, V., Verholle, M., Malard, Y., Tilleguin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. Phenylpropanoids from <i>Ballota nigra</i> L. Inhibit in vitro LDL Peroxidation. <i>Phytotherapy Research</i> , 14(2): 93-98. |
| Metalloproteinase-Inhibitor IC50=>42 uM | |
| Mutagenic | |
| NADH-Oxidase-Inhibitor | |
| NEP-Inhibitor IC50=>42 uM | |
| NF-kB-Inhibitor | |
| NO-Inhibitor IC>50=125 uM | |
| NO-Inhibitor IC50=20 uM | |
| NO-Synthase-Inhibitor 5-50 uM | |
| Neuroprotective 5-25 uM | |
| Ornithine-Decarboxylase-Inhibitor <10 uM | |
| P450-Inducer 5 uM | Father Nature's Farmacy: The aggregate of all these three-letter citations. |
| P450-Inhibitor 50-100 uM | Father Nature's Farmacy: The aggregate of all these three-letter citations. |
| PGE2-Inhibitor | |
| PTK-Inhibitor 0.4-24 uM | |
| Pesticide | |
| Phospholipase-Inhibitor | |
| Plasmodicide | Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp. |
| Proliferant | |
| Prostaglandin-Synthesis-Inhibitor 40 ug/ml | Ibewuiké, J. C., Ogunbamila, F. O., Ogundaini, A. O., Okeke, I. N., Bohlin, L. 1997. Antiinflammatory and Antibacterial Activities of C-methylflavonol from <i>Piliostigma thonningii</i> . <i>Phytotherapy Research</i> , 11(4): 281-284. |
| Protein-Kinase-C-Inhibitor | Naim, M., Zehavi, U., Nagy, S., and Rouseff, R.L. Hydroxycinnamic Acids as Off-Flavor Precursors in Citrus Fruits and Their Products. Phenolic Compounds in Food and Their Effects on Health, Ch.14. |
| Quinone-Reductase-Inducer 6 uM | Uda, Y., Price, K. R., Williamson, G., Rhodes, M. J. C. 1997. Induction of the Anticarcinogenic Marker Enzyme, Quinone Reductase, in Murine Hepatoma Cells In Vitro by Flavonoids. <i>Cancer Lett.</i> , 120 (2): 213-216. |
| Quinone-Reductase-Inducer 13 uM | |
| TNF-alpha-Inhibitor IC50=3.11 uM | |
| Teratologic | |

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|---|--|
| Topoisomerase-I-Inhibitor IC50=12.8 ug/ml | |
| Topoisomerase-I-Inhibitor IC50=42 uM | |
| Topoisomerase-II-Inhibitor IC50=1-6.9 ug/ml | |
| Topoisomerase-II-Inhibitor IC50=23-40 uM | |
| Tumorigenic 0.1% diet orl rat/yr | Jim Duke's personal files. |
| Tyrosinase-Inhibitor ID50=70 uM | |
| Tyrosine-Kinase-Inhibitor | Economic & Medicinal Plant Research, 6: 170. |
| VEGF-Inhibitor | |
| Vasodilator | |
| Xanthine-Oxidase-Inhibitor IC50=>0.4 ug/ml | Chem. & Pharm. Bull. 38: 1772. |
| Xanthine-Oxidase-Inhibitor IC50=10.6 ug/ml | |
| Xanthine-Oxidase-Inhibitor 3.1 uM | |
| cAMP-Phosphodiesterase-Inhibitor | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| iNOS-Inhibitor IC50=20 uM | |

QUERCETIN Flower -- -- *

Activities (176)

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|--|--|
| 11B-HSD-Inhibitor | |
| 5-Lipoxygenase-Inhibitor IC50 (uM)=4 | |
| ATPase-Inhibitor | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. |
| Aldehyde-Oxidase-Inhibitor IC70-96=10 uM | |
| Aldose-Reductase-Inhibitor 100 uM | |
| Aldose-Reductase-Inhibitor 4 ug/ml | Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. Sankyo Kenkyusho Nempo, 43: 99-110. |
| Aldose-Reductase-Inhibitor IC50=0.84 ug/ml cow | Okada, Y., et al. 1995. Search for Naturally Occurring Substances to Prevent the Complications of Diabetes. II. Inhibitory Effect of Coumarin and Flavonoid Derivatives on Bovine Lens Aldose Reductase and Rabbit Platelet Aggregation. Chem Pharm Bull 43(8):1385-1387 |
| Aldose-Reductase-Inhibitor IC50=0.344 uM | Mao, X. M., Zhang, J. Q. 1993. Inhibition of Aldose Reductase by Extracts of Chinese Herbal Medicine. Zhongguo Zhongyao Zazhi , 18(10): 623-624. |
| Allelochemic IC82=1 mM | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Allergenic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Analgesic | |
| AntiCrohn's 400 mg/man/3x/day | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| AntiGTF ID50=120 ug/ml | |
| AntiHIV | |
| AntiPMS 500 mg/2x/day/wmn | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiaflatoxin IC50=25 uM | |
| Antiaflatoxin IC50=7.5 ppm | |
| Antiaggregant IC50=55 uM | Economic & Medicinal Plant Research, 5: 333. |
| Antiaggregant 30 uM | |
| Antiaging | |
| Antiallergic IC50=14 uM | Jim Duke's personal files. |
| Antialzheimeran | |
| Antianaphylactic | Meli, R., Autore, G., Di Carlo, G., Capasso, F. Inhibitory Action of Quercetin on Intestinal Transit in Mice. Phytotherapy Research 4(5): 201, 1990. |
| Antiangiogenic | |
| Antiarthritic | |
| Antiasthmatic IC50=14 uM | |
| Antiatherosclerotic | |
| Antibacterial | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Anticarcinomic (Breast) IC50=1.5 uM | Medline (post 1990 searches filed in my computer) |
| Anticariogenic ID50=120 ug/ml | |
| Anticataract | |

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|-----------------------------------|--|
| Anticolic 400 mg/man/3x/day | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Anticomplementary | |
| Anticystitic 1,000 mg/day/4 weeks | |
| Antidepressant | |
| Antidermatitic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antidiabetic | |
| Antielastase IC50=0.8 ug/ml | |
| Antiencephalitic | Economic & Medicinal Plant Research, 5: 199. |
| Antiescherichic | |
| Antiestrogenic | |
| Antifeedant IC52=<1,000 ppm diet | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Antifibrosarcomic | |
| Antiflu | Vlietinck, A.J. and Dommissie, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart. |
| Antigastric | Rastitel'nye Resursy, 21: 85. |
| Antigonadotropic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antihepatotoxic | Joyeux, M., Rolland, A., Fleurentin, J., Mortier, F., and Dorfman, P. 1989. Tert-Butyl Hydroperoxide-Induced Injury in Isolated Rat Hepatocytes: A Model for Studying Anti-Hepatotoxic Crude Drugs. Planta Medica 56(2): 171-173, 1990. |
| Antiherpetic 48-150 ug/ml | |
| Antihistaminic IC50=<10 uM | |
| Antihydrophobic | Vlietinck, A.J. and Dommissie, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart. |
| Antihypertensive | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp. |
| Antiinflammatory 20-150 mg/kg | Fitoterapia No.5-1990. |
| Antileishmanic IC50=64 | |
| Antileukemic IC50=10 uM | Economic & Medicinal Plant Research, 5: 225. |
| Antileukemic IC50=>10 ug/ml | Life Sciences 55: 1061. |
| Antileukemic 5.5-60 uM | |
| Antileukotriene | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antilipoperoxidant IC67=50 | |
| Antimalarial IC50=1-6.4 ug/ml | Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987. |
| Antimelanomic | |
| Antimetastatic | |
| Antimutagenic ID50=2-5 nM | Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp. |
| Antimutagenic ID50=0.62 ug/ml | |
| Antimyocarditic | Economic & Medicinal Plant Research, 5: 199. |
| Antinitrosaminic | |
| Antinociceptive | |
| Antioxidant IC96=300 ppm | Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp. |
| Antioxidant ED50=2.3 uM | Seidel, V., Verholle, M., Malard, Y., Tilleguin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. Phenylpropanoids from Ballota nigra L. Inhibit in vitro LDL Peroxidation. Phytotherapy Research, 14(2): 93-98. |
| Antioxidant 4.7 x Vit. E | |
| Antioxidant IC47=10 uM | |
| Antipancreatic | Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY. |
| Antiperiodontal | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiperistaltic | |
| Antipermeability | |
| Antiperoxidant | Planta Medica, 57: A110, 1991. |
| Antipharyngitic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiplaque | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiplasmodial IC50=13-64 | |
| Antipodriac | |
| Antipolio | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiproliferant 10 nM | |
| Antiprostanoid | |
| Antiprostatic | Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY. |
| Antipsoriac | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiradicular IC50=4.6 uM | Planta Medica, 56(6): 695, 1990. |
| Antispasmodic | |
| Antistreptococcic ID50=120 ug/ml | |

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| Antithiamin | Phenolic Compounds in Food and Their Effects on Health, 69. |
| Antithrombic | |
| Antitrypanosomic IC50=13 | |
| Antitumor 10 uM | |
| Antitumor (Bladder) | |
| Antitumor (Breast) | |
| Antitumor (Colon) | |
| Antitumor (Lung) | |
| Antitumor (Ovary) | |
| Antitumor (Skin) 20 uM | |
| Antitumor-Promoter | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiulcer | |
| Antiviral IC50=10 uM | Economic & Medicinal Plant Research, 5: 225. |
| Antiviral 48-150 ug/ml | Amoros, M., Simoes, C.M.O., Girre, L., et al. Synergistic Effect Of Flavones And Flavonols Against Herpes Simplex Virus Type 1 In Cell Culture. Comparison With The Antiviral Activity Of Propolis. J. of Natural Products 55(12):1732-1740, 1992. |
| Apoptotic 20-60 uM | |
| Bacteristat 10 mg/ml | |
| Bradycardiac | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp. |
| COMT-Inhibitor | |
| COX-2-Inhibitor <40 uM | |
| Calmodulin-Antagonist | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Candidicide | |
| Capillariprotective | Merck 11th Edition |
| Carcinogenic 40,000 ppm (diet) mus | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. |
| Catabolic | |
| Copper-Chelator | |
| Cyclooxygenase-Inhibitor | |
| Cytochrome-P450-1A2-Inhibitor | |
| Cytotoxic ED50=70 ug/ml | Matsukawa, Y., et al. The Effect of Quercetin and Other Flavonoids on Cell Cycle Progresssion and Growth of Human Gastric Cancer Cells. Planta Medica, 56(6): 677, 1990. |
| Cytotoxic IC82=100 ug/ml | Planta Medica, 57: A113, 1991. |
| Deiodinase-Inhibitor | Jim Duke's personal files. |
| Diaphoretic? | Lawrence Review of Natural Products, Dec-90. |
| Differentiator 5.5 uM | |
| Estrogenic 10% genistein | |
| Fungicide | |
| Glucosyl-Transferase-Inhibitor ID50=120 ug/ml | |
| HIV-RT-Inhibitor IC50=<1 ug/ml | Nakane, H., Fukushima, M., and Ono*, K. Differential Inhibition Of Reverse Transcriptase And Various DNA Polymerases By Digallic Acid And Its Derivatives. Journal of Natural Products, 53(5): 1234-1240, 1990. |
| Hemostat | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp. |
| Hepatomagenic 5,000 ppm (diet) rat | Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp. |
| Hepatoprotective | |
| Hypoglycemic 100 mg/kg orl rat | Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. Journal of Ethnopharmacology, 27: 243-275, 1989. |
| Inotropic | |
| Insulinogenic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Juvabional | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Larvistat 8,000 ppm diet | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Lipoxygenase-Inhibitor IC11=1.25 mM | Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. J. Agric. Food Chem. 38: 688-690. |
| Lipoxygenase-Inhibitor IC50=0.1-5 uM | |
| MAO-A-Inhibitor | |
| MMP-9-Inhibitor 20 uM | |
| Mast-Cell-Stabilizer | |
| Metal-Chelator (Copper) | Seidel, V., Verholle, M., Malard, Y., Tillequin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. Phenylpropanoids from Ballota nigra L. Inhibit in vitro LDL Peroxidation. Phytotherapy Research, 14(2): 93-98. |
| Metalloproteinase-Inhibitor IC50=>42 uM | |
| Mutagenic | |
| NADH-Oxidase-Inhibitor | |
| NEP-Inhibitor IC50=>42 uM | |
| NF-kB-Inhibitor | |
| NO-Inhibitor IC>50=125 uM | |

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| NO-Inhibitor IC50=20 uM | |
| NO-Synthase-Inhibitor 5-50 uM | |
| Neuroprotective 5-25 uM | |
| Ornithine-Decarboxylase-Inhibitor <10 uM | |
| P450-Inducer 5 uM | Father Nature's Pharmacy: The aggregate of all these three-letter citations. |
| P450-Inhibitor 50-100 uM | Father Nature's Pharmacy: The aggregate of all these three-letter citations. |
| PGE2-Inhibitor | |
| PTK-Inhibitor 0.4-24 uM | |
| Pesticide | |
| Phospholipase-Inhibitor | |
| Plasmodicide | Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp. |
| Proliferant | |
| Prostaglandin-Synthesis-Inhibitor 40 ug/ml | Ibewuik, J. C., Ogungbamila, F. O., Ogundaini, A. O., Okeke, I. N., Bohlin, L. 1997. Antiinflammatory and Antibacterial Activities of C-methylflavonol from <i>Piliostigma thonningii</i> . <i>Phytotherapy Research</i> , 11(4): 281-284. |
| Protein-Kinase-C-Inhibitor | Naim, M., Zehavi, U., Nagy, S., and Rouseff, R.L. Hydroxycinnamic Acids as Off-Flavor Precursors in Citrus Fruits and Their Products. <i>Phenolic Compounds in Food and Their Effects on Health</i> , Ch.14. |
| Quinone-Reductase-Inducer 6 uM | Uda, Y., Price, K. R., Williamson, G., Rhodes, M. J. C. 1997. Induction of the Anticarcinogenic Marker Enzyme, Quinone Reductase, in Murine Hepatoma Cells In Vitro by Flavonoids. <i>Cancer Lett.</i> , 120 (2): 213-216. |
| Quinone-Reductase-Inducer 13 uM | |
| TNF-alpha-Inhibitor IC50=3.11 uM | |
| Teratologic | |
| Topoisomerase-I-Inhibitor IC50=12.8 ug/ml | |
| Topoisomerase-I-Inhibitor IC50=42 uM | |
| Topoisomerase-II-Inhibitor IC50=1-6.9 ug/ml | |
| Topoisomerase-II-Inhibitor IC50=23-40 uM | |
| Tumorigenic 0.1% diet orl rat/yr | Jim Duke's personal files. |
| Tyrosinase-Inhibitor ID50=70 uM | |
| Tyrosine-Kinase-Inhibitor | Economic & Medicinal Plant Research, 6: 170. |
| VEGF-Inhibitor | |
| Vasodilator | |
| Xanthine-Oxidase-Inhibitor IC50=>0.4 ug/ml | Chem. & Pharm. Bull. 38: 1772. |
| Xanthine-Oxidase-Inhibitor IC50=10.6 ug/ml | |
| Xanthine-Oxidase-Inhibitor 3.1 uM | |
| cAMP-Phosphodiesterase-Inhibitor | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| iNOS-Inhibitor IC50=20 uM | |

QUERCETIN Leaf -- -- *

Activities (176)

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| 11B-HSD-Inhibitor | |
| 5-Lipoxygenase-Inhibitor IC50 (uM)=4 | |
| ATPase-Inhibitor | Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp. |
| Aldehyde-Oxidase-Inhibitor IC70-96=10 uM | |
| Aldose-Reductase-Inhibitor 100 uM | |
| Aldose-Reductase-Inhibitor 4 ug/ml | Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. <i>Sankyo Kenkyusho Nempo</i> , 43: 99-110. |
| Aldose-Reductase-Inhibitor IC50=0.84 ug/ml cow | Okada, Y. et al. 1995. Search for Naturally Occurring Substances to Prevent the Complications of Diabetes. II. Inhibitory Effect of Coumarin and Flavonoid Derivatives on Bovine Lens Aldose Reductase and Rabbit Platelet Aggregation. <i>Chem Pharm Bull</i> 43(8):1385-1387 |
| Aldose-Reductase-Inhibitor IC50=0.344 uM | Mao, X. M., Zhang, J. Q. 1993. Inhibition of Aldose Reductase by Extracts of Chinese Herbal Medicine. <i>Zhongguo Zhongyao Zazhi</i> , 18(10): 623-624. |
| Allelochemic IC82=1 mM | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Allergenic | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp. |
| Analgesic | |
| AntiCrohn's 400 mg/man/3x/day | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| AntiGTF ID50=120 ug/ml | |
| AntiHIV | |

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| AntiPMS 500 mg/2x/day/wmn | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiaflatoxin IC50=25 uM | |
| Antiaflatoxin IC50=7.5 ppm | |
| Antiaggregant IC50=55 uM | Economic & Medicinal Plant Research, 5: 333. |
| Antiaggregant 30 uM | |
| Antiaging | |
| Antiallergic IC50=14 uM | Jim Duke's personal files. |
| Antialzheimeran | |
| Antianaphylactic | Meli, R., Autore, G., Di Carlo, G., Capasso, F. Inhibitory Action of Quercetin on Intestinal Transit in Mice. <i>Phytotherapy Research</i> 4(5): 201, 1990. |
| Antiangiogenic | |
| Antiarthritic | |
| Antiasthmatic IC50=14 uM | |
| Antiatherosclerotic | |
| Antibacterial | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp. |
| Anticarcinomic (Breast) IC50=1.5 uM | Medline (post 1990 searches filed in my computer) |
| Anticariogenic ID50=120 ug/ml | |
| Anticataract | |
| Anticolitic 400 mg/man/3x/day | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Anticomplementary | |
| Anticystitic 1,000 mg/day/4 weeks | |
| Antidepressant | |
| Antidermatitic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antidiabetic | |
| Antielastase IC50=0.8 ug/ml | |
| Antiencephalitic | Economic & Medicinal Plant Research, 5: 199. |
| Antiescherichic | |
| Antiestrogenic | |
| Antifeedant IC52=<1,000 ppm diet | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Antifibrosarcomic | |
| Antiflu | Vlietinck, A.J. and Dommissie, R.A. eds. 1985. <i>Advances in Medicinal Plant Research.</i> Wiss. Verlag. Stuttgart. |
| Antigastric | Rastitel'nye Resursy, 21: 85. |
| Antigonadotropic | Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp. |
| Antihepatotoxic | Joyeux, M., Rolland, A., Fleurentin, J., Mortier, F., and Dorfman, P. 1989. Tert-Butyl Hydroperoxide-Induced Injury in Isolated Rat Hepatocytes: A Model for Studying Anti-Hepatotoxic Crude Drugs. <i>Planta Medica</i> 56(2): 171-173, 1990. |
| Antihypertic 48-150 ug/ml | |
| Antihistaminic IC50=<10 uM | |
| Antihydrophobic | Vlietinck, A.J. and Dommissie, R.A. eds. 1985. <i>Advances in Medicinal Plant Research.</i> Wiss. Verlag. Stuttgart. |
| Antihypertensive | Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs.</i> CRC Press, Boca Raton, FL 388 pp. |
| Antiinflammatory 20-150 mg/kg | Fitoterapia No.5-1990. |
| Antileishmanic IC50=64 | |
| Antileukemic IC50=10 uM | Economic & Medicinal Plant Research, 5: 225. |
| Antileukemic IC50=>10 ug/ml | Life Sciences 55: 1061. |
| Antileukemic 5.5-60 uM | |
| Antileukotriene | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antilipoperoxidant IC67=50 | |
| Antimalarial IC50=1-6.4 ug/ml | Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987. |
| Antimelanomic | |
| Antimetastatic | |
| Antimutagenic ID50=2-5 nM | Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp. |
| Antimutagenic ID50=0.62 ug/ml | |
| Antimycarditic | Economic & Medicinal Plant Research, 5: 199. |
| Antinitrosaminic | |
| Antinociceptive | |
| Antioxidant IC96=300 ppm | Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp. |
| Antioxidant ED50=2.3 uM | Seidel, V., Verholle, M., Malard, Y., Tillequin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. Phenylpropanoids from <i>Ballota nigra</i> L. Inhibit in vitro LDL Peroxidation. <i>Phytotherapy Research</i> , 14(2): 93-98. |

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|---|--|
| Antioxidant 4.7 x Vit. E | |
| Antioxidant IC47=10 uM | |
| Antipancreatic | Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY. |
| Antiperiodontal | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiperistaltic | |
| Antipermeability | |
| Antiperoxidant | Planta Medica, 57: A110, 1991. |
| Antipharyngitic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiplaque | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiplasmodial IC50=13-64 | |
| Antipodriac | |
| Antipolio | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiproliferant 10 nM | |
| Antiprostanoïd | |
| Antiprostatic | Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY. |
| Antipsoriac | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiradicular IC50=4.6 uM | Planta Medica, 56(6): 695, 1990. |
| Antispasmodic | |
| Antistreptococcic ID50=120 ug/ml | |
| Antithiamin | Phenolic Compounds in Food and Their Effects on Health, 69. |
| Antithrombic | |
| Antitrypanosomic IC50=13 | |
| Antitumor 10 uM | |
| Antitumor (Bladder) | |
| Antitumor (Breast) | |
| Antitumor (Colon) | |
| Antitumor (Lung) | |
| Antitumor (Ovary) | |
| Antitumor (Skin) 20 uM | |
| Antitumor-Promoter | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiulcer | |
| Antiviral IC50=10 uM | Economic & Medicinal Plant Research, 5: 225. |
| Antiviral 48-150 ug/ml | Amoros, M., Simoes, C.M.O., Girre, L., et al. Synergistic Effect Of Flavones And Flavonols Against Herpes Simplex Virus Type 1 In Cell Culture. Comparison With The Antiviral Activity Of Propolis. J. of Natural Products 55(12):1732-1740, 1992. |
| Apoptotic 20-60 uM | |
| Bacteristat 10 mg/ml | |
| Bradycardiac | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp. |
| COMT-Inhibitor | |
| COX-2-Inhibitor <40 uM | |
| Calmodulin-Antagonist | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Candidicide | |
| Capillariprotective | Merck 11th Edition |
| Carcinogenic 40,000 ppm (diet) mus | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. |
| Catabolic | |
| Copper-Chelator | |
| Cyclooxygenase-Inhibitor | |
| Cytochrome-P450-1A2-Inhibitor | |
| Cytotoxic ED50=70 ug/ml | Matsukawa, Y., et al. The Effect of Quercetin and Other Flavonoids on Cell Cycle Progression and Growth of Human Gastric Cancer Cells. Planta Medica, 56(6): 677, 1990. |
| Cytotoxic IC82=100 ug/ml | Planta Medica, 57: A113, 1991. |
| Deiodinase-Inhibitor | Jim Duke's personal files. |
| Diaphoretic? | Lawrence Review of Natural Products, Dec-90. |
| Differentiator 5.5 uM | |
| Estrogenic 10% genistein | |
| Fungicide | |
| Glucosyl-Transferase-Inhibitor ID50=120 ug/ml | |
| HIV-RT-Inhibitor IC50=<1 ug/ml | Nakane, H., Fukushima, M., and Ono*. K. Differential Inhibition Of Reverse Transcriptase And Various DNA Polymerases By Digallic Acid And Its Derivatives. Journal of Natural Products, 53(5): 1234-1240, 1990. |
| Hemostat | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp. |
| Hepatomagenic 5,000 ppm (diet) rat | Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp. |
| Hepatoprotective | |
| Hypoglycemic 100 mg/kg orl rat | Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. Journal of Ethnopharmacology, 27: 243-275, 1989. |

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|---|---|
| Inotropic | |
| Insulinogenic | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Juvabional | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Larvostat 8,000 ppm diet | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Lipoxygenase-Inhibitor IC11=1.25 mM | Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. J. Agric. Food Chem. 38: 688-690. |
| Lipoxygenase-Inhibitor IC50=0.1-5 uM | |
| MAO-A-Inhibitor | |
| MMP-9-Inhibitor 20 uM | |
| Mast-Cell-Stabilizer | |
| Metal-Chelator (Copper) | Seidel, V., Verholle, M., Malard, Y., Tilleguin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. Phenylpropanoids from <i>Ballota nigra</i> L. Inhibit in vitro LDL Peroxidation. <i>Phytotherapy Research</i> , 14(2): 93-98. |
| Metalloproteinase-Inhibitor IC50=>42 uM | |
| Mutagenic | |
| NADH-Oxidase-Inhibitor | |
| NEP-Inhibitor IC50=>42 uM | |
| NF-kB-Inhibitor | |
| NO-Inhibitor IC>50=125 uM | |
| NO-Inhibitor IC50=20 uM | |
| NO-Synthase-Inhibitor 5-50 uM | |
| Neuroprotective 5-25 uM | |
| Ornithine-Decarboxylase-Inhibitor <10 uM | |
| P450-Inducer 5 uM | Father Nature's Farmacy: The aggregate of all these three-letter citations. |
| P450-Inhibitor 50-100 uM | Father Nature's Farmacy: The aggregate of all these three-letter citations. |
| PGE2-Inhibitor | |
| PTK-Inhibitor 0.4-24 uM | |
| Pesticide | |
| Phospholipase-Inhibitor | |
| Plasmodicide | Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp. |
| Proliferant | |
| Prostaglandin-Synthesis-Inhibitor 40 ug/ml | Ibewuike, J. C., Ogunbamila, F. O., Ogundaini, A. O., Okeke, I. N., Bohlin, L. 1997. Antiinflammatory and Antibacterial Activities of C-methylflavonol from <i>Piliostigma thonningii</i> . <i>Phytotherapy Research</i> , 11(4): 281-284. |
| Protein-Kinase-C-Inhibitor | Naim, M., Zehavi, U., Nagy, S., and Rouseff, R.L. Hydroxycinnamic Acids as Off-Flavor Precursors in Citrus Fruits and Their Products. <i>Phenolic Compounds in Food and Their Effects on Health</i> , Ch.14. |
| Quinone-Reductase-Inducer 6 uM | Uda, Y., Price, K. R., Williamson, G., Rhodes, M. J. C. 1997. Induction of the Anticarcinogenic Marker Enzyme, Quinone Reductase, in Murine Hepatoma Cells In Vitro by Flavonoids. <i>Cancer Lett.</i> , 120 (2): 213-216. |
| Quinone-Reductase-Inducer 13 uM | |
| TNF-alpha-Inhibitor IC50=3.11 uM | |
| Teratologic | |
| Topoisomerase-I-Inhibitor IC50=12.8 ug/ml | |
| Topoisomerase-I-Inhibitor IC50=42 uM | |
| Topoisomerase-II-Inhibitor IC50=1-6.9 ug/ml | |
| Topoisomerase-II-Inhibitor IC50=23-40 uM | |
| Tumorigenic 0.1% diet ori rat/yr | Jim Duke's personal files. |
| Tyrosinase-Inhibitor ID50=70 uM | |
| Tyrosine-Kinase-Inhibitor | Economic & Medicinal Plant Research, 6: 170. |
| VEGF-Inhibitor | |
| Vasodilator | |
| Xanthine-Oxidase-Inhibitor IC50=>0.4 ug/ml | Chem. & Pharm. Bull. 38: 1772. |
| Xanthine-Oxidase-Inhibitor IC50=10.6 ug/ml | |
| Xanthine-Oxidase-Inhibitor 3.1 uM | |
| cAMP-Phosphodiesterase-Inhibitor | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| iNOS-Inhibitor IC50=20 uM | |

QUERCETIN-3'-GLUCOSIDE Seed -- -- Wealth of India.

| Activities (2) | | | | | |
|--------------------------------|------|----|----|--|---|
| Antibacterial | | | | | |
| Pesticide | | | | | |
| QUERCETIN-3-O-GALACTOSIDE | Seed | -- | -- | | Wealth of India. |
| QUERCETIN-3-GLUCURONIDE | Seed | -- | -- | | Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp. |
| QUERCETIN-3-O-BETA-D-GLUCOSIDE | Seed | -- | -- | | * |

| Activities (2) | | | | | |
|----------------------------------|------|----|----|--|---|
| Antiinflammatory | | | | | Planta Medica, 56(6): 660, 1990. |
| Cancer-Preventive | | | | | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| QUERCETIN-3-O-BETA-D-GLUCURONIDE | Seed | -- | -- | | * |

| Activities (2) | | | | | |
|---------------------------------|------|----|----|--|----------------------------------|
| ACE-Inhibitor IC50=3.5 mM/l | | | | | |
| Antiinflammatory | | | | | Planta Medica, 56(6): 660, 1990. |
| QUERCETIN-3-O-CAFFEYL-GLUCOSIDE | Seed | -- | -- | | * |

| | | | | | |
|------------|------|-----|-----|------|--|
| RHAMNOSE | Seed | -- | -- | | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. |
| RIBOFLAVIN | Seed | 3.0 | 4.0 | 0.18 | USDA's Ag Handbook 8 and sequelae) |

| Activities (15) | | | | | |
|-------------------------------------|--|--|--|--|---|
| AntiLyme 50 mg/day | | | | | |
| Antiarabiflavinotic 2-10 mg/day orl | | | | | Martindale's 28th |
| Anticarpal-Tunnel 50 mg/day | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Anticataract 15 mg/day | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Anticephalagic | | | | | |
| Anticervicaldysplasic 1.6-10 mg/day | | | | | |
| Anticheilitic | | | | | |
| Antidecubitic | | | | | |
| Antiglossitic | | | | | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antikeratitic | | | | | |
| Antimigraine | | | | | |
| Antioxidant | | | | | |
| Antipellagic | | | | | |
| Antiphotophobic | | | | | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Cancer-Preventive | | | | | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |

| | | | | | |
|------------|-------|-----|-----|-------|---|
| RIBOFLAVIN | Fruit | 3.0 | 4.0 | -0.22 | * |
|------------|-------|-----|-----|-------|---|

| Activities (15) | | | | | |
|-------------------------------------|--|--|--|--|---|
| AntiLyme 50 mg/day | | | | | |
| Antiarabiflavinotic 2-10 mg/day orl | | | | | Martindale's 28th |
| Anticarpal-Tunnel 50 mg/day | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Anticataract 15 mg/day | | | | | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Anticephalagic | | | | | |
| Anticervicaldysplasic 1.6-10 mg/day | | | | | |
| Anticheilitic | | | | | |
| Antidecubitic | | | | | |
| Antiglossitic | | | | | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antikeratitic | | | | | |
| Antimigraine | | | | | |
| Antioxidant | | | | | |
| Antipellagic | | | | | |
| Antiphotophobic | | | | | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Cancer-Preventive | | | | | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |

SABINENE Seed 4.0 60.0 -0.44 *

Activities (5)

Antibacterial

Antihelicobacter

Antiseptic

Antiulcer

Perfumery Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

SABINENE Fruit 30.0 60.0 -0.52 *

Activities (5)

Antibacterial

Antihelicobacter

Antiseptic

Antiulcer

Perfumery Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

SALICYLATES Seed 28.0 30.0 -0.18 *

Activities (7)

Antiaggregant Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.

Antiinflammatory Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.

Antipyretic Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.

Antiuricosuric Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.

Hyperglycemic Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.

Hypoglycemic Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.

Uricosuric Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.

SCOPOLETIN Plant -- -- Wealth of India.

Activities (44)

| | |
|---|---|
| Aldose-Reductase-Inhibitor IC50=6.2 ug/ml cow | Okada,Y,et al.1995.Search for Naturally Occurring Substances to Prevent the Complications of Diabetes.II.Inhibitory Effect of Coumarin and Flavonoid Derivatives on Bovine Lens Aldose Reductase and Rabbit Platelet Aggregation.Chem Pharm Bull43(8):1385-1387 |
| Allelochemic IC89=2 mM | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Analgesic | |
| Anesthetic | Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp. |
| Antiadrenergic | Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp. |
| Antiaflatoxin IC50=65 uM | |
| Antiaflatoxin 11.4 ppm | |
| Antiarrhythmic | |
| Antiasthmatic | |
| Antibacterial | Jeffery B., Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antibronchoconstrictor | |
| Anticholinergic | |
| Antiedemic | |
| Antifeedant | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Antihepatotoxic | Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp. |
| Antiinflammatory ED 1-10 ug/ear | |
| Antileukotrienogenic | |
| Antimutagenic | Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livinston, Edinburgh. |
| Antioxidant | |
| Antiproliferant | |
| Antiprostaglandin | |
| Antiseptic | |
| Antispasmodic | |
| Antitumor 2.9 ug/ml | |
| Apoptotic | |
| Bronchorelaxant | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp. |
| CNS-Depressant | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp. |
| CNS-Stimulant | Watt, J.M. and Breyer-Brandwijk, M.G. 1962. The Medicinal and Poisonous Plants of Southern and Eastern Africa. E. & S. Livingstone, Ltd. Edinburg & London. 1457 pp. |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Cholagogue | Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp. |
| Choleretic | Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp. |
| Cytotoxic | |
| Fungicide 2 mM | |
| Hepatoprotective | Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp. |
| Herbicide | Jeffery B., Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Hypoglycemic | Economic & Medicinal Plant Research, 6: 165 |
| Hypotensive | |
| MAO-Inhibitor | |
| Musculotropic | Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp. |
| Myorelaxant | |
| Pesticide | |
| Phytoalexin | |
| Phytohormonal | Jeffery B., Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Uterosedative | Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989. |

SCOPOLETIN Root -- -- *

Activities (44)

| | |
|---|--|
| Aldehyde-Reductase-Inhibitor IC50=6.2 ug/ml cow | Okada, Y. et al. 1995. Search for Naturally Occurring Substances to Prevent the Complications of Diabetes. II. Inhibitory Effect of Coumarin and Flavonoid Derivatives on Bovine Lens Aldose Reductase and Rabbit Platelet Aggregation. <i>Chem Pharm Bull</i> 43(8):1385-1387 |
| Allelochemic IC89=2 mM | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Analgesic | |
| Anesthetic | Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp. |
| Antiadrenergic | Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp. |
| Antiaflatoxin IC50=65 uM | |
| Antiaflatoxin 11.4 ppm | |
| Antiarrhythmic | |
| Antiasthmatic | |
| Antibacterial | Jeffery B., Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp. |
| Antibronchoconstrictor | |
| Anticholinergic | |
| Antiedemic | |
| Antifeedant | Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Antihepatotoxic | Bisset, N.G., ed. 1994. <i>Herbal Drugs and Phytopharmaceuticals</i> . CRC Press. Boca Raton, FL. 566 pp. |
| Antiinflammatory ED 1-10 ug/ear | |
| Antileukotrienogenic | |
| Antimutagenic | Mills, Simon and Bone, Kerry. 2000. <i>Phytotherapy</i> . Churchill Livingstone, Edinburgh. |
| Antioxidant | |
| Antiproliferant | |
| Antiprostaglandin | |
| Antiseptic | |
| Antispasmodic | |
| Antitumor 2.9 ug/ml | |
| Apoptotic | |
| Bronchorelaxant | Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp. |
| CNS-Depressant | Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp. |
| CNS-Stimulant | Watt, J.M. and Breyer-Brandwijk, M.G. 1962. <i>The Medicinal and Poisonous Plants of Southern and Eastern Africa</i> . E. & S. Livingstone, Ltd. Edinburgh & London. 1457 pp. |
| Cancer-Preventive | Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Cholagogue | Wichtl, M. 1984. <i>Teedrogen. Ein Handbuch fur Apotheker und Arzte</i> . Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp. |
| Choleretic | Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp. |
| Cytotoxic | |
| Fungicide 2 mM | |
| Hepatoprotective | Wichtl, M. 1984. <i>Teedrogen. Ein Handbuch fur Apotheker und Arzte</i> . Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp. |
| Herbicide | Jeffery B., Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp. |
| Hypoglycemic | <i>Economic & Medicinal Plant Research</i> , 6: 165 |
| Hypotensive | |
| MAO-Inhibitor | |
| Musculotropic | Wichtl, M. 1984. <i>Teedrogen. Ein Handbuch fur Apotheker und Arzte</i> . Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp. |
| Myorelaxant | |
| Pesticide | |
| Phytoalexin | |
| Phyttohormonal | Jeffery B., Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp. |
| Uterosedative | Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989. |

SERINE Seed 9460.0 10500.0 -0.01 Revised USDA data received 1993.

Activities (1)

Cancer-Preventive Stitt, P. A. *Why George Should Eat Broccoli*. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

SFA Seed 6200.0 6880.0 -0.51 Revised USDA data received 1993.

SODIUM Fruit 149.0 212.0 -0.16 *

Activities (1)

Hypertensive Davies, S., and Stewart, A. 1990. *Nutritional Medicine*. Avon Books, New York. 509pp.

SODIUM Seed 149.0 340.0 -0.18 *

| Activities (1) | | | | | |
|----------------|--|--|--|--|--|
| Hypertensive | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. | | | | |

| | | | | | |
|--------|-------|----|---------|-------|---|
| STARCH | Fruit | -- | 45000.0 | -0.39 | * |
|--------|-------|----|---------|-------|---|

| Activities (5) | |
|----------------------|--|
| Absorbent | Martindale's 29th |
| Antidote (Iodine) | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antinesidioblastosic | Martindale's 29th |
| Emollient | Martindale's 29th |
| Poultice | Martindale's 29th |

| | | | | | |
|--------|------|----|---------|-------|--|
| STARCH | Seed | -- | 45000.0 | -1.07 | List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979. |
|--------|------|----|---------|-------|--|

| Activities (5) | |
|----------------------|--|
| Absorbent | Martindale's 29th |
| Antidote (Iodine) | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antinesidioblastosic | Martindale's 29th |
| Emollient | Martindale's 29th |
| Poultice | Martindale's 29th |

| | | | | | |
|--------------|-------|--------|--------|-------|---|
| STEARIC-ACID | Plant | 1100.0 | 1221.0 | -0.32 | * |
|--------------|-------|--------|--------|-------|---|

| Activities (8) | |
|-----------------------------|--|
| 5-Alpha-Reductase-Inhibitor | |
| Cosmetic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| FLavor FEMA 2-4,000 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Hypocholesterolemic | Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) |
| Lubricant | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Propecic | |
| Suppository | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |

| | | | | | |
|--------------|------|--------|--------|-------|---|
| STEARIC-ACID | Seed | 1000.0 | 1800.0 | -0.53 | * |
|--------------|------|--------|--------|-------|---|

| Activities (8) | |
|-----------------------------|--|
| 5-Alpha-Reductase-Inhibitor | |
| Cosmetic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| FLavor FEMA 2-4,000 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Hypocholesterolemic | Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) |
| Lubricant | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Propecic | |
| Suppository | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |

| | | | | | |
|--------------|------|----|-------|-------|--|
| STIGMASTEROL | Seed | -- | 310.0 | -0.14 | Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) |
|--------------|------|----|-------|-------|--|

Activities (12)

| | |
|---------------------------|---|
| Antihepatotoxic | |
| Antiinflammatory | Lawrence Review of Natural Products, 1995 |
| Antinociceptive | |
| Antiphidic 2.3 mg ipr mus | Economic & Medicinal Plant Research, 5: 363. |
| Antioxidant IC33=10 uM | |
| Antiviral | Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in Artemisia annua. Plant Science, 75: 161-165, 1991. |
| Artemicide LC50=110 ppm | Jung, J.H., Pummangura, S., Chaichantipyuth, c., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of Melodorum fruticosum. Phytochemistry. 29(5): 1667-1670. 1990. |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Estrogenic | |
| Hypocholesterolemic | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. |
| Ovulant | |
| Sedative | |

| | | | | | |
|--------|-------|----|---------|-------|--|
| SUGARS | Fruit | -- | 30000.0 | -0.76 | * |
| SUGARS | Seed | -- | 30000.0 | -0.67 | List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979. |
| TANNIN | Plant | -- | -- | | * |

Activities (35)

| | |
|-------------------------------------|---|
| Anthelmintic | |
| AntiHIV | |
| Antibacterial | |
| Anticancer | |
| Anticariogenic | |
| Antidiarrheic | |
| Antidysenteric | |
| Antihepatotoxic | |
| Antihypertensive | |
| Antilipolytic | |
| Antimutagenic | |
| Antinephritic | Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990. |
| Antiphidic | Economic & Medicinal Plant Research, 5: 363. |
| Antioxidant IC50=1.44 ug/ml | |
| Antioxidant 1/3 quercetin | |
| Antiradicular 500 mg/kg/day orl mus | Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990. |
| Antiradicular 1/3 quercetin | |
| Antirenitic | Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990. |
| Antitumor | |
| Antitumor-Promoter | |
| Antiulcer | |
| Antiviral | |
| Cancer-Preventive | HerbalGram No. 22 - Spring 1990, page 14. |
| Carcinogenic | |
| Chelator | |
| Cyclooxygenase-Inhibitor | |
| Glucosyl-Transferase-Inhibitor | |
| Hepatoprotective | |
| Immunosuppressant | |
| Lipoxygenase-Inhibitor | |
| MAO-Inhibitor | |
| Ornithine-Decarboxylase-Inhibitor | |
| Pesticide | |
| Psychotropic | Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990. |
| Xanthine-Oxidase-Inhibitor | |

TERPINEN-4-OL Plant 120.0 985.0 0.15 *

Activities (23)

| | |
|--|---|
| Allelopathic | Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands. |
| Antiacetylcholinesterase IC21-24=1.2 mM | |
| Antiacne | |
| Antiallergic | |
| Antiasthmatic | Chin. J. Tuber. Respir. Dis., 4:203, 1982. |
| Antibacterial | |
| Antioxidant | |
| Antiseptic | Flav. & Frag. J. 9: 129. |
| Antispasmodic | |
| Antitussive | Chin. J. Tuber. Respir. Dis. |
| Antiulcer | |
| Bacteriostatic | Chin. J. Tuber. Respir. Dis. |
| Diuretic 0.1 ml/rat | |
| Fungicide | |
| Herbicide IC50=200 mM | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Herbicide IC50=22 uM | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Insectifuge | |
| Irritant | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp. |
| Nematicide MLC=1 mg/ml | Shoyakugaku Zasshi, 44: 183. |
| Pesticide | |
| Renoirritant | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp. |
| Spermicide ED100=0.015 | |
| Vulnerary | Lawrence Review of Natural Products, Jan-91. |

TERPINOLENE Seed -- -- Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

Activities (9)

| | |
|-------------------|--|
| Allelochemic | |
| Antifeedant | |
| Antinitrosaminic | |
| Antioxidant | |
| Deodorant | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| FLavor FEMA 15-60 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Fungicide | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Pesticide | |

TERPINOLENE Fruit -- -- *

Activities (9)

| | |
|-------------------|--|
| Allelochemic | |
| Antifeedant | |
| Antinitrosaminic | |
| Antioxidant | |
| Deodorant | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| FLavor FEMA 15-60 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Fungicide | Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |
| Pesticide | |

THIAMIN Seed 3.0 4.0 -0.62 USDA's Ag Handbook 8 and sequelae)

Activities (31)

| | |
|----------------------------------|--|
| Analgesic 1-4 g/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| AntiLyme 50 mg | |
| Antialcoholic 50-100 mg/day | |
| Antialzheimeran 100-3,000 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antianorectic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antibackache 1-4 g/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiberiberi | |
| Anticanker | |
| Anticardiospasmic | |
| Anticataract | |
| Anticolitic | |
| Antidecubitic | |
| Antideliriant | |
| Antidementia | |
| Antidyspeptic | |
| Antiencephalopathic | Martindale's 29th |
| Antifatigue | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antigastritic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antihangover 50 mg | |
| Antiheartburn | |
| Antiherpetic | |
| Antimigraine | |
| Antimyocarditic | |
| Antineuralgic 1-4 g/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antineurasthenic | |
| Antineuritic | |
| Antineuropathic 50 mg | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antipoliomyelitic | |
| Insectifuge 75-150 mg/man/day | Martindale's 28th |
| Neuroprotective | |
| Pesticide | |

THIAMIN Fruit 3.0 4.0 -0.17 *

Activities (31)

| | |
|----------------------------------|--|
| Analgesic 1-4 g/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| AntiLyme 50 mg | |
| Antialcoholic 50-100 mg/day | |
| Antialzheimeran 100-3,000 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antianorectic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antibackache 1-4 g/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiberiberi | |
| Anticanker | |
| Anticardiospasmic | |
| Anticataract | |
| Anticolitic | |
| Antidecubitic | |
| Antideliriant | |
| Antidementia | |
| Antidyspeptic | |
| Antiencephalopathic | Martindale's 29th |
| Antifatigue | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antigastritic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antihangover 50 mg | |
| Antiheartburn | |
| Antiherpetic | |
| Antimigraine | |
| Antimyocarditic | |
| Antineuralgic 1-4 g/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antineurasthenic | |
| Antineuritic | |
| Antineuropathic 50 mg | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antipoliomyelitic | |
| Insectifuge 75-150 mg/man/day | Martindale's 28th |
| Neuroprotective | |
| Pesticide | |

THREONINE Seed 7560.0 8390.0 0.06 Revised USDA data received 1993.

Activities (4)

| | |
|-------------------|--|
| Antioxidant? | |
| Antiulcer | Martindale's 29th |
| Essential | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| FLavor FEMA 1,000 | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry |

THUJONE Seed -- -- Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.

| Activities (17) | | | | | |
|--------------------------------------|--|--|--|--|--|
| Abortifacient | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp. | | | | |
| Anthelmintic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Antibacterial | J. Ess. Oil Res. 7: 271. | | | | |
| Antiseptic | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp. | | | | |
| Antispasmodic ED50=0.127 mg/ml | Fitoterapia No.59-1984. | | | | |
| Cerebrodepressant | | | | | |
| Convulsant 40 mg/kg | R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That:The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benificent Nature. The Risk of Herbal Preparations. Anns. Intern. Med. 117(2):165-6; Huxtable, R. | | | | |
| Counterirritant | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Emmenagogue | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp. | | | | |
| Epileptigenic | | | | | |
| Hallucinogenic | | | | | |
| Herbicide IC50=22 mM | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. | | | | |
| Neurotoxic | | | | | |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | | | |
| Pesticide | | | | | |
| Respirainhibitor | | | | | |
| Toxic | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | | | |

THUJONE Fruit -- -- *

| Activities (17) | | | | | |
|--------------------------------------|--|--|--|--|--|
| Abortifacient | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp. | | | | |
| Anthelmintic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Antibacterial | J. Ess. Oil Res. 7: 271. | | | | |
| Antiseptic | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp. | | | | |
| Antispasmodic ED50=0.127 mg/ml | Fitoterapia No.59-1984. | | | | |
| Cerebrodepressant | | | | | |
| Convulsant 40 mg/kg | R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That:The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benificent Nature. The Risk of Herbal Preparations. Anns. Intern. Med. 117(2):165-6; Huxtable, R. | | | | |
| Counterirritant | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. | | | | |
| Emmenagogue | Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp. | | | | |
| Epileptigenic | | | | | |
| Hallucinogenic | | | | | |
| Herbicide IC50=22 mM | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. | | | | |
| Neurotoxic | | | | | |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | | | |
| Pesticide | | | | | |
| Respirainhibitor | | | | | |
| Toxic | Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry | | | | |

TRANS-1-CARVEOL Seed 230.0 690.0 *

TRANS-BETA-OCIMENE Seed -- -- *

TRANS-CARVEOL Flower
Essent.
Oil -- -- *

| Activities (1) | | | | | |
|----------------|--|--|--|--|--|
| Antiasthmatic | | | | | |

TRANS-CARVEOL Seed 105.0 210.0 -1.0 *

| Activities (1) | | | | | |
|----------------|--|--|--|--|--|
| Antiasthmatic | | | | | |

| | | | | | |
|---------------------------|-------|-------|-------|------|--|
| TRANS-CARYOPHYLLENE-OXIDE | Seed | 5.0 | 20.0 | | * |
| TRANS-DIHYDROCARVONE | Fruit | 177.0 | 354.0 | 1.0 | * |
| TRANS-DIHYDROCARVONE | Seed | 15.0 | 354.0 | -1.0 | * |
| TRANS-LIMONENE-DIEPOXIDE | Seed | 45.0 | 140.0 | | * |
| TRANS-LIMONENE-EPOXIDE | Seed | 200.0 | 600.0 | | * |
| TRICYCLENONE | Fruit | -- | -- | | * |
| TRICYCLENONE | Seed | -- | -- | | Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980. |
| TRIFOLIN | Seed | -- | -- | | * |

Activities (2)

Aldose-Reductase-Inhibitor
IC19=1 uM

Aldose-Reductase-Inhibitor
IC62=10 uM Shimizu, M., Ito, T., Terashima, S., Hayashi, T., Arisawa, M., Morita, N., Kurokawa, S., Ito, K., and Hashimoto, Y. 1984. Inhibition of Lens Aldose Reductase by Flavonoids. *Phytochemistry*, 23: 1885-1888.

TRYPTOPHAN Seed 2440.0 2710.0 -0.21 Revised USDA data received 1993.

Activities (29)

Analgesic 750 mg/4x/day/orl/man Martindale's 29th

Antianxiety 500-1,000 mg/meal Werbach, M. 1993. *Healing with Food*. Harper Collins, New York, 443 pp.

Antidementia 3 g/day Werbach, M. 1993. *Healing with Food*. Harper Collins, New York, 443 pp.

Antidepressant 1-3 g/3x/day/orl/man Martindale's 29th

Antidyskinetic 2-8 g/orl/wmn/day Martindale's 29th

Antihypertensive J. Agri. & Food Chemistry, 36: 1079.

Antiinsomniac 1-3 g/day Werbach, M. 1993. *Healing with Food*. Harper Collins, New York, 443 pp.

Antimanic 12 g/man/day/orl Pizzorno, J.E. and Murray, M.T. 1985. *A Textbook of Natural Medicine*. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Antimenopausal 6 g/day Werbach, M. 1993. *Healing with Food*. Harper Collins, New York, 443 pp.

Antimigraine 500 mg/man/4x/day Martindale's 29th

Antioxidant 125 ug/ml

Antiparkinsonian 2 g 3 x/day Werbach, M. 1993. *Healing with Food*. Harper Collins, New York, 443 pp.

Antiphenylketonuric Martindale's 29th

Antiprostaglandin 250 pg/ml

Antipsychotic 12 g/man/day Martindale's 29th

Antirheumatic Martindale's 29th

Antiscoliotic

Carcinogenic CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses

Essential Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

Hypnotic Martindale's 29th

Hypoglycemic Economic & Medicinal Plant Research, 6: 157.

Hypotensive 3 g/day Werbach, M. 1993. *Healing with Food*. Harper Collins, New York, 443 pp.

Insulinase-Inhibitor Economic & Medicinal Plant Research, 6: 157.

Insulinotonic J. Agri. & Food Chemistry, 36: 1079.

Monoamine-Precursor Pizzorno, J.E. and Murray, M.T. 1985. *A Textbook of Natural Medicine*. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Prolactinogenic Pizzorno, J.E. and Murray, M.T. 1985. *A Textbook of Natural Medicine*. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Sedative 3-10 g/man/day

Serotonergic 6-12 g/day/orl/man Martindale's 28th

Tumor-Promoter J. Agri. & Food Chemistry, 36: 1079.

TYROSINE Seed 6420.0 7125.0 -0.14 Revised USDA data received 1993.

| Activities (8) | |
|--------------------------------|--|
| Antidepressant? | |
| Anticephalopathic | Martindale's 29th |
| Antiparkinsonian 100 mg/kg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiphenylketonuric | Martindale's 29th |
| Antiulcer 256 mg scu | Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006. |
| Antiulcer 400 mg/kg ipr rat | Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006. |
| Cancer-Preventive | Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp. |
| Monoamine-Precursor | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |

UMBELLIFERONE Root -- -- *

| Activities (22) | |
|---|---|
| Aldose-Reductase-Inhibitor IC50=4.8 ug/ml cow | Okada, Y, et al. 1995. Search for Naturally Occurring Substances to Prevent the Complications of Diabetes. II. Inhibitory Effect of Coumarin and Flavonoid Derivatives on Bovine Lens Aldose Reductase and Rabbit Platelet Aggregation. Chem Pharm Bull 43(8):1385-1387 |
| Allelochemic IC94=2 mM | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Antibacterial | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antiedemic | Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp. |
| Antihistaminic | |
| Antiinflammatory | |
| Antimitotic 5-25 ug/ml | Gawron, A. and Glowniak, K. 1987. Cytostatic Activity of Coumarins in vitro. Planta Medica 1987: 526. |
| Antimutagenic | Economic & Medicinal Plant Research, 6: 235. |
| Antiprostaglandin | |
| Antiseptic | |
| Antispasmodic | |
| Antistaphylococcic | |
| Cancer-Preventive 5-25 ug/ml | Gawron, A. and Glowniak, K. 1987. Cytostatic Activity of Coumarins in vitro. Planta Medica 1987: 526. |
| Candidicide | |
| Choleretic | |
| Fungicide | Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989. |
| Lipoxygenase-Inhibitor | |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry |
| Pesticide | |
| Photoactive | |
| Sunscreen | Merck 11th Edition |
| Xanthine-Oxidase-Inhibitor | Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livingstone, Edinburgh. |

UMBELLIFERONE Plant -- -- Wealth of India.

Activities (22)

| | |
|---|---|
| Aldose-Reductase-Inhibitor IC50=4.8 ug/ml cow | Okada,Y,et al.1995.Search for Naturally Occurring Substances to Prevent the Complications of Diabetes.II.Inhibitory Effect of Coumarin and Flavonoid Derivatives on Bovine Lens Aldose Reductase and Rabbit Platelet Aggregation.Chem Pharm Bull43(8):1385-1387 |
| Allelochemic IC94=2 mM | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Antibacterial | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antiedemic | Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp. |
| Antihistaminic | |
| Antiinflammatory | |
| Antimitotic 5-25 ug/ml | Gawron, A. and Glowniak, K. 1987. Cytostatic Activity of Coumarins in vitro. Planta Medica 1987: 526. |
| Antimutagenic | Economic & Medicinal Plant Research, 6: 235. |
| Antiprostaglandin | |
| Antiseptic | |
| Antispasmodic | |
| Antistaphylococcic | |
| Cancer-Preventive 5-25 ug/ml | Gawron, A. and Glowniak, K. 1987. Cytostatic Activity of Coumarins in vitro. Planta Medica 1987: 526. |
| Candidicide | |
| Choleretic | |
| Fungicide | Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989. |
| Lipoxygenase-Inhibitor | |
| Perfumery | Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry |
| Pesticide | |
| Photoactive | |
| Sunscreen | Merck 11th Edition |
| Xanthine-Oxidase-Inhibitor | Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livinston, Edinburgh. |

VALINE Seed 10370.0 11510.0 -0.06 Revised USDA data received 1993.

Activities (3)

| | |
|-------------------------|--|
| Antiencephalopathic | Martindale's 29th |
| Essential | |
| FLavor FEMA 1,000-2,000 | Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry |

WATER Seed 91880.0 155000.0 -0.28 *

XANTHOTOXIN Seed -- -- *

Activities (43)

| | |
|--|--|
| Antiaflatoxin IC50=2.5 uM | |
| Antiaflatoxin 0.54 ppm | |
| Antibacterial | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antidermatitic | Martindale's 29th |
| Antifeedant | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Antihistaminic | |
| Antiinflammatory 20 mg/man/day | |
| Antikeratotic | Martindale's 29th |
| Antileucodermic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Antilymphomic 600 ug/kg +PUVA (extracorporeal) | |
| Antimitotic 5-25 ug/ml | |
| Antimutagenic | Saqib, Q. N., Hui, Y. H., Anderson, J. E. and McLaughlin, J. L. 1990. Bioactive Furanocoumarins from the Berries of Zanthoxylum americanum. Phytotherapy Research 4(6): 216-219. |
| Antimycotic | Martindale's 29th |
| Antipityriasic | Martindale's 29th |
| Antipruritic | Martindale's 29th |
| Antipsoriac | Martindale's 29th |
| Antiscleromyxoedemic | Martindale's 29th |
| Antispasmodic | |
| Antitumor-Promoter IC24=50 ug/ml | |
| Antivitaligic 20 mg/man/day | |
| Artemicide LC50=5.93 ug/ml | Saqib, Q. N., Hui, Y. H., Anderson, J. E. and McLaughlin, J. L. 1990. Bioactive Furanocoumarins from the Berries of Zanthoxylum americanum. Phytotherapy Research 4(6): 216-219. |
| Bufocide | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Calcium-Antagonist IC50=551 uM gpg | |
| Cancer-Preventive 5-25 ug/ml | Gawron, A. and Glowniak, K. 1987. Cytostatic Activity of Coumarins in vitro. Planta Medica 1987: 526. |
| Cytotoxic ED50=7-29 ug/ml | Saqib, Q. N., Hui, Y. H., Anderson, J. E. and McLaughlin, J. L. 1990. Bioactive Furanocoumarins from the Berries of Zanthoxylum americanum. Phytotherapy Research 4(6): 216-219. |
| Cytotoxic (Breast) ED50=7.21 ug/ml | Saqib, Q. N., Hui, Y. H., Anderson, J. E. and McLaughlin, J. L. 1990. Bioactive Furanocoumarins from the Berries of Zanthoxylum americanum. Phytotherapy Research 4(6): 216-219. |
| Cytotoxic (Colon) ED50=29.46 ug/ml | Saqib, Q. N., Hui, Y. H., Anderson, J. E. and McLaughlin, J. L. 1990. Bioactive Furanocoumarins from the Berries of Zanthoxylum americanum. Phytotherapy Research 4(6): 216-219. |
| Cytotoxic (Lung) ED50=28.99 ug/ml | Saqib, Q. N., Hui, Y. H., Anderson, J. E. and McLaughlin, J. L. 1990. Bioactive Furanocoumarins from the Berries of Zanthoxylum americanum. Phytotherapy Research 4(6): 216-219. |
| Dermatitigenic | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Emetic | |
| Fungicide IC85=1,000 ppm | |
| Fungicide IC100=2,000 ppm | |
| Fungistat EC50=21.6 ug/ml | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. |
| Hepatoprotective IC50=2.5 uM | |
| Hepatoprotective 0.5 ppm | |
| Herbicide | Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp. |
| Hypertrichotic | Martindale's 29th |
| Insecticide | Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990. |
| Lipolytic | |
| Molluscicide | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| Pesticide | |
| Phytoalexin | Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp. |
| Piscicide | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |

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|--------|------|----|----|--|
| XYLOSE | Seed | -- | -- | Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin. |
|--------|------|----|----|--|

Activities (3)

| | |
|--------------|--------------------|
| Antidiabetic | |
| Diagnostic | Martindale's 28th |
| Dye | Merck 11th Edition |

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|------|-------|------|------|------|---|
| ZINC | Fruit | 47.0 | 61.0 | 0.92 | * |
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Activities (77)

| | |
|--|--|
| ACE-Inhibitor | |
| Analgesic | |
| AntiBPH 25-60 mg/day | |
| AntiCrohn's | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| AntiHIV | |
| Antiacne 135 mg/day | |
| Antiacrodermatitic 8-34 mg/day/orl/chd | Martindale's 29th |
| Antialcoholic | |
| Antialopepic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antialzheimeran 50 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiangiogenic | |
| Antianorexic | Martindale's 29th |
| Antiarthritic 50 mg/3x/day/orl/man | |
| Anticanker 100 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Anticataract 30 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Anticoeliac | Martindale's 28th |
| Anticold 50 mg | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Anticolitic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Anticoronary 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antidandruff | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antidementia | |
| Antidiabetic 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antidote (Cadmium) | Let's Live, May 1989. |
| Antidysgeuzic | |
| Antieczemic 150 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiencephalopathic | Martindale's 29th |
| Antiepileptic 100 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antifibrotic 30 mg | |
| Antifuruncular 45 mg/3x/day/man | Martindale's 28th |
| Antihangover 15 mg | |
| Antiherpetic? 25-60 mg/day | |
| Antiimpotence | Martindale's 29th |
| Antiinfective 50 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiinfertility 60 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiinsomniac | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antileptic | Martindale's 29th |
| Antileukonychic | |
| Antilymphomic | |
| Antimaculitic | |
| Antimetastatic | |
| Antineuropathic | |
| Antinyctalopic | |
| Antiobesity 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antiosteoporotic | |
| Antiperiodontitic | |
| Antiplaque | Martindale's 29th |
| Antiprolactin | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiprostatic 50 mg/man/day/orl | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antirheumatic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antiseptic 50 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antispare-Tire 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antistomatitic 50 mg/man/3x/day | Martindale's 28th |
| Antisyndrome-X 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antitinnitic 60-120 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antitriglyceride 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antiulcer 50 mg/3x/day/man | Martindale's 28th |
| Antiulcer 88 mg/rat/day/15 days | |
| Antiviral? | Martindale's 29th |
| Astringent | Martindale's 28th |

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| Collagenic | |
| Copper-Antagonist | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Deodorant | Martindale's 29th |
| Detoxicant (Alcohol) | |
| Ergogenic | |
| Hypotensive 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Immunomodulator | |
| Immunostimulant | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Immunosuppressant 300 mg/day/6 wks/orl/man | Martindale's 29th |
| Insulinogenic 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Leptingenic 30-60 mg/man/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Mucogenic | Li, K.M. Effect of zinc sulphate on acetic acid-induced gastric ulceration in rats. J. Pharm. Pharmacol. 42: 657-659, 1990. |
| NF-kB-Inhibitor | |
| Pesticide | |
| Spermigenic 60 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Testosteronigenic 60 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Trichomonicide | Martindale's 29th |
| Vulnerary | Martindale's 28th |

ZINC Seed 47.0 66.0 0.59 *

Activities (77)

| | |
|--|--|
| ACE-Inhibitor | |
| Analgesic | |
| AntiBPH 25-60 mg/day | |
| AntiCrohn's | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| AntiHIV | |
| Antiacne 135 mg/day | |
| Antiacrodermatitic 8-34 mg/day/orl/chd | Martindale's 29th |
| Antialcoholic | |
| Antialopepic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antialzheimeran 50 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiangiogenic | |
| Antianorexic | Martindale's 29th |
| Antiarthritic 50 mg/3x/day/orl/man | |
| Anticanker 100 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Anticataract 30 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Anticoeliac | Martindale's 28th |
| Anticold 50 mg | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Anticolitic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Anticoronary 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antidandruff | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antidementia | |
| Antidiabetic 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antidote (Cadmium) | Let's Live, May 1989. |
| Antidysgeuzic | |
| Antieczemic 150 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiencephalopathic | Martindale's 29th |
| Antiepileptic 100 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antifibrotic 30 mg | |
| Antifuruncular 45 mg/3x/day/man | Martindale's 28th |
| Antihangover 15 mg | |
| Antiherpetic? 25-60 mg/day | |
| Antiimpotence | Martindale's 29th |
| Antiinfective 50 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antiinfertility 60 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
| Antisomniac | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
| Antileptic | Martindale's 29th |
| Antileukonychic | |
| Antilymphomic | |
| Antimaclitic | |
| Antimetastatic | |
| Antineuropathic | |

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| Antinyctalopic | |
| Antiobesity 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antiosteoporotic | |
| Antiperiodontitic | |
| Antiplateque | Martindale's 29th |
| Antiprolactin | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antiprostatic 50 mg/man/day/orl | Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf). |
| Antirheumatic | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
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| Antispare-Tire 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antistomatitic 50 mg/man/3x/day | Martindale's 28th |
| Antisyndrome-X 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Antitinnitic 60-120 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
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| Antiulcer 50 mg/3x/day/man | Martindale's 28th |
| Antiulcer 88 mg/rat/day/15 days | |
| Antiviral? | Martindale's 29th |
| Astringent | Martindale's 28th |
| Collagenic | |
| Copper-Antagonist | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
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| Detoxicant (Alcohol) | |
| Ergogenic | |
| Hypotensive 30 mg/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
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| Immunostimulant | Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp. |
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| Leptingenic 30-60 mg/man/day | Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95 |
| Mucogenic | Li, K.M. Effect of zinc sulphate on acetic acid-induced gastric ulceration in rats. J. Pharm. Pharmacol. 42: 657-659, 1990. |
| NF-kB-Inhibitor | |
| Pesticide | |
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| Testosteronigenic 60 mg/day | Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp. |
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| Vulnerary | Martindale's 28th |